

SICKER FATTER POORER

**THE URGENT THREAT OF
HORMONE-DISRUPTING CHEMICALS
TO OUR HEALTH AND FUTURE . . .
AND WHAT WE CAN DO ABOUT IT**

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Sicker, Fatter, Poorer: The Urgent Threat of Hormone-Disrupting Chemicals to Our Health and Future . . . and What We Can Do About It



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A leading voice in public health plan and top environmental medicine scientist reveals the alarming truth about how hormone-disrupting chemicals are affecting our day to day lives— Dr. Lurking inside our homes, hiding inside our offices, and polluting the surroundings we breathe is certainly something sinister. Something we've turned a blind eyes to for far too very long. Dr. Leonardo Trasande, a pediatrician, professor, and world-renowned researcher, tells the tale of how our daily surroundings are making us sicker, fatter, and poorer.and what we can do to safeguard ourselves and fight. Trasande exposes the chemical substances that disrupt our hormonal systems and damage our health in irreparable methods. Through a mixture of narrative, scientific detective work, and concrete information regarding the connections between chemical substances and disease, he displays us what we are able to do to protect ourselves and our family members in the short-term, and how we can help bring the switch we deserve. along with the workings of policy that protects the continued usage of these chemicals in our lives. Drawing on considerable research and experience, he outlines dramatic research and emerging evidence about the rapid raises in neurodevelopmental, metabolic, reproductive, and immunological diseases straight related to the thousands of chemicals that people are exposed to each day. Sadly, nowhere is secure.t control— But, because of Dr. Trasande's work on this issue, and his dedication to effecting switch, this book might help. He displays us where these chemical substances hide—inside our homes, our universities, at work, inside our food, and countless other places we can'



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