

A patient revolution for
careful and kind care

Why We
Revolt

Victor Montori

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A Clarion Call--and time..beautiful!! This publication is for you personally." We need greater than a redesign of health care, we need a revolt, and it requires to come from outside the health care system and those who business lead and control that sector today--both medical care organizations, along with the payers who control most of the actions we presently see. This series of personal essays does far more than any extensively bibliographed scientific article in identifying the challenges, opportunities, and absurdity of our present situation. While not specifically calling for a cultural movement, this publication provides many of the points we need to use in participating in the conversations and discussions that will fuel the revolution needed, and it needs to start from the perspective of those most impacted---the citizens we care for as health care practitioners. Many could be offended or upset, but I came across this book to be liberating---identifying in eloquently written conditions the issues we have to address. Certainly, we often speak of the "elephant in the room" and Dr. Montori provides identified many of those elephants. The value of this book for me personally will maintain it's capability to support my initiatives, as limited because they are. Indeed, a clarion contact, and a beautifully created one, from a man who carries his convictions and passions as a badge of courage, and encourages us to accomplish the same. Want to change healthcare? The term CARE is key This is a courageous and honest analysis of the real-world we physicians must confront daily while looking after patients. A busy clinician at the Mayo Clinic takes the time and effort to expose the way and the why we aren't actually taking care of people in need for real service. The word CARE is key. Fed up with health insurance ripping people off? Industrial Medicine as it is labeled right here has to transformation. A revolt in what's expected and what it ought to be, is on its way and clinicians that confront this situation are the leaders which will make this possible. The switch must begin from within. We need to display compassion and every turn and acknowledge and support ALL efforts and progress our sufferers make. A must read for every healthcare practitioner...all over the world. The Beginning of a Revolution "So why We Revolt" represents the initiation of a revolution for re-centering healthcare on sufferers as people, not as consumers. In very clear, elegant language, this physician-writer lets you know exactly why the machine is baked to end up being against patient interests and offers a path forward. "Why We Revolt" is particularly essential in framing the conversation about value in healthcare and how defining value must revolve around patients, not profits. Montori's amazing use of tales and personal knowledge warrants the need for a momentous switch in how healthcare is delivered - a re-prioritization of the relationship between person and healer rather than the noncompliant diabetic patient and the profit center. I was intrigued by the idea of actually requiring less of our patients instead of what we have been doing for a long time - asking the individuals to do increasingly more without ever requesting them what they want or need. Illustrating the continuing future of healthcare The book is a thoughtful collection of essays, geared towards changing just how we approach the healthcare system and the patients and doctors within it. In the same writing style of Atul Gawande and Oliver Sacks, Dr. Montori's You-Tube video on Minimally Disruptive Medication. This book will make you feel empowered as both an individual and a healthcare professional to enact switch in our expectations and needs of the health care system - really the beginning of a revolution. We are completing OUR checklist to meet OUR goals and metrics without ever considering what the patient needs, wants and what they can handle doing. While we appear to be lost in a ocean of despair from the current failure of our health care system, this publication is expect us to rescue the ship jointly. It is beautiful written, with a strong personal voice about complications in health care, why we are in need of minimally disruptive medicine, and the lack of room for cautious and kind care and attention in

the healthcare system today. Not only do we consult a whole lot of our sufferers but we perform such a poor work of coordinating care and attention and then shaming patients if they don't fulfill OUR goals.. We have to discover what they are willing and In a position to do. It not only exposes the real "care" patients are receiving, it does so in a lovely and most sensible way. It is both feasible and necessary. We are all on the same group. Montori provides crafted a tale of what's broken with healthcare with a spotlight on the surviving magical moments between sufferers and doctors where accurate healing happens. Continue the great work Dr. Montori! Bring care back to healthcare Why We Revolt is hard to put down. Health care is a small fraction of what sufferers with chronic conditions suffer from each day. As a physician myself, I've seen Victor discuss this often, and he is a inspiring and passionate loudspeaker, which book captures his tone of voice in an elegant method. Victor Montori offers engaging tales to bring the policy and philosophical issues alive. Think about a book that was written with the feistiness of an Ezekiel Emanuel and with the composing finesse of Abraham Verghese. The ideas and reflections of this book will end up being with you long after you have finished it. Strongly suggested! A Conversation to Build Healthcare that Cares Dr.This book should be required reading for all medical students. He provides opened the entranceway for patients and doctors to sit and listen to what each must be well. He offers challenged us to build a program through these conversations that's cautious and kind. What we believe is a priority for the patient is probably not actually on the patient's list! We have to partner with our patients rather than show our disappointment when goals aren't met. Changed my method of approaching my individuals with diabetes Wow, what a publication! I appreciated the non-public stories, which brought collectively important suggestions in the reserve.and you have a PATIENT REVOLUTION. An excellent reminder of what we should be doing I really like this book, I've recommended it to others. Dr. Montori is one of my healthcare heros! I work in the field of sleep health, however, the term noncompliant is frequently put on our sleep apnea patients. I loved the component in the reserve regarding the use of this word and what we have to do, they need care! A radically important reserve for all patients, in other words, ALL OF US!Essential read, regardless of what your perspective and background. He makes an intensive introspection of what sufferers expect and what's being actually sent to them. Sick and tired of Washington legislators legislating our health and wellness care to death? Need to get the business enterprise people out of your wellbeing care? After over 40 years in healthcare, and often troubled with what I've noticed evolving simply because my career advanced, this book was a "clarion call" in putting words, interest, and information to paper which begin to recognize the impact of what Victor phone calls "industrialized medicine. Dr. I read this reserve after watching Dr. It is deeply moving and also worrying to see how little care that's left in healthcare. Montori provides clear voice to a demand because of this to modification to a system that delivers careful and kind care..Take away from the book: We have to find out what the patient's goals are and what they want from us to effectively manage their conditions. Suggested read. Excellent 1-day read I found Dr Montori's reserve inspiring and since it name states, groundbreaking. I'm also from SOUTH USA (Uruguay) & most of what Víctor describes in this amazing publication resonates with my medical truth. Jorge C Stanham MD, Montevideo, Uruguay The true meaning of health care A must browse for all medical learners, practicing physicians and sufferers! Five Stars A new look about patienthood and the medical system.



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