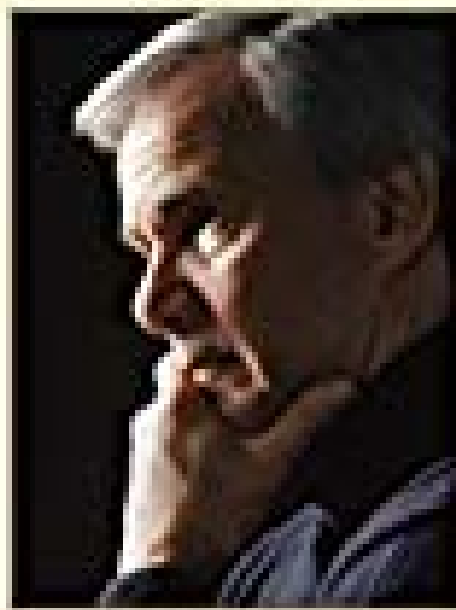


TOM BROKAW



A Lucky Life Interrupted

A Memoir of Hope

Tom Brokaw

A Lucky Life Interrupted: A Memoir of Hope



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NEW YORK TIMES BESTSELLER • Turns out that star includes a dimmer change from the bestselling writer of *THE BEST* Generation, whose iconic career in journalism has spanned more than fifty years. Tom Brokaw has led a fortunate life, with a strong relationship and family, many friends, and an excellent journalism career culminating in his twenty-two years as anchor of the NBC Nightly News and as bestselling author. But in the summer of 2013, when back pain led him to the doctors at the Mayo Clinic, his run of good luck was interrupted. He received shocking news: He previously had multiple myeloma, a treatable but incurable blood malignancy. Friends had always referred to Brokaw as Brokaw, and bringing us with him seeing that he navigates pain, methods, drug regimens, and physical rehabilitation.—A robust memoir of a dramatic year spent battling malignancy and reflecting on an extended, happy, and lucky lifestyle—"Brokaw requires us through all of the seasons and phases of this surprising year, the feelings, discoveries, setbacks, and struggles—moments of denial, acceptance, turning factors, and courage. After his diagnosis, Brokaw began to maintain a journal, approaching this brand-new stage of his life in a familiar role: as a journalist, determined to learn just as much as he could about his condition, to survey the story, and help others facing equivalent battles. That journal became the basis of this wonderfully written memoir, the tale of a guy coming to terms with his own mortality, contemplating what means the most to him today, and reflecting on what provides meant the most to him throughout his lifestyle. Brokaw also pauses to look back on a few of the important occasions in his career: thoughts of Nelson Mandela, the Dalai Lama, now the Berlin Wall structure, the morning of September 11, 2001, in NEW YORK, and even more. Engaging . lucky star," Brokaw also writes about the need for patients taking an active role in their personal treatment, and of the essential role of caretakers and coordinated treatment. . Compliment for *A Lucky Life Interrupted* "It's impossible not to be inspired by Brokaw' [with] the kind of insight that is typical of Mr. . . LA Times "A robust memoir of battling cancer and facing mortality . . ."—Booklist (starred review) "Effective and courageous . . .—The Daily Beast "The former NBC News anchor has applied the fact-finding skills and straightforward candor that were his stock in trade during his reporting days to *A Lucky Existence Interrupted*."—USA Today "s " [Brokaw] looks ahead to the future with wish. Brokaw' Through the prism of his very own illness, Brokaw talks about the bigger picture of aging in America.— . Through it all, Brokaw writes in the warm, intimate, natural voice of 1 of America' . "s story, and his willingness to share it. Again and again, the publication returns to tales of loss but also of grace, luck and the beauty of having another swing at bat.s approach to life and today to illness."—The Wall Street Journal "Moving, educational and deeply personal. Generous, informative, and deeply human being, *A Lucky Existence Interrupted* offers a note of understanding and empowerment, resolve and reality, hope for the future and gratitude for a well-lived lifestyle. The Washington Post "t paste a smiley face on his tale."—Bookreporter "Wryly good-natured . . .— a sensible and oddly comforting look at the toughest news of all." but as he writes in this inspiring memoir, "Kirkus Reviews



