

care·giv·er *defined*

Words that honor the work of the caregiver

memory oomph tears patience glue instinctive
unselfish watchdog con·fi·dence empathy
wine dig·ni·ty cheerleader pollinator burden
crazy handkerchief faith sig·nif·i·cance
genie votive choc·o·late archivist sacrifice
wait e·mo·ji sit courage humor joy triathlon
admiration worm guilt·y sentry miracle janitor

Michael Fortuna

illustrations by Peg Lee

Michael Fortuna

Caregiver Defined: Words that honor the work of the caregiver



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Winner of Today's Caregiver Magazine 2017 Caregiver Friendly® Award. The text is easy, thought-provoking and inspirational, and the illustrations by professional illustrator, Peg Lee, add a richness to the overall content.com "Think that of this reserve as a casserole for caregivers, an awkward but sincere gift still left on the doorstep that will make them feel more understood and validated. Caregiver Described will leave caregivers sense honored for their work, and leave you with a feeling of convenience, knowing you found a simple and sincere way to express your care. It really is for the reason that spirit that Michael Fortuna wrote Caregiver Defined, a beautifully illustrated publication that honors caregivers by defining them through a vocabulary of phrases that are associated with the care they offer, and the wide variety of emotions linked to it. Influenced by his personal caregiving encounter, but also conscious that each caregiving encounter is unique and deeply personal, he devotes a single paragraph to each term, finding a meaningful method to relate it to the caregiver. Recognized as one of "The Greatest Caregiving Books of 2017" by Caring. You understand whom the caregiver cares for, but who cares for the caregiver?" The humble casserole holds a special place in the wonderful world of empathy – when you don't know just what to say to someone going right through trying instances, a casserole perfectly articulates your concern.



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The author Michael Fortuna and illustrator Peg Lee salute beautifully the powerful and graceful words and phrases that enrich life's satisfying . It reveals the huge and complicated terrain caregivers traverse.. Caregiver Defined is a masterful appreciation and knowledge of care offering. The reserve's November release coincides with National Family members Caregivers Month and the hard holiday season for both those that give and receive treatment. Perfect Waiting Area Book We received this wonderful publication with gorgeous illustrations as something special from a dear friend. An exceptionally heartfelt book that supports caregivers Caregivers are among the most invisible workers inside our society, and possibly being among the most underappreciated..Massachusetts author Michael Fortuna's new book, "Caregiver Defined: Terms That Honor the Work of the Caregiver," is written for caregivers. It really is meant, says the writer, to acknowledge their efforts and provide some comfort. The author Michael Fortuna and illustrator Peg Leesalute beautifully the effective and graceful phrases that enrich life's satisfying journey to get others in want. They are producing the world a better place, and building our collective awareness as human beings. When he was simply 9 years outdated, his 11-year-previous brother, Peter, got polio and was paralyzed.. The year was 1955 and the polio epidemic was peaking. Peter proceeded to go home with a portable respirator but he remained paralyzed.After school each day, Fortuna tended to his brother's physical and emotional needs. "That intended feeding him, sharing his daily bedpan requirements, and placing plaster casts on his legs and arms at night therefore his atrophied muscle groups wouldn't gnarl like twisted tree roots as he grew." Sadly, Peter died a year later on while Fortuna was aside for two weeks at camp — a break his parents needed for him. Fortuna offers since carried the grief and recognition that haunt devoted caregivers."This simple book, inspired by my own imperfect bouts with caregiving, is meant to honor caregivers," writes Fortuna in his book's introduction." "Caregiver Defined" may be the recipient of the 2017 Caregiver Friendly Award from Today's Caregiver Magazine.""Caregiver Defined" is structured like an illustrated dictionary. Caregiver Defined is funny, quirky, sensitive and sensible. Courage, writes Fortuna, "is normally often nothing more than fear with a positive attitude. It dishes out much wisdom and encouragement in creative and concise forms that not merely inspire, but heal the sensitive reader in lots of ways. sweet little book Wow!. I purchased this as a gift to strengthen and support a dear friend who's full-time caretaker on her behalf husband. And it offers a uncommon interlude of compassion that caregivers value.In a short interview, Fortuna says that he wanted the book to establish a standard of caring in a world that seems, at times, less compassionate. "I've thought a whole lot about how an individual life matters," says Fortuna. "There is usually power in what caregivers perform.We learn that Fortuna has lengthy understood the rigors of caring for an ailing relative. They set an example for others. This book doesn't just motivate and uplift caregivers, it inclines the reader to consider serving others more devotedly. He writes that he strives to create caregivers "aware that their difficulties are both regarded and heartily supported. Michael Fortuna's beautifully written publication touches the essence of what it means to be a caregiver. They can also share their very own encounters, if interested. VoCAREbulary came about because caregivers who have read the publication began offering their personal definitions of their caregiver stories.Give them respite. Words like "humor" and "cheerleader" and "well worth" are accompanied by brief, thoughtful descriptions and black-and-white illustrations. it reminds the reader of what is most crucial in life: love in its purest type performed selflessly, and not for just about any conceited gain—toward God and people." As for wine, he writes that "God produced grapes with the caregiver in mind. It also testifies of how the good that caregivers do transformation the globe around them even when they don't observe that it does—by planting a

