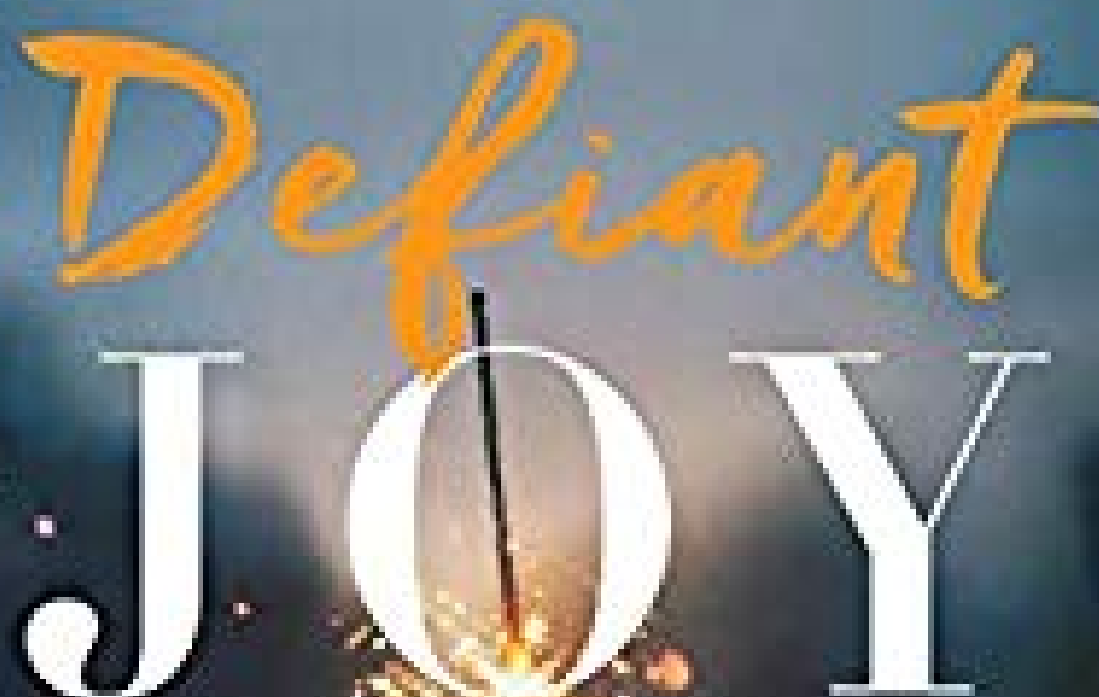


NEW YORK TIMES BESTSELLING AUTHOR

STASI ELDREDGE

# Defiant JOY



TAKING HOLD OF HOPE,  
BEAUTY, AND LIFE IN A HURTING WORLD

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Stasi Eldredge

Defiant Joy: Taking Hold of Hope, Beauty, and Life in a Hurting World



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Bestselling author Stasi Eldredge displays readers how to choose a delight that stands against the tides of life's real and frequently overwhelming pain. We are called to live. But it doesn't. In *Defiant Pleasure*, Stasi Eldredge invites us with courage, candor, and tender vulnerability to a location beyond sadness or happiness. sounds nearly crazy— Real life happens, and our circumstances take us on an emotional rollercoaster ride. So the Bible's call to "be joyful always." Most of us spend a lot of energy reaching for happiness, but we are never quite able to hold on to it. and out of reach. And, miraculously, to live with pleasure. t need to be. s the unyielding belief that sorrow and reduction do not have the final say. This joy is not simply happiness on steroids; s the persistent determination to be present to whatever may come and to interpret both goodness and grief simply by the light of heaven. Joy is intended to be ours, a joy that's defiant in the face of this broken globe. If it' She shows us how to maintain a position of holy defiance that neither denies nor diminishes our pain but dares to live with expectant, unwavering wish.



