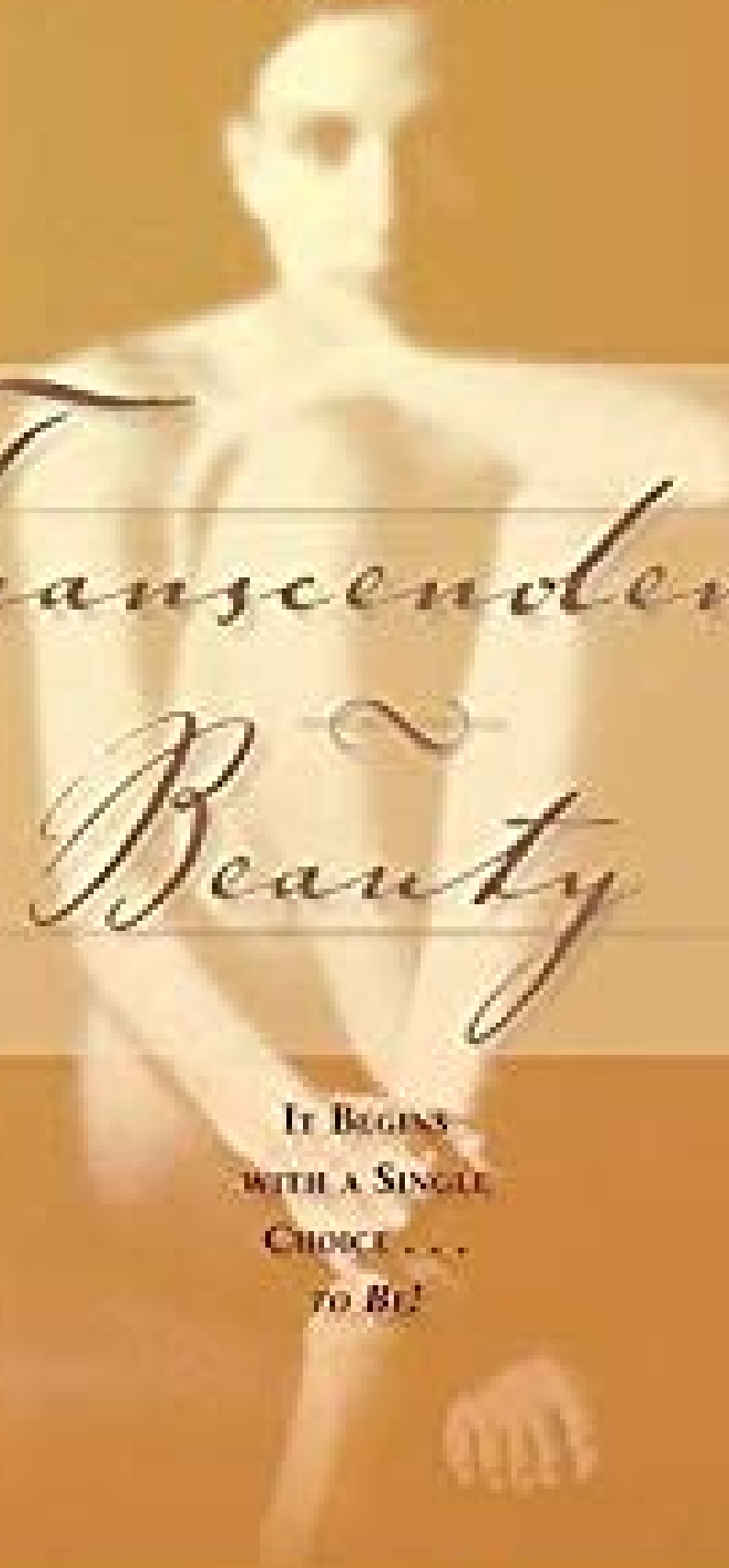


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Transcendent ~ Beauty

It Begins
WITH A SINGLE
CHOICE . . .
TO BE!

CRYSTAL ANDRUS

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The best-selling author of *Simply . . . Woman!*

Crystal Andrus

Transcendent Beauty: It Begins with a Single Choice...to Be!



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As we take our first breath of atmosphere, our soul enters our physical body and fills us with a radiant light, since it gently whispers into every cell of every baby girl that we are beautiful. Our light is normally naturally dazzling, as we rely upon ourselves and honor our options. health is normally abundant, their bodies are agile and suit, and their minds are vibrant and influenced. Such people live in harmony— brilliantly lit and brimming with bliss. Impressed with our new power, we recognize that with the right demands, others will need notice. That' when a new voice begins to emerge: the " of the mind," or the ego. It could be found by simply listening to the chatter that incessantly keeps on in our brain. These voices tell us what we " did," what we " look like," or how exactly we " to end up being. that when the mind abides by the soul, your body, in change, is linked to this knowingness, and transcendent beauty follows. become therefore distracted from our soul our light, once radiant and radiant, becomes boring and dim. And while most people talk about attractiveness as being merely physical, accurate beauty definitely originates from the soul. gorgeous, we say that they " up the room." The transcendently beautiful have an internal beacon that' learning. They' suddenly realize that you" It could talk so much, and so noisy, that if we pay attention to it long enough we' with all that we' But as our brain begins to develop, it becomes very active— Often when we satisfy a person who' Transcendent Beauty will take you on a trip where you' observe how easy it could be to shine yourself. One day without warning a change will occur, and you' learned how to build light while calming the ego— no longer trying to be gorgeous— are!



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