



AGING AND MENTAL HEALTH

THIRD EDITION

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Aging and Mental Health (Understanding Aging)



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Completely updated and revised, this fresh edition of a highly successful text provides students, clinicians, and academics with a thorough introduction to aging and mental health. Pursuing entries are specialized in the major types of mental disorders in afterwards life, with a focus on diagnosis, evaluation, and treatment issues. Like its predecessors, it uses case examples to introduce visitors to the field of maturing and mental health. It also provides both a synopsis of simple gerontology necessary for clinical work with older adults and an evaluation of several areas of aging well. Ageing and Mental Health, Third Edition can be an ideal text meant for advanced undergraduate and graduate students in psychology, to get service providers in psychology, psychiatry, public work, and counseling, and pertaining to clinicians who are experienced mental wellness service providers but who've not had very much experience operating specifically with old adults and their own families. The 3rd edition of Aging and Mental Health is filled with new updates and features, including the impact of the DSM-5 on diagnosis and treatment of older adults. Finally, the book focuses on the settings and contexts of professional mental health practice and on emerging policy issues that affect research and practice. This combination of theory and practice assists readers conceptualize mental health problems in later lifestyle and negotiate the complicated decisions associated with the assessment and treatment of these problems. Features new materials on important topics including positive mental wellness, hoarding disorder, chronic pain, housing, caregiving, and ethical and legal concerns. Substantially revised and updated throughout, including mention of the DSM-5. Presents chapter-end recommendations of websites for further information. Includes conversation questions and critical thinking queries at the end of every chapter. Introductory chapters are accompanied by a series of chapters that describe the major theoretical models used to comprehend mental health and mental disorders among old adults.



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