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You can encounter joy! Wonderful Read! This publication is one which I will chew for quite some time, one I will read over and over again, and one I wholeheartedly recommend. From where does pleasure come? Your honest reflections on pain and joy are much needed in this day. Stasi Eldredge writes honestly and poignantly from places of discomfort and sorrow in her own lifestyle - but doesn't leave us there. I have been a fan of Stasi's writing for years." The sentences start, all too many times, with the word "and" or they are simply incomplete sentences. We were especially struck by her taking walks through St. I cannot go through it when all of the sentences are cut up with commas and the word "and." I want mercy, and I know it. In that knowing comes an excellent gift. With the condition of the world we are in there is so much pain, bait, and sadness. His answer swamps my heart with a too-good-to-be-true fact that leads to a crumbling of hopelessness and shame. My self-loathing collapses into His love. My self-condemnation melts into His hands that welcome and soothe. I am a long time supporter of the task of the Eldredges and Ransomed Heart Ministries, and am delighted to state that book is among my favorites. The blowing right now is just about the wind of the Holy Spirit. "Joy is the heartbeat of heaven. His breath shepherds my center into my Father's, and there mercy triumphs over judgment." I encourage you to learn this book. God will use it to revive your soul, to provide water to your dried out and weary soul, and to support you in finding rest in His solid arms. Joy is so much more when compared to a feeling. I came across hope in its pages. But, and, or... One of my top two favourite books by this author I find Stasi to end up being articulate, relatable, and wise. I recommend this publication to all sorts of Christians." Yes. She's a means of drawing an image while she takes you along a path of thoughts and network marketing leads you to a mild, yet profound bottom line. This book, on the other hand. Stasi shares about the many difficult moments that she's confronted and how she chose pleasure despite her conditions... On the contrary, Eldredge is pointing us to God, instead of ourselves. Or, should I say, who didn't edit this publication and proceeded to ignore it to press. I cannot browse it because of convoluted sentence structure and misuse of punctuation all over the place. Patrick's Breastplate - a historical prayer - and how I can turn from a location of failing and shame based on my functionality to the King and His personality and hide myself in Him. She teaches us how to cultivate pleasure in really useful - and achievable - methods. I love what Stasi usually must state but I cannot read this reserve. A Heartsaver! What is joy? I switch my heart once again to my kind and understanding God and confess to Him that I need mercy. Even genuine content people these events really can break you down and steal your pleasure. Stasi's publication revived the hope within me to be Defiantly Joyful, not denying the occurrences and situations but defiantly determining to become joyful through the discomfort - and provided so much relief that I don't want to do it all! Also in my darkest hours, all I must do is prefer to get joyful, and He fulfills the rest as I look to Him rather than my situation. "Even thus.. In the back, the author contains some daily prayers, if you are into that type of thing. I loved the publication she wrote with her husband. Defiance, Not Denial After loving Stasi Eldredge's Becoming Myself: Embracing God's Imagine You, I likely to appreciate her Defiant Pleasure: Taking Your hands on Hope, Beauty, and Life in a Hurting Globe. "Even so..." Yes." I valued the candor where Eldredge shared truths from God's Term and how they changed her mind and heart and also have emboldened her to end up being defiantly joyful. I have blown it. Stasi beckons us to state YES to JOY! It there seems to be a badge of honor to complain about getting too active and stressed and overwhelmed. How does it compare to happiness? What I really like about Defiant Joy is how most evident it is!! This book is a true ODE TO JOY.. Should you have cherished her other books, buy that one posthaste. the JOY that just Christ can bring!