seed of love and kindness in the hearts of observers and onlookers, so that it is apparent that times/hours spent looking after another are truly not wasted and meaningless in the end. The poetic and rhythmic flow of the words display the real hallmarks of caregivers that remain unknown by a lot of people who haven't shared the knowledge. What caregivers perform lives in the iCloud of humanity's good functions. Interestingly, it doesn't persuade by admonitions, guidelines, or step-by-step techniques, but by enthusiastic terms of encouragement softly and lovingly parceled out from a location of understanding and respect. Caregiver Defined aims to squash the guilt that caregivers have a tendency to feel because they worry that they never carry out enough, aren't patient enough, or aren't compassionate enough. This reserve isn't just for caregivers, but also for anyone who longs to know how to like and give of themselves to the people in their lives in a manner that builds them and their people up; It truly honors the caregiver. This book refreshed my soul. It reminded me personally that even though I feel alone, that We wasn't. It validated every feeling We had as a caregiver. The guilt Personally I think for not being good enough...for being so overwhelmed that at times I wish I possibly could run out the front door and never look back. The perfect gift for any caregiver or treatment provider because it not only recognizes what they do, nonetheless it is written in such a way that it makes one feel comprehended and supported. for hating myself. In the event that you understand a caregiver who probably isn't getting the support they are needing, this would be a lovely gift!...and my life, this author made me feel that it had been ok and normal to have these feelings. This is a Have to read for each and every caregiver. And in the event that you know of somebody who is a caregiver, PLEASE surprise them with this book. Tell them they are not forgotten. A PLEASANT Motivational and Inspiring Read! Remind them that the work they are doing is holy and God will repay them for the scarfice they are doing. I am sending my copy to a fellow caregiver girlfriend of mine who subsequently will send it to someone after she reads it. I am hoping it blesses anyone who reads it. May God give us caregivers strength. What a beautiful tribute to those selflessly serving others Just what a beautiful tribute to those selflessly serving others. In defining the function of caregiving, the publication names the challenges and the attributes. Selecting a treasure that may uplift on the dark times, give the gift of comfort on the lonely times and be a continuous reminder of the reality everyday is actually a blessing! This "must read" publication brings purpose and clarity to the unsung achievements of caregivers in our midst.. Tbe author recognizes enough time restrictions a caregiver offers for themselves. Creating yet another successful moment when a caregiver can read this publication quickly from cover to cover. "Taken all together, "Caregiver Defined" may very well be a lexicon of compassion and empathy. Just what a heartwarming, sweet little reserve! I couldn't get through this book without crying I am a 24/7 caregiver to my 74 year old mother with Dementia and my 24 year old girl with Autism. My guess is definitely that even our most exhausted unsung heroes won't be able to flip through these web pages without a quiet smile on their faces. What a amazing validation of what caregivers do and feel What a great validation of what caregivers do and experience. Hit the tag for me on so many amounts..! Michael Fortuna's beautifully written reserve touches the essence of what it means . Peter spent that first calendar year in a medical service with ratings of others, all dependent on iron lungs. Whether the caregiver is an associate of the family, a close friend or a professional, the hours are long and lonely, and the work is normally draining. Caregivers who want to interact with other caregivers may visit VoCAREbulary on Facebook and suggest their own terms for the caregivers' lexicon. His poignant collection of terms and definitions combined with the sensitive illustrations instruction the reader through the ups and downs, the challenges and rewards faced when one gives selflessly to another.

Upon finishing the book, one no longer feels by itself but understood and valued – a comradery – that just other caregivers know.



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