

THEORY & PRACTICE

OF THERAPEUTIC MASSAGE

Sixth Edition
Mark F. Beck



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Theory & Practice of Therapeutic Massage



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Theory & Practice of MASSAGE THERAPY, Sixth Edition, comprehensively provides the foundation of knowledge required to become a therapeutic massage professional. Providing a brand new new design, updated terminology and expanded content on topics such as for example analysis literacy and business administration, this new edition provides the essential understanding and skills needed to become a successful massage therapist and you will be a reference that users can depend on throughout their careers. It delves into several areas within the occupation, with chapters devoted to spa massage, lymph massage, clinical massage techniques, therapeutic procedure, athletic therapeutic massage, massage in medicine, and more.



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