

THE *Breakage* BOOK

HOW TO NOT LOSE YOUR HAIR



VAUGHN LEON

Vaughn Leon McCall and
The Breakage Book: How to Not Lose Your Hair



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This book is approximately a billion-dollar market concerning hair thinning. I am posting with you as a Expert Edutainer (Entertaining Educator) but also as someone who cares about your hair and understand the worthiness it is to your individual's self-esteem. Yet, the average person understands so little. Probably rank in the top five things that guys and mostly women are worried about daily. In this publication you will understand the fundamentals to avoid hair damage, it is imperative for you to first figure out how to identify internal hair thinning and external locks breakage. Secondly, you can also damage your locks internally, which is more detrimental to not only the hair strand, but the systems of the body, your health and lifestyle itself. You may damage your hair externally, which is the lighter of the two. Then examine the many contributing factors for every.



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Chemically processed or Natural - it's Helpful! Nailed it! Great book! having thyroid problems myself, I'm always browsing for details that helps. head to guidebook to look after and maintain hair wellness, chemically processed or simply no chemicals- everyone has different locks goals, but healthy Locks is a consistent desire. Even touches on medical matters that impact Locks; Easy read;-Lateefah A. Lots of helpful information within an readable format. The training is impeccable. Wonderful reserve for those who are concerned about healthy hair. As someone who's not gifted with focusing on how to do my very own hair, it includes great ideas that help me appear my greatest even between salon appointments. Five Stars A must purchase for each stylist and customer!!! The data i got from this book was powerful and jam filled with knowledge. Five Stars This book had brought me so much more revenue. Definitely a must read highly recommended Great read! Read the book in a single day Great read! Read the book in one day. Very helpful with simple actions to follow This book gives you Insight on everyday upkeep and dieting to help stop breakage on your hair. Buy it! Excellent information. Muhammad, Esquire Love Locks Hero! I? can't wait to hear more! Very helpful with easy guidelines to follow. Awesome insights about total hair care.



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