

AGING AND MENTAL HEALTH RESEARCH

Cognitive Stimulation Therapy for Dementia

History, Evolution and Internationalism

Edited by

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Cognitive Stimulation Therapy for Dementia: History, Evolution and Internationalism (Aging and Mental Health Research)



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Cognitive Stimulation Therapy (CST) has made a huge global, clinical impact since its inception, and this landmark book is the first to draw all the posted research together in one place. The publication demonstrates how CST can significantly improve cognition and quality of life for those who have dementia, and will be offering insight on the idea and mechanisms of transformation, and also discussion of the practical implementation of CST in a variety of clinical configurations. Edited by experts in the intervention, including associates of the workgroup who originally developed the therapy, Cognitive Stimulation Therapy for Dementia features contributions from authors around the world, providing a broad summary of the entire research programme. Drawing from several research studies, the book also contains a section on culturally adapting and translating CST, with case studies from countries such as Japan, New Zealand and Sub-Saharan Africa. It will also be of interest to medical researchers, including psychologists, psychiatrists, occupational therapists, nurses and public employees. Cognitive Stimulation Therapy for Dementia will end up being essential reading for academics, experts and postgraduate students involved in the research of dementia, gerontology and cognitive rehabilitation.



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