

6TH EDITION

A
CONSUMER'S
DICTIONARY
OF COSMETIC
INGREDIENTS

*Complete Information About the Harmful and Desirable
Ingredients Found in Cosmetics and Cosmeceuticals*



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A Consumer's Dictionary of Cosmetic Ingredients: Complete Information About the Harmful and Desirable Ingredients Found in Cosmetics and Cosmeceuticals



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Consider the guesswork out of choosing safe and effective cosmetics and cosmeceuticals. You wouldn't just about any chemical within toiletries, cosmetics, and cosmeceuticals— The alphabetical arrangement makes it simple to look up the substances in the merchandise you use. If you would like to take the same care with what you put on your face, hair, and body? A Customer's is evaluated in this publication, including those elements marketed as being all-natural, for kids, and for folks of color. Discover out what's Dictionary of Cosmetic Substances. This updated and extended sixth edition offers you all the information you should protect yourself and your family from feasible irritants, confusing chemical names, or exaggerated promises of beauty from gimmick additives. Don't eat something without understanding what it had been. From body and encounter creams to toothpaste, hand lotion, shaving cream, hair shampoo, soap, perfume, and makeup—s in your health and beauty products with Ruth Winter's Don't With new substances showing up in products we utilize every day—and with the continuing deregulation of the cosmetics sector—A Consumer's Dictionary of Cosmetic Ingredients is more indispensable than ever before.



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Education Empowers You!! PRICE isn't always the solution as you will notice when you buy this helpful book. Because the largest organ of the body is your skin, and it ABSORBS all that people placed on it, (check out the soap that you utilize), be very careful what you buy. Covers more items than I ever knew existed. For instance, thinking about pay \$30 for a pretty bottle of designer face cream!...when most it is composed of is a base of cheap, man-made mineral oil and water! This book will help you identify what certain elements are used for in cosmetics, and perhaps, why a person could possibly be allergic! However, enough info is in the publication, and it is set up sufficiently to allow for you to get the information you will need with the ease of a good dictionary. Super easy to make use of.. I highly recommend the next time you have the urge to get that next extravagance bath or body product - stop - get and read this book first, and decide rather or not really that product is worth all that money. great great that is a helpful product and can be use with the reason it is designed for at all times Five Stars Excellent resource! I've frequently been baffled when confronted with the long unfamiliar chemicals and ingredients. Didn't recognize that there are so many "poor" ingredients in make-up. Funny, I did so not realize there were so various kinds of alcohol. Also great if you have epidermis sensitivities and need to monitor the type of products used. I have been purchasing this book for over twenty years whenever they revise it, i purchase it... This book breaks down the elements in shampoos and explains if the ingredient works well or not. I actually won't go shopping for cosmetics unless I have it with me as a quick reference. This dictionary is indeed POWERFUL!, HAVING A REACTION?' Are you having reactions from certain items and can not figure out why? Perhaps presently there is an ingredient this is the culprit.? We think that it's an excellent resource, although I come across that it tiptoes around some points - I guess the author didn't want to start panics by sounding as well doom and gloom. BROWSE THE LABEL! This is a very in-details book of all the information you should research ingredients in cosmetics. I found it to be very interesting, enlightening, and helpful reading. In case you are at all interested in what substances you are gaining your body, this book is crucial have. You may be amazed at what they are made of and what else they will do to you! A must have. I would say it is a good reference to have.! Didn't realize that there are so many "poor" ingredients in . Its is time that this becomes an app that people can download to our laptop/phones. DON'T CHOOSE THE E-BOOK for KINDLE Don't choose the electronic edition. No offence to the writer, who has done phenomenal analysis, but shame on Amazon Kindle for having such a poor app that it generally does not support a proper dictionary search function - ergo I can't find anything. In brief, DON'T CHOOSE THE KINDLE VERSION, Reference Material Excellent reference book no skin care practitioner ought to be without. Ingredients switch rapidly and there are so many to know. This keeps me abreast of most everything I obtain asked about. This book saved me LOADS of money If you are a person that reads labels, then this is a book for you. The best in chemical cosmmetology Great book Five Stars Great reference every esthetician needs to have one. Good book (hard to find subject) Very comprehensive . I'm sure people at the mall or drugstore appearance at me like I'm insane, but I don't care because I have so much more money in my purse now that I'm not really wasting it on false claims on what a beauty item will do. More specialized than I must say i expected . Good price .



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