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ADVANCED HUMAN NUTRITION

FOURTH EDITION

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Advanced Human Nutrition



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Created for the upper-level undergrad or graduate level majors training course, Advanced Human Nutrition, Fourth Edition provides an in-depth overview of our body and points why nutrients are important from a biochemical, physiological, and molecular perspective. New & Key to the Fourth Edition - NEW - Each chapter now concludes with "Clinical Insight" which presents the clinical relevance of the nutritional science topics protected within the chapter - NEW - Chapter 2 now discusses bariatric surgery procedures used to take care of obesity, along with diseases of the gastrointestinal track which have nutritional relevance in health insurance and disease - NEW - Includes the latest algorithms used by the American Heart Association and American University of Cardiology in determining the risk of a cardiac event - NEW - Incorporates controversy as a result of some scientists on proteins requirements as it pertains to the RDA - NEW - Includes coverage of the role of the fat-soluble vitamins in Alzheimer's disease A variety of pedagogical components within the text, such as for example "Here's Where You Have Been" and "Here's WHAT YOUR LOCATION IS Going," help clarify key points from the chapter and offer real-world illustrations to bring the content alive. Through it's writing design and clear statistics and illustrations, the written text clearly outlines rate of metabolism and the molecular functions of nutrients.



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