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A Beginners Guide to Ketones for Life

Annette Bosworth, MD

Annette Bosworth M.D.

ANYWAY YOU CAN: Doctor Bosworth Shares Her Mom's Cancer Journey: A BEGINNER'S GUIDE TO KETONES FOR LIFE



"As a doctor the number one question I get from patients if they are faced with a scary choice in medicine today, 'Doc, what would you carry out?' This is actually the tale of what occurred when my 71 year previous mother was dying of malignancy. Tim Ferriss preserved her lifestyle. This story helps you to save yours," Annette Bosworth, MD." Dr Bosworth inspires patients to be stewards of their own wellness through her leadership skills, presenting and public speaking and "sticky teachable moments. Her story of courage, faith, and tenacity helps youthful and old accomplish better physical, mental, and emotional health through ketosis." When patients ask how to turn around their chronic health problem, she answers "Fight it ANYWAY YOU CAN. Ketones for Life. In ANYWAY YOU May, Dr Bosworth shares her 'accidental' discovery of ketosis and its own wide array of health advantages as she supplemented her mom's chemotherapy with ketones.



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