

VEGUCATION — OVER — MEDICATION

MYTHS, LIES, AND TRUTHS ABOUT
MODERN FOODS AND MEDICINES



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Vegucation Over Medication: The Myths, Lies, And Truths About Modern Foods And Medicines



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At the height of medical technology and civilization, America is just about the fattest and sickest nation to ever grace the earth. However, neither of the philosophies in fact address the real cause of disease. However now industrialization has transformed farms into factories, replaced produce for processed foods, and meat comes with just as much warnings as the drugs we are prescribed. Bobby Price provides actionable guidance on how to prevent and also reverse many chronic diseases. The science and medical community are split 50/50 as to the reasons we are so ill. One side is dogmatically mounted on the idea that germs trigger disease, therefore sickness is inevitable and can only end up being treated not really cured. The additional perspective is that people have a genetic predisposition to disease and that research & technology supply the answer. There was a time when meals was our medication, and the farmer our doctor. Vegucation Over Medication bridges the gap by assisting us understand the effect of diet on our health. Dr. If we continue to embrace the typical American Diet (SAD diet) and current health care system, this can be the first generation of parents to outlive their kids. In this book you will learn: • Hidden hazards in foods and medications • How to minimize or get rid of medications • The connection between disease and diet • The secrets of long-term natural weight reduction • The real scoop on protein • Powerful natural alternatives to greatly help restore the body • Instruction to incorporating a plant-based life-style • Tasty plant-structured alternatives to your preferred foods • What sort of plant-based diet boosts energy, digestion, and sleep • How to reverse Type 2 Diabetes • Keys to normalizing blood circulation pressure and cholesterol levels Dr. Price's holistic approach to understanding the healing nature of our foods and bodies will empower you to cleanse, nourish, and RECLAIM YOUR HEALTH. The publication dispels in shocking detail many of the myths and lies we've used as truths, like the use of medications as our primary form of prevention.



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The book forced me to consider an introspective appear at ... The book forced me to consider an introspective look within my intake and question most of the medical diagnosis received. Vegucation Over Medicine can be an amazing book for anyone interested in making a leap towards living a healthier, higher vibration life. We've tried to eliminate meats and sugars and struggle because I actually eat for taste instead of living. It addresses genetics vs family members tradition. We appreciate the author sharing personal experience and providing a transparency approach especially the excerpt on the subject of Soy. #1 "I love meat so much I've known Dr. Vegucation over Medicine is my go to book to teach me how exactly to eat healthful and grasp the importance of living a plant-based way of living. He has truly inspired me to try a plant-based lifestyle. It's been a paradigm shift to understand a lot of the best foods were gradually killing me. Bobby Cost for several years now and have been pursuing him on social media." #2 "I'll always be starving without eating meats" and even better, #3 "Oh I'm healthful, I don't consume that much beef I'm going to be ok. Reap the huge benefits and add even more when you are ready. In the book claims my exact myths I've often thought. Trust me. DEFINITELY A GREAT BOOK! Bobby Price book VEGUCATION OVER Medicine! Peace and blessings! I cannot reverse time but I could certainly maintain a plant-based life style and inspire my parents who have high blood circulation pressure, diabetes and heart failing to go plant-structured with the help from Dr. well those people who are receptive and prepared to listen. This is a GREAT read therefore insightful regarding the impact of food .. I've mental clarity and i overall experience better and look amazing compared to my previous years! This is an excellent read therefore insightful regarding the impact of food on our health and wellness! I swear I desire I experienced known all of this when I was in university! Highly recommend this book! Or do like I did and dive in fully. Read this publication if you would like to learn how to eat to live your best life Dr Bobby Price's reserve Vegucation Over Medication was eye opening on so many levels..As a yoga instructor I take advantage of asana and breathwork to purify my own body and meditation to purify my brain. But while reading Vegucation Over Medication I realized I am hustling backwards. I was poisoning my body with the foods I was feeding on. My love of dairy was causing mucus production in my own body and also many of my sinus issues. The meat I therefore loved is usually pumped with hormones, antibiotics and carcinogens. Many thanks for this amazing, understanding filled deal with of a reserve. Fruits have seeds. Nonetheless it is difficult to find grapes or watermelon with seeds." or #4 "What will I replacement for meat? Easy to read but powerful info. I must drive thirty minutes to the Farmer's Marketplace. Dr. Price writes in just a matter of truth style that is easy to understand. Vegucation Over Medication is a quick read. No fluff. Just chock full of information. Two chapters resonated with me, The Cause of Disease and You are EVERYTHING YOU Eat. it contains an immense wealth of knowledge that may yield life changing outcomes for many people suffering from chronic illnesses. After reading Vegucation Over Medication I decided to give a plant based lifestyle a shot. I've been able to learn a lot from this reserve, and I've began making changes while encouraging additional family members and friends to do so, to allow them to also see the outcomes of healthier lifestyles and livelihood as a result of the teachings within this reserve. Price's 30 day cleanse, filled with 32 ounces of both the Parasite Candida Cleanse and Tummy Teatox teas daily. It cleanses the body of accumulated poisons from the (SAD) Standard American diet plan and environmental toxins. I simply completed the 30 days and feel amazing! I feel obvious, focused and energized. I have no immediate plans to come back to a non plant based lifestyle. He's not the sort to force what you should or shouldn't eat however when you're ready he's there to response all questions. That noises

