



Let Animals Lead

21-Day Meditation Challenge

HEAL YOUR LIFE
WITH THE HELP OF ANIMALS

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Do you love pets and wish to discover ways to connect deeper with them for heal-ing? With the inspiration of 21 different pets, the wisdom of the Reiki Precepts, and the curing power of affirmations you'll have the ability to practice: •Releasing anger•Letting go of worries and fears•Developing humility to become more receptive•Finding gratitude atlanta divorce attorneys minute•Listening to your internal wisdom•Expanding compassion in every component of your lifeThe pet meditations you find out in this 21-day time practice will cultivate different facets of mindfulness and balance that may heal and transform your life! The one-of-a-kind, groundbreaking meditation plan found within the pages of the Let Pets Lead 21-Day time Meditation Challenge will show you the way the spiritual wisdom of pets can help you develop a existence filled up with peace, harmony, and curing.



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