Many thanks, Stasi, for your beautiful writing unpacking this gift that Christians are provided. How can we experience joy each day despite the discomfort and sorrow that people all experience? **DEFIANT Pleasure** is certainly balm for our weary souls. Many thanks for prompting me to discover joy in this trip, for encouraging me to choose joy every day...I'm purchasing many for Christmas gifts! How to read Teaching Refreshing Read It's encouraging, helped me through a hard time.. Great book to greatly help put everything in perspective and support you in finding joy, even in difficulty This is an excellent book for individuals who need some encouragement! The subtitle of **Defiant Pleasure: Taking Your hands on Hope, Beauty, and Lifestyle in a Hurting World** gives a good idea of what it is about. The author, Stasi Eldredge, who also wrote *Captivated*, discusses how putting our concentrate on God--the source of the hope, beauty and life we all crave--can bring pleasure to our hearts, actually in a world that is continuously out to steal it. I really was looking forward to this reserve and it was **INDESCRIBABLY** much better than my objectives. People often believe those in ministry must have it all together. They shouldn't have issues with their diet plan or body image, struggle with melancholy and loneliness, or any of an array of other complications. Stasi is taking a big risk disclosing that she faces the same pain, distractions and various other joy-thieves that we do. The result, nevertheless, is that she gives us "ordinary folks" hope that we can overcome and find joy amid our trials, as well. There are a great number of great scriptures aptly expounded and applied in this book. The author shares plenty of practical suggestions on how best to recover and keep maintaining the joie de vivre that maintains us going. This is not a self-help book, by itself. Who edited this reserve? The idea is that, whenever we obtain His perspective on ourselves, our discomfort and our circumstances, pleasure finds its way into our hearts. Sorry. I appreciated reading it as a daily devotional, and shared highlights with my close friends on Facebook to encourage them and help me remember. Though it does not have discussion questions, an excellent facilitator would discover **Defiant Joy** a useful text for a little group Bible research or book-of-the-month golf club.. If joy is normally without your life, or you would like a bit more, this is a great place to start. Purchase one for your personal library, and another to give away. Well written and interesting The title: **Defiant Joy** - tells the reader what things to expect. From the intro on, completely to the Daily Prayers, Stasi Eldredge pinpoints exactly what it means to defy discomfort and loss, and choose pleasure. Personal use..but is one able to throw those and the objectives aside to seize the joy that there surely is in existence? It's an interesting question, especially considering that there are therefore many occasions that cause visitors to experience sadness, pain, and misery. It's very Christian-based (put your pleasure in God) but also secular folks will dsicover some of the ideas appealing. Joy Is Worth Fighting For Joy is a choice, a choice Stasi Eldredge knows well. Existence circumstances have taken her from intense highs to intense lows. I have developed believing that pleasure is found when I live with a Jesus, others, me mentality. So, how do we follow what scripture says and become joyful generally? In **Defiant Joy**, Stasi walks us through her tale and truths which have helped her to select joy instead of hanging on to emotions. You will not feel condemned, but encouraged. It really is a mindset and belief that the hard times do not have the final word, but God does. I would recommend this publication so anyone who's facing challenging times, but it looking to become uplifted. She network marketing leads us into hope, into beauty and right into a fresh depth of life in God. *Captivating* was one of the first books I read as a woman that helped me find myself through the eye of Christ. When I heard about **Defiant Joy**, I knew I needed it in my own library. Joy is definitely a tricky subject for me. We all do our best to hold on to happiness, but the emotions of day to day existence crumble us. I

really believe that is true, but what happens when life crumbles? Much Needed Balm For My Soul The past year or two have been hard for us. So I purchased it. Eldredge's book, Defiant Joy, cannot attend my way at an improved time. "Defiant means to stand against the tide. It means to not in favor of the flow, even when the flow comprises a solid current of despair and problems." Eldredge's real sharing of her own story and transparency concerning her fight to hold onto joy is a balm to my soul. She holds high where the way to obtain our joy comes from - Jesus. "And then we turned our hearts to the main one Who's our hope in the face of loss and untold grief. She shares about how to remain encouraged when facing difficult situations. This. " By the life of Christ in us, we oppose loss of life and destruction. We dissent by casting our vote against the fact that sorrow and unlimited suffering win. Very encouraging read This was my first time reading a book by Stasi Eldredge and I was not disappointed one bit.. Because of Jesus - His loss of life, His resurrection, and His ascension - we thought we would honor Him and celebrate that He provides won and is winning still. Defiant Joy is approximately choosing pleasure and believing that the choice to trust despite circumstances will never maintain vain, but will lead to deeper faith in who Jesus is definitely inside our lives. This. Life has just been heavy and at times I've been so overcome with stress and anxiety, I haven't had the opportunity to breathe. Ruah is here..." [page 12] Defiant Pleasure the book is definitely broadly - though not really chronologically - autobiographical, that i hadn't expected, whether because of my not reading the overview, or not heeding it. Would I've chosen it got I known? No idea, but reading about Stasi's lifelong personal, spiritual, physical, and mental struggles really impressed me, specifically since she didn't provide a good hint of poor, pitiful, me to the page but held on' keepin' on trusting God's mercy, grace, provision, and love, so hope, beautify, and lifestyle will fill her days. As followers of Jesus' method of the cross and empty grave we regularly admit we have joy regardless of, but we've happiness due to. However, like most of life, it's often not quite that simple. Joy can fill up our days because we realize God exists and we remember our background with God; occasionally we claim happiness regardless of current conditions being considerably afiel of our wished-for ideal. Syntax is abhorrent. I therefore appreciate the author's transparency. Saved my life.. Very Encouraging Loved this book!



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