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A book worth reading! We am a myeloma individual, who was diagnosed just six months following Tom Brokaw's unfortunate encounter with the same cancer tumor. Is his charmed life over? This is a book that will certainly charm to anyone dealing with MM, or with cancers of any kind. I recommend this book for anybody really. It is very uplifting. Disappointing Let's get this out of the way first; Speaking for myself only, if getting identified as having an "incurable cancers" doesnt make you issue your beliefs and change to God for help, exactly what will? So go on and read the reserve if you want to find out about all kinds of options 99% folks dont have. I go through this partly because I've long respected his function, plus I visited university in South Dakota, therefore I'm familiar with a lot of the same locations in the midwest that he is. This book was disappointing. Why? I felt it lacked depth, authenticity and true vulnerability. Have them check with your Dr in the event that you arent as lucky as me and dont live near a MM professional. Yes, but I needed more from someone who is facing the truth of death. This publication disappointed me because 80% of the book felt just like a shrine to himself - he spent way too many pages bragging about how great his life is, name-dropped continuously, and made sure we were obvious that he cant believe this occurred to HIM. Well I know exactly how that feels. What does Tom not know? I have grown to like my team, and trust them, but that didnt happen immediately. He doesnt know very well what it's like to constantly worry about the side ramifications of chemo & how much function you'll miss & whether you can keep your task - knowing you cant realistically get another. I'm about ready to remove kindle. ADVOCATE for yourself. He didnt have to depend on GoFundMe because his ill and vacation period ran out the 1st fourteen days of treatment, and getting a transplant would mean missing 3-4 weeks of work. Wish there was more information about treatment. He also most likely didnt spend a few months pouring over PubMed articles himself, hoping he was interpreting the data correctly, trying to decipher what is really the best course of treatment. I could name about a million stuff that made me realize that the only matter I have in common with Tom may be the disease. So go ahead and read this book if you want to learn what it feels as though to be wealthy and sick. He'll let you know - well you fly to specialists all around the nation because you can, and you ask them similar questions and compare their answers - which I'm sure they adored, but I get it. You should talk to questions. Some of the stuff made me laugh it had been so out-of-touch with what many of us in middle-class will face when/if we get tumor. Five Stars Actually enjoyed the book. I likewise have Multiple Myeloma. I'm a young patient, not "common" for MM, woman, and I function in health care as a Registered Nurse. For anyone in my shoes, here's my tips: Look for a Multiple Myeloma Expert - not a general Hematologist/Oncologist. As a multiple myeloma patient myself, I cannot recommend this book extremely enough. Hope they catch it early like they do for me - that is often the difference - I was lucky. Is the writing great? He doesnt know what it feels as though to become denied disability insurance (not really SSDI). Thankful to have this book. Become vigilant about doing what you can to greatly help yourself and dont expect your group to do everything for you. Cuban/Soviet/U. Reading it right now. Find a way. I was just stage 1. He doesnt know very well what it feels as though to be the principal breadwinner and be diagnosed with this disease in your 40s. I am not really naive about the problems in healthcare.. One thing that my Dr also told me recently was helpful - even though I experienced hell during elements of my treatment, I quickly got better physically. The mental/psychological challenges were, and are, harder. My Dr said that's because I'm a younger patient. For old patients - the types who usually obtain MM - the physical challenges are harder.. I've got a lot of credit card debt I didnt possess before, but I'm alive!. But the glow

on his existence dims unexpectedly by the diagnoses of a dreadful disease: multiple myeloma, a rare cancers of the bloodstream. His book was not only enlightening and encouraging if you ask me, but extremely interesting in the manner he interwove the narrative with familiar historic events. In *A Lucky Life Interrupted*, Brokaw requires us from the debilitating back again pain that eventually leads to the analysis of MM and through the countless setbacks throughout a rigorous treatment that in the end will provide him the news his cancer is in remission. This is a very patient-specific disease, and you NEED a specialist. While posted at FortBelvoir, Virginia in the 1960's a lot of history happened. FIVE STARS As both an admirer of Tom Brokaw and also a cancer survivor, We was very happy to read his good memoir of hope and courage. Possibly the note that most resonated with me was his frustration when he experienced his medical team was not communicating with each other at crucial moments. That is endemic not just to this disease but every serious disease as well. Doctors have a tendency to concentrate on their specialization and go MIA sometimes when their knowledge will help various other doctors who are considering a patient from a different prism of understanding. Because of a cadre of doctors I was able to put together outside the team of specialists in charge of my treatment--a strong recommendation by Brokaw to additional MM patients--I was a in a position to interpret the information delivered in confusing medical terms and query how one doctor's results influenced another' recommendation. Five Stars Love the book. For me personally it has been five. And like him I'm claiming my life back, and experiencing a few of the "old self" showing through the veil that was once cancer tumor. Thank you Mr. There's always hope and will do. IT GENERALLY DOES NOT Get Any MUCH BETTER THAN This! This is simply not a period to become isolated. From the beginning it is, to me, just about the finest, every- wa,coverage ofall aspects of the condition. Go through it because I love Tom Brokaw so very much. Hope you have excellent insurance...vividly describing the human settings, personalities of the manyhuman beings, situations, emotions, suffering,of victims and their families, and the list continues.The descriptions of those in the medical field - professionals and nonprofessional but skilled and sovalued, are impressive and so easy to relate to. Brokaw's wordage is my kind.. Detroit rioting and on fire. painfully candid Tom Brokaw is a remarkable and as he accurately sets it lucky man: he has a beautiful wife with whom he's shared half a century of togetherness and a career filled up with innumerable accomplishments and well-deserved awards. I'm extremely thankful to be performing really well right now.without the NebulousNuances (credit Red Norvo for that tune) anywhere found in this man's writing. Brokaw prose is easy and candid--he puts his journalistic skills to good use. Get active support through family/friends - you're going to need it.S A Confrontation. PresidentKennedy.. Army drilling in riot control and designated to do so in places.Felix Grant every night on the air = WMAL. Was early and found Senate Office Building frontporch steps to see the procession from Capital Hill back entrance to Pennsylvania Avenue.This makes relating to the author's description of all things within those times is downrightprecious. Talk to your team. Brokaw has been around remission for 3 years. Outstanding! Relatable for those of dealing w/o MM Good book, easy read , impressive, xxx poo, oh my goodness why are they counting my reserves Highly recommend Incredible Should be required reading As my family deals with a MM analysis this personal view of the struggles, triumphs, and tragedies reminds us that people aren't alone in this fight. Brokaw for placing a face to the terrible disease. Why do I must do thus I'm sure a lot of people don't mind doing a review but I dont wish to. He doesnt know very well what it feels as though to wonder if you'll see your kids graduate senior high school, much much less when you can hang on to the home throughout treatment. He

didn't have to be concerned about whether he'd have the ability to return to work after a transplant operating lengthy shifts with chemo-brain. If you are buying this because you or your family has recently been diagnosed with multiple myeloma, don't expect to learn very much about the condition or treatment of it. The book is 20% tumor, 80% bragging about hobnobbing with celebrities and the elite. And even though he experiences some dark moments during his treatment, self-pity never encroaches his narrative. I greatly enjoyed the book. Many thanks for posting, Mr. Brokaw. He devoted a whole 2-3 sentences to prayer - enough to essentially say, he was never really into it. To me.



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