



# WAKING MATHILDA

*a memoir of childhood narcolepsy*

CLAIRE CRISP

Claire Crisp

## Waking Mathilda: A Memoir of Childhood Narcolepsy



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A native of England, Claire Sharp had it all—a strong marriage, three healthy kids, and her own house in Bristol. Diagnosed at age three as the world's youngest kid with narcolepsy, the joyful and energetic Mathilda rapidly dissolved into somebody unrecognizable. Leaving their family and country in England, the Crisps commence a new journey—among faith, of reduction, and of love as immigrants to the western shores of the United States. Then came the H1N1 flu pandemic of 2009. In this compelling narrative, Claire Sharp chronicles the combat for Mathilda's treatment. It took only vaccine—one seemingly innocuous vaccine to Mathilda, the infant of the family—to change their lives forever.



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Eloquently written true story about family, faith, and human resilience Wow. Such a robust story. I treasured it. Narcolepsy can be unpredictable, unpreventable, and leaves PWN drifting between says of rest and wake, and for me personally, between frustration and fascination, and anger and acceptance. This book hits all of the marks with breathtaking convenience. It's fascinating too, considering this author evidently has no prior books to her name. I'd recommend *Waking Mathilda* to everyone I understand, but specifically parents of and people with narcolepsy. Occasionally the storyteller finds a natural gift for critical writing. You find that with this book, with the elegance of its prose, the grace of its voice. By the finish you're left moved by the account and desiring more. Brilliantly written! A Tribute to Despair-Defying Perseverance Author Claire Sharp bravely invites her readers right into a deeply personal world where doctors were deaf, research and governments were blind, and despair tried—but failed—to crush hope. Powerful and raw, essential read for all! Seldom has a mother and dad's courage and like in the face of what seemed impossible odds been therefore graphically portrayed, because they walked with Mathilda through the valley of the shadow of cataplexy, nightmares, hallucinations, and continuous exhaustion. This book is sure to inspire hope in virtually any others facing narcolepsy. Conversely, it may prompt fear generally in most other visitors who will understandably wish that this an account is usually from the realm of dark fantasy. I am so glad that Mathilda ultimately was able, thanks to the courage and unending attempts of her parents, to receive the care she deserved and needed in the US. This incredibly moving accounts of the Crisp family's journey with their girl Mathilda, the youngest child ever to agreement narcolepsy (at age 3), will inspire and engage anyone willing hear their story. A must read story, gripping right from the start! Claire Crisp includes a way of pulling you into their family, a feeling of presence as she tells of how they dealt with their youngest child's illness, how they fought for her and did not stop. This is normally a story of sacrifice, fear, vulnerability, and unconditional love that knows no boundaries. Interesting read ! I am hoping to see more from Lady Crisp later on. Mathilda and the Crisp family are really "mighty in battle"! The memoir was shifting, riveting, irritating, humorous, enlightening, and most importantly, honest. A must read Is give this 100 stars easily could! What a amazing read! I so appreciate Claire's honest depiction of narcolepsy, how it flipped her world ugly and changed Mathilda forever, and eventually, though many issues remain, led to hope, newfound purpose, and resilience. It is very informative along with heartfelt. Looking forward to the movie ! Crisp is able to communicate a feeling of what it is like to knowledge what would otherwise be unimaginable-- the anguish of viewing one's child slip aside into chronic illness and the torture of the severe rest deprivation experienced by both the kid and her parents. Getting Uk myself but having left England a long time ago, I was saddened to understand the way the decline in authorities financing has undermined the power of the doctors doing work for the once esteemed NHS to adequately look after all their patients. Best book of 2017 that I've read this much.. I possibly could feel the pain and frustration as a mother felt herself shedding her energetic, carefree girl to narcolepsy. I'd like so much to find the words that may encourage parents throughout the world to learn *Waking Mathilda*. It had been a book that was hard to put down, because of the persistence, sacrifice, and hope of Sharp and her husband. Once I started reading, I couldn't put the book down. An inspiring go through for parents and caregivers I was unable to put this reserve down. Inspiring read specifically for parents Very, very good book. The writer accomplishes all this lacking any ounce of self-pity. Her resilience, faith, and look after her family are truly inspiring. It's hard to trust this is Crisp's first publication, as it is certainly expertly crafted and beautifully created. A Book for All Mothers! Writer Claire Crisp's heartache and exhaustion is palpable seeing that you read the accounts of

her journey searching for a diagnosis on her behalf vaccine-injured toddler. Claire Sharp not only speaks eloquently to the mothers of kids with narcolepsy but to the hearts of most moms. Our hearts break for the suffering that the Crisp family members offers endured, but through Claire's words we learn SO very much about the true indicating of FAITH and Wish and - especially - LOVE. An ordinary family confronted with an extraordinary challenge. Any family struggling to care for a kid facing difficulties that don't fit neatly to their society's categorizations of problems can relate for some reason to the discomfort in this story and to sympathize with the frustration, sadness, and isolation 1 feels in not being comprehended. Thank you for telling your tale. It's a book of heartbreak and frustration but also encouragement, motivation, and joy. There is not a dull instant in this story. The writer recounts her struggle to get her child diagnosed and treated for narcolepsy within the restrictions of the National Health Service in the UK. A robust telling of an unbelievable tale. Honest, riveting, and genuine. Would recommend to all. While some stories are simply so big they have to be told, and they end up making authors out of regular people. Strongly suggested to all, including doctors.. Claire Crisp articulates therefore well the profound impact narcolepsy is wearing a person's physical/mental health and identification - both on the average person with narcolepsy, and those who become in charge of providing treatment and support. I also have Narcolepsy which book hit home therefore many times. For all your books out there to learn, an including narrative that's beautifully created is tricky to find. Good book. This book tells of the struggles of parents who socialized medicine wouldn't help their sick child. One also feels, while reading this reserve about the challenges that Mathilda and her family members have had to cope with, that one can be among giants who've somehow managed to find their method through multiple roadblocks while having burdens seemingly overweight to bear. An inspiring true tale of courage and love I bought this book about the recommendation of my daughter. A truly remarkable account of the youngest child ever to be diagnosed with narcolepsy. It is beautifully created and totally engrossing. I strongly suggest it to anyone thinking about a moving autobiography of an ordinary family faced with an extraordinary challenge. Inspiring read especially for parents. This story is real, nevertheless, and if the reader can be willing, it will awaken a deeper knowledge of precisely how strong hope could be when fueled by parental appreciate. Thankyou for showing the globe what narcolepsy truly is. Waking Matilda captured the struggles to getting a narcolepsy medical diagnosis and living with a child with narcolepsy . Claire's description of Matilda's symptoms were right on. A moving tale of TRUE perseverance when confronted with all odds. Whether you have a link with a person with narcolepsy, that is an inspiring read. very good book. Inspiring, compelling story. Inspiring story that was also a page-turner. The book was an easy read reflecting the difficulties of narcolepsy . Wow. I was most impressed with Claire Crisp's capability to pull the reader into her globe and to give us a raw feeling for the family's emotions as they fought for the proper treatment and treatment of the child they were losing to neurological disease. The story resonated with me most highly as a mother and hearing Claire's experiences causes me to carry my own children tighter and pray for heaven's help provide them with what they need to be the greatest they can be. Many thanks for shedding light on this lesser-comprehended disorder and the realities of life dealing with it, including the impact of narcolepsy on the whole family. This is a excellent book: both a compelling story and beautifully written. Once I started I had to complete. This is a excellent book: both a compelling story and beautifully written.



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