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Theory & Practice of **THERAPEUTIC MASSAGE**

4th Edition



Mark F. Beck

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Theory and Practice of Therapeutic Massage



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Comprehensive, engaging, and easy to read, this exciting fresh edition continues to create itself apart as the original and traditional introductory massage text. Thoughtfully revised, this is the foundational reserve for the study of therapeutic massage. This highly respected, best-seller covers everything from the history of massage to massage modalities to practical here is how to have a successful, fulfilling profession in massage. Readers will learn massage techniques and therapeutic abilities, including sports therapeutic massage, prenatal massage, medical massage, hydrotherapy, lymph massage, massage in a spa setting and much more. It offers readers with a solid understanding of your body and its own functions, including an intensive but uncomplicated chapter on anatomy and physiology. Right now in gorgeous color, filled with a huge selection of photos of methods and methods Theory and Practice of Therapeutic Massage, Fourth Edition, truly is the book to have.



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Expensive, but there really is no substitute in terms of its scope. Though it includes a hefty price, this publication continues to be THE CLASSIC for beginning students of professional massage and bodywork. And even though I've been a certified therapist since 1991, I still keep the book on my reference shelf (several editions, actually). So if this text is necessary for your classes, brace yourself and buy it; the scope of material should continue to last long after graduation.

****UPDATE**** Allow me also add that there surely is an even better massage textual content available right here on Amazon: Simple CLINICAL MASSAGE THERAPY by James H. So happy we required it for class. I could understand that all books have mistakes, but I've read fiction that had better grammar no spelling mistakes. Save your time and get yourself a Trail Guide to the Body. However, there are places where in fact the definitions to the vocabulary are missing in the publication, where queries or labeling are answered in another chapter, and where in fact the queries are worded so in a different way from the publication it takes outside research to reply them. Many workbook chapters have at least one of these mistakes and several have many of them making the workbook not merely difficult, but confusing. Our teachers have also had trouble helping us discover answers in the reserve. At times, even the answers they have from the teacher's guidebook are clearly incorrect or at best confusing. I am aware that workbooks are meant to cause you to think and actually get a grasp on the materials, but I really believe that this ought to be accomplished without departing the student confused. Love this Book! This book does a nice job of covering a LOT of topics for massage therapists.

Unfortunately, in Ohio we only need to know about 3-4 chapters from this entire publication that are on the Condition Board HEALTH CHECK. The pictures, tables, and diagrams are all superb. It is as if five differing people collaborated on the charts in the sections on the muscle tissues and refused to use the same terminology. The grammar is certainly incorrect in a number of places making it difficult to understand. I absolutely love it! Some textbooks I'll sell back again after a class has ended. I'm keeping that one. Anatomy is lacking. This book was not edited well at all. One or two mistakes would be appropriate, but there are way too many to become counted. Apparently the author helped to create the MBLEX, so I will discover how valuable the therapeutic massage information is when I consider the exam. Sorry Five Stars Taught me everything I had a need to know about the idea of therapeutic massage. It's fun to read, and an ideal reference for all sorts of questions or curiosities. Superb content Arrived in great condition.

[condition.com/gp/product/0781756774/ref=oh_details_o00_s00_i00](https://www.amazon.com/gp/product/0781756774/ref=oh_details_o00_s00_i00) Disappointing This workbook is written to accompany Beck's Theory and Practice of Therapeutic Massage. The Trail Instruction will explain things much better and the images are great. If you use both to learn the anatomy the idea and Practice book will display its inconsistencies. This is a well crafted Book. The demonstration and .. Its very educational about the annals of massage. This is a well written Book . The display and the pictures have become clear. Can be used as a text reserve for college students and reference for practitioners. SO informative! Yet not for OH LMT I love this reserve! Clay.. A full section on spa solutions and a good few spa recipes. Found its way to great condition. That's mainly because far in simply because we are, but it's created so wonderfully I have started reading chapters ahead because it has so very much information I wish to know! Descriptions of different modalities plus photos of the techniques. I recommend this publication!

EDIT: We reviewed this book soon after buying it and reading through a good portion of it. The info is presented in very clear conditions, with definitions highlighted and easy to find throughout each chapter. Save your money, split the cost with other students in class. This is unneeded and it's therefore annoying that the institution said we required it, and then find out afterwards we won't even be tested (when it counts) on over fifty percent the publication! I no

longer highly recommend this book, in fact I would rather recommend you borrow it from the library or another pupil, or in the event that you must purchase it, obtain it super inexpensive used, with hi-lights, someplace else! The worst part of this book is the anatomy portion. great deal ! There are areas in the glossary where phrases are misspelled, and at least one place, that appears like the sentences were trim and pasted back collectively leaving the letters jumbled. It has a lot of practical advice, and provides useful assets and websites you can examine out. It'll often use a number of different terms during the period of several paragraphs without explaining that it is talking about a similar thing. Also, there are several terms that are described one way in one chapter and in another chapter, they are described so differently that it is confusing. It also contradicts itself on some items from one chapter to some other. <http://www>. At the price we pay for college textbooks, I believe that they should be edited carefully and really should teach their materials clearly. Many chapters on advertising and having your personal practice. If you don't have a good grasp on anatomy it will be completely confusing.! Excellent content good buy ! Disappointing We are employing this book in our massage classes even though it teaches the items it should, it really is poorly written.!



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