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# NUTRITION

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Science  
and  
Applications

THIRD EDITION

*Lori A. Smolin*

## **Nutrition: Science and Applications**



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Nutrition: Science and Applications, 3rd edition assists develop the scientific understanding to aid personal and professional decisions. Using a critical thinking strategy, Smolin brings diet from the classroom and enables students to apply the logic of technology to their own nutrition concerns both as consumers and as future scientists and health professionals.s nutrition resources. The text has been developed through collaboration between the authors and the Nourishment Advisory Board, a group of dedicated nourishment instructors who help review and develop most of Wiley' Access to WileyPLUS sold seperately.



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