extreme. But it's not. Great Read!.Vegucation More than Medication is not just for people who also are interested in a plant based life style. It's for anyone who's thinking about living a fuller, more vibrant, healthier life. Easy Read I really like the simple this reserve and providing another perspective on our health. #1 "I love meat so very much, how do i live without the steak and chicken? Cost! Or any choice in between. Coincidentally, my son is a vegan and shares the value he's found in his dietary choice. Namaste. I know beyond a shadow of any doubt my dietary options were negatively influencing the standard of my life. It's a holistic bible for a healthy and aware life-style! There is a great deal of valuable information regarding methods for improving our health and curtailing the indegent eating habits we be a part of without giving a second thought. Coming from a family susceptible to several chronic diseases, I found that this publication is very relevant and intensely insightful. With Dr. Cost being a Pharmacist, he's a very credible resource for details. I admire how he proceeded to go against the mainstream of several medical systems in addition to what he was taught in school by simply prescribing pills to individuals for treatment (which he mentions in the first parts of his book). This book instills understanding and equipment to the reader for overall health and organic healing of the body. I jumpstarted the change with Dr. I highly recommend this book. I'm always been somebody who has tried to eat what I regarded a relatively nutritious diet, admittedly with lots of bad habits thrown in. Price! Dietary causes to common illnesses like heart disease, malignancy and diabetes and how to cure yourself with meals. Additionally, the info shared can help prevent the onset of the chronic illnesses which so many suffer from such as hypertension and diabetes. Absolutely phenomenal As I was scanning this reserve, I felt like you took everything out my head with an exception of all pharmacological and cellular based discussions. I make an effort to educate my individuals, friends, and family regularly.. My physical, mental, physical and actually spiritual well being had been all affected.! I know that my changeover to a plant structured existence 2 yrs ago was the best adult decision I made as I healer myself from chronic head aches, allergies and digestive irritation.. And even a lot of the healthy 'vegetables' I was eating are genetically modified or covered in cancer causing chemicals. Very much continued success and I pray society catches on.! You can incorporate the guidelines and tools, and they are plentiful, as you are feeling comfortable. I've already applied a few of these principles in my existence and will continue to add them along the way. A must-read I am so pleased this book is out there for the world. A must-read for anybody who would like to better their lives and become more knowledgeable along the way. Well done Dr.. Educate yourself. Awesome read! Great publication Dr. Informative This book is quite informative and easy to read. It has encouraged me to create some major lifestyle changes on how and what I consume. I would like to express my sincere appreciation for the data and details that the writer has shared in this book. Loved the book! Extremely informative and I've so many web pages are highlighted with great nuggets of information! It makes you reevaluate your alternatives for food consumption and resets yours perspective on what actually is "FOOD" and not just a couple of chemicals thrown together and labeled "food" for intake. It's a MUST READ! This book will change your life Great information sent to help the masses. I really like watermelon in the summertime and can't look for a watermelon with seeds within my neighborhood Whole Foods.



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