

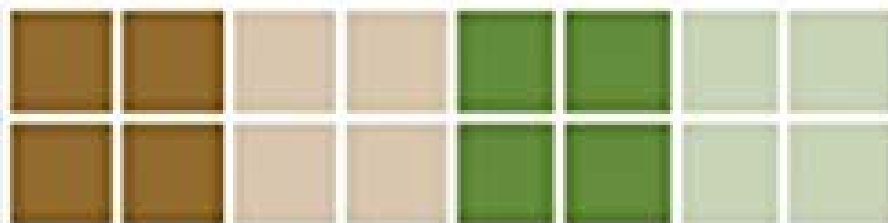


VISUALIZING

Nutrition: Everyday Choices

THIRD EDITION

MARY B. GROSVENOR • LORI A. SMOLIN



FEATURING

Food for Thought

• BY LAURA CHRISTOPH

WILEY

Mary B. Grosvenor

Visualizing Nutrition: Everyday Choices



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NEW for Spring 2017: Visualizing Nutrition Featuring Meals For Thought. As students explore the essential topics of nourishment, they create a desire to comprehend the topics through demonstration of their relevance to the reader. Video clips introduce students to forthcoming chapter principles, underscore the need for nutritional choices on health, illuminate difficult scientific concepts, and point out helpful practice possibilities and assets in WileyPLUS Learning Space to greatly help them focus their time and study effectively. This digital upgrade also includes an instructor video for every chapter. Visualizing Nutrition, 3e is intended for a one-term program in Introductory Diet taught in both two- and four-year schools. The material provides students with the decision-making skills required throughout their lifespan to navigate the myriad options they will face in promoting their good health insurance and in preventing disease. This intensive video suite is available through WileyPLUS Learning Space's personal existence. Visualizing Nutrition, 3e presents students a valuable possibility to identify and connect the central problems of nutritional technology in a visual approach. Visualizing Diet' The premier art program, interactive parts, and applicable content make this a sure champion in sharing one's enthusiasm for Nutrition and engaging college students's critical thinking approach and a solid underpinning of the procedure of science empowers students to be knowledgeable consumers when faced with decisions about what to eat.



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