

## **Autumn Hoover**

## Type A Christian: Transforming Personality Traits into Fruitful Growth



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Perhaps you have ever credited your success to having a sort A personality? If therefore, then you join an overwhelming amount of people in the globe who consider themselves Type A. Learning which traits to grow and which to prune can benefit both church and the globe in utilizing our best features and spreading the Gospel. Each chapter in this publication reveals valuable information that will influence our walk with Christ and the furthering of His Kingdom.Type A Christian is a unique self-evaluation that introduces us to various character types and behaviors and provides us with a one-of-a-kind personality quiz to greatly help assess our own common behaviors and Christian carry out.In Type A Christian: Transforming Personality Characteristics into Fruitful Growth, Autumn Hoover pieces out to answer these queries and to guide us in identifying positive and negative personality traits in order to fulfill our roles as followers of Christ. Right here, Autumn combines her 17 years of encounter assisting people as a healthcare provider with her interest for personality exam and knowledge of Scripture to help us recognize which traits have to be improved and those need to be transformed altogether. Using insightful examinations of Scripture, personality traits, and behaviors, Autumn walks us via an honest look at whether our behaviors coincide with the fruit of the Spirit. But perform these characteristics bless or undermine the reason God has directed at us as Christians?God made us all unique and granted us with varying personalities to satisfy His purpose. Much like any personality type, some qualities are positive plus some are negative.



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A really wonderful book for just about any Type-A Christian! So very touching. Autumn does an amazing job of giving guidance and insight for growing in your daily walk with Christ while managing the solid personality traits that may sometimes get us off monitor. With ideas for managing stress, wellness, kids, and church bodies, this publication is full of practical and biblically-based wisdom to greatly help all Type-A Christians achieve their fullest potential in working the good race set before us. A must-read for sure! Love Love Love this book! It's extremely hard for somebody with a sort A personality to "give up control" and allow God dominate. This read came at the perfect time with some of my Christian struggles, nevertheless, I never considered turning the not lovely characteristics of my character into benificial features. This publication helped me to place my brief comings into perspective. It made me think about how I connect to my family, my co-workers, my children, and my church family members. This book helped opened my eyes and expose me to obtain the most out of some of these traits. Self-reflective and enlightening book!! Being truly a type A personality, this book truly 'hit house' and was enlightening concerning how I personally make use of the behaviors in a variety of situations. The author does an amazing job in her discussion and explanation of type A personalities and how, although many of the traits are positive, there are also those that can be unfavorable or become detrimental in situations. The writer helped me think about past experiences and how those traits may have affected the outcomes. In the years ahead, I hope to more easily acknowledge my type A character and how to use it in a positive way.-Crystal A must browse for all Type A Christians! As a self-proclaimed Type A Christian myself, I knew this book was written simply for me personally. It is an easy read with true to life program throughout each chapter. I especially enjoyed the section on stress and how it manifests itself in those folks with Type A personalities. The author does an excellent work of explaining how we can channel that adverse energy into something positive. God is in control Loved this book and the intimate points Autumn shares with the reader. Nonetheless it is essential to recognize that some coping strategies may work for some, however, not for others." I recommend this book! Type A or not, this publication opens your eyes! This book helped me see things, I hadn't realized, I was carrying out. I've never considered myself as having a type A character, but, I right now realize how many of the traits, I really do have! The author takes you on, kind of, a journey, into the Fruit of the Spirit, the way Type A traits as well as your personality, may be keeping you from living the Fruit, just how God intended.! Excellent Read! The reserve is full of information that personality types may use.! I thought it had been demanding from a spiritual standpoint, and also practical. I look forward to reading more out of this author and I foresee myself referring back again to this frquently! Among my favorite lines is "Through prayer and restoration, we can be reassured that coping can be easier as we encounter life's tribulations. As a Christian and a nurse, I have been asked "why God let's bad items happen" Autumn reveals that people are not in charge and that no matter your character type God includes a arrange for you and you have to allow the trials cause you to the narrow road. It is very well written and gives very practical info and great insight based on biblical principles! Hoover is normally a gifted writer that has a skill for breaking stuff down and explaining them in a manner that makes the reader stop and believe and apply it to their lives. Type A Christian Wow, I knew I was a Type A personality.! I enjoyed scanning this book. Everyone may gain insight, not only for Type A Christians. I'm looking towards sharing this book with my church. So much insight into God's path for myself.! I'll be reading again, to study, and I can't wait for the next book!! Certainly recommend!Loved this book and look ahead to reading more from Autumn Hoover A worthwhile read I'm not usually a self-help or Christian book reader, but this is recommended by a friend I trust so I gave it a go. Type A Christian can be a Course A book written by a Course A author, who's also a Course A person. A definite must read! The author is normally personable and the design was very easy to read.! Looking towards the next one! Terry (of Terry and Tammy) Highly recommend Awesome read for any personality type! The paperback is definitely beautiful and would make an excellent gift! This book is such a refreshing read for anyone who struggles with balancing their Type-A tendencies with the biblical fruits of the spirit.. This was an excellent read. It really is so very touching on a spiritual level, that it resonates with our personal struggles in balancing with this faith- MUST go through for Type-A's and Non-Type-A's! I don't necessarily consider myself Type-A, but I understand We have some of these tendencies. When we have a transformation on the inside it should always be seen from the outside! This is a great book. Encouraging and Helpful Found this to be a very enjoyable read!! Great Read! Insightful and thought provoking I have always considered myself as a sort A

personality; Introspection is good. I absolutely love this publication and would highly recommend it to everyone I know. Excellent! I know this book is assisting me and can help a great many other people.! Eye Opening! Type A Christian can be an eye opener. Many thanks for following God's plan!! I recommend this reserve to people who are feeling dropped and anxious inside our current public (US) environment. After reading Autumns publication I realize that I dont have a tendency to hand things over to God. I want to handle everything myself. Great reserve! There is nothing incorrect with requesting Gods intervention. This opened my eyes on my need for God every day.



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