

**Lessons Navy SEALs
Learned from Their Training
and Taught to Their Sons**



RAISING MEN



ERIC DAVIS

Eric Davis

Raising Men: Lessons Navy SEALs Learned from Their Training and Taught to Their Sons



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After Eric Davis spent over 16 years in the military, including ten years in the SEAL Groups, his family was a lot more than used to his absence on deployments and secret missions that could obscure his whereabouts for a few months at the same time. Facebook, television, mobile phones, video games, school, jobs, friends?they all got truly in the way of a genuine, meaningful father-son relationship. Sadly, Eric learned the hard way that Quality Time doesn't always show up in Quantity Time. Without a father figure in his own lifestyle since the age of fifteen, Eric was desperate to keep up the bonds he'd fought so hard to forge when his kids were young?particularly along with his son, Jason, because he knew how difficult it was to face the challenge of becoming a guy on one's own. It was time to take action. Meeting extreme with intense was the only solution. As a SEAL, Eric learned to innovate and drive boundaries, allowing him to operate at levels beyond that which was expected, comfortable, regular, and also imaginable, and he knew that as a dad he needed to carry out the same along with his son. Utilizing a unique blend of discipline, leadership, adventure, and grace, Eric and his SEAL brothers will educate you on how exactly to connect, and reconnect, with your sons and learn how to raise real men?the Navy SEAL method.



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NOT ONLY Raising Men--Raising Parents, Coaches, Educators, and Leaders, too. I understand why Eric Davis wrote this for males about sons. This book is so much more than that, however. It's a whole new perspective of how to do this (parenting) the easiest way we possibly can by improving ourselves first. Even if you don't have kids, you'll love this personal trip filled up with motivation, leadership teaching, and success methods practiced by Eric and his fellow SEAL instructors. Among the best books I have read on being truly a better parent and an improved person. "Raising Men" made me want to press myself more, not only for my child, but also for myself, too. Made me feel just like crap This was just a phenomenal book on fatherhood. Single moms need to read this. All of Eric's tales made me feel like an inadequate father but I'm okay with that because it motivated me to work on myself. Great for anyone with children or simply want to be a better person. This book provides Code of Honor that's badly needed. And empowers parents and teenagers to carry Fast. Well loved publication now on our espresso table A great read to inspire yourself and family members. There IS Another Way! Great for Single Moms. After that have your son go through it. Enter this publication without the ego and with an open brain and you're sure to leave a different man. Ought to be called "Raising Kids" I get the marketing charm by naming the reserve "Raising Guys", but I came across it to end up being applicable in case you are "raising men or women". In fact, Eric himself has daughters and uses very cases applicable to girls. This book has many valuable guidelines to help your children develop confidence, responsibility, respect, courage and discipline, which are essential qualities that require consistency, discipline and leadership by ourselves, the parents. In conclusion, an excellent book. Among the best books We have read on being truly a better parent .. More than just a parenting book even more of a life publication. Not everyone will be able to do the SEAL stuff, but everyone can do this: spend more time building relationships together with your kids, won't be or allow children around "dream killers," and instill confidence in your kids or any child you encounter by believing in and demanding the very best from them--and modeling the same. My wife is reading it today too I enjoyed it therefore much. Eric knows his stuff which book is one I will go back through time and time again. Read it! Quick go through and it truly is a Dad's should be Men before they are able to help their males be Men.. a lot. It's not just among the best parenting books I've ever browse, it's a publication all educators, instructors, and civic club leaders must read. I learned many valuable principles and lessons, definitely not parenting-related. And I also think that it can be applied to any child, regardless the gender. That is a book about extremes in personal sacrifice There are frank discussions on the subject of accountability and both parents and children taking accountability that are refreshing and quite a long time coming. Bold, smart, sweet parenting I enjoyed this book. Leadership Positive masculine experience and leading 1 self than 1 community than one nation.. Amazing Father's Day present Gave this while a Father's Day time present. A reminder that what you see in Media and Politics isn't always correct. Good book Good book Information Great suggestions to teach young men good book good book Great read for any parent that what's the very best for their kids. It triggered me to intensify my game to supply the appropriate example for them to follow. If you want to help them develop their self reliance and confidence while improving your capability to lead them in your time and effort, buy this book. I brought this book to engage my grandchildren with challenging learning experiences.. I want to support my son's masculinity in a global that feminizes males, and is hostile toward guys. Great book. Family members and being truly a parent Eric has a lot to show and he is a person who lives out his function as a leader. Highly recommend. Awesome



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