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# THIRTY THINGS Every Woman Should Have and Should Know

BY THE TIME SHE'S

30

*by the editors of*  
**Glamour**

*and*

**PAMELA REDMOND SATRAN**

*featuring*

Maya Angelou, Lauren Conrad,  
Katie Couric, Kathy Griffin,  
Suze Orman, Taylor Swift,  
Rachel Zoe, and dozens  
of other notable women

Pamela Redmond Satran and

# 30 Things Every Woman Should Have and Should Know by the Time She's 30



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Featuring guidance, wisdom, and observations from a range of prominent and beloved women, 30 Things can be an essential guide (and perfect gift) for women in the brink of thirty—) for grown-up woman happiness. It became a viral sensation, misattributed to everyone from Maya Angelou to Hillary Clinton—30 Things Every Woman Should Have and really should Know by enough time She' Lisa Ling explores the idea that your childhood might not have been perfect, but it" How exactly to fall in love without losing yourself" Originally penned by Glamour columnist Pamela Redmond Satran, The List found a second life when women began to forward it one to the other online, millions of times. Fifteen years back, Glamour published a list of exclusive yet universally accurate must-haves and must-knows for women on the cusp of and beyond age thirty titled, "but there's only one first list, and it stands the check of time. A couple of screwdrivers, a cordless drill, and a black lace bra" Quirky and profound, The List defines the total must-haves (#11: ") and must-understands (#1: " It became a phenomenon. and for those who are already there! Right now, Glamour magazine has gathered together its editors and an incredible group of notable females to expand about each one of the items on The List in sensible, thoughtful, and intimate essays. Kathy Griffin meditates on knowing when to try harder so when to walk away.s 30.s more than, and Lauren Conrad shares what she's learned about what she would and wouldn't carry out for money or like. Other personal insights result from Maya Angelou, Rachel Zoe, Taylor Swift, Katie Couric, Portia de Rossi, Kelly Corrigan, ZZ Packer, Bobbi Brown, Padma Lakshmi, Angie Harmon, and many more. Along with essays based on The List, writers share their feelings in what the milestone of turning thirty designed to them. 30 Stuff may be the one book ladies of all ages will switch to for timely and timeless wisdom.



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Inspiring It's all about perspective. I barely remember what I go through and that is just a few weeks when i did. I will not listen to Taylor Swift during my "holy crap I'm turning 30" meltdown. Beautifully done. I suggest making a cup of tea, playing some Nina Simone and read it between sips. It produced me cry, laugh and believe. It's much less of a checklist and much more about becoming happy where you are in life at any age (but still recommend for ladies around 30 especially late 20's). I loved all of the tales from different women and finding out by the end what that they had accomplished now. Remember to enjoy this publication throughout your young adult life. Good Read A compilation of life encounters and lessons from fabulous females! I could totally relate somehow actually is I am scanning this past my 30 and approaching my 32nd. Indeed everyone is within their own timeline in lifestyle. For your existential crisis at 30 Bought this reserve a few weeks before We turned 30. A lot of it had been great - good things to listen to before you approach 30 and good reminders in what is really essential! But - including authors who AREN'T YET 30 - epic fail. Life is a trip, nothing better than reading of others encounters open up and honest. It was life changing. I finished the book in 2 days. Thank you to the author for composing it and many thanks to the seller whom I purchased this from. A Must Read for Women This book is amazing and I couldn't put it down. Nothing special I thought this would be this memorable book filled with something I'd treasure, but also for some cause didn't do it for me. Some can select to possess a gray cloud over the idea of turning 30, this book helps clear those thoughts. Five Stars a Great Bought for my niece who's turning 30 this year. Great book for any women! There are great suggestions and advise! I wish I would have read this publication when I was in my own 20s. This book is a superb read for any women in her 20s and older! May be good for various other folks, not special plenty of for me personally. She likes it. Nice Dinner Time Read It's filled with useful advice, especially while I my strategy my 30th. Great Read This book is such a good and easy read. Book was full of ants when I received it Received book full of ants in my mailbox, very disappointed Very helpful info to get youthful women thinking. This book helped me feel thankful for my past and excited for the future- even for turning 30! Enjoy! Great, quick read!



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