

Psychology Applied to Modern Life

ADJUSTMENT IN THE 21ST CENTURY

TENTH EDITION



Weiten • Dunn • Hammer

Wayne Weiten and

Psychology Applied to Modern Life: Adjustment in the 21st Century (PSY 103 Towards Self-Understanding)



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Filled up with comprehensive, balanced insurance of classic and contemporary research, relevant illustrations, and engaging applications, this book demonstrates how psychology can help you understand yourself and the world--and uses psychological principles to illuminate the variety of opportunities you possess in your life as well as your upcoming career. The publication and linked workbook are highly readable, engaging, and visually appealing, providing you with an abundance of material you can place to use each day. While professors cite this bestselling publication for its educational credibility and the authors' capability to stay current with '' popular topics,' ' students say it' s one text they simply don' t want to avoid reading.



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