

# STOP THE SLIP

**REDUCING SLIPS, TRIPS AND FALLS  
THE #1 CAUSE OF  
EMERGENCY ROOM VISITS**

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## Stop the Slip: Reducing Slips, Trips and Falls - the #1 Cause of Emergency Room Visits



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Must Read Nppl When I was asked to learn and review this publication I said yes not really because this is a topic I just can't get more than enough of. I said yes because my mother who lives with us has already established several falls. The book is entertaining and readable. The main that tripped her was smaller sized than one-eighth inches in diameter. According to the author falls tend to be seen as humorous, till it happens to you. Most falls are easily preventable! The author also gave excellent advice for reducing the risk of falls and injuries. Instead of transporting on, he emphatically states that you ought to remove the cause of the slip that could likely save somebody from a future injury or even worse. People prefer to look fashionable rather than worrying about security by wearing shoes that may be less stylish and yet safer. The author not merely gives us authentic situations where we are able to see ourselves and others. He gives suggestions for preventing some of these slips and falls. A few of them seem common sense. Some of them are things we never consider. How many people take into account the possibility causing them to slide or fall? Very few. We see our pets as our companions. Informative and well written. She finished up in the ER. It price me eight week in a wheelchair. I had usually heard that falls can be the begining of the finish for the elderly. I was in a rush and not paying attention to where I was strolling. Informative and well crafted Great book in what appears like such a very simple topic - slips and falls. That is distracted strolling. Some things could be prevented if we pay nearer attention when we walk. Most of those times nothing poor happens and you carry on. The information provided could save a lifestyle or prevent a fall. This is a valuable publication. Among those is a home Audit checklist. I got no idea slips and falls were such a significant issue. It really is an everyone problem. A book that may save lives. We am an owner of a manufacturing unit and also have more experience compared to the average person with regards to safety. I could say without question that reading this book will significantly and positively impact your daily life, and the lives of these close to you. There are true to life examples in here which were very relatable. Disch accomplishes many things with "Stop the Slip. It will help you make a safer environment for your children, parents, friends and, of program, for yourself. it also helps anyone with balance issues. You will see yourself skimming the info, reading the tales, and going back to do a deeper dive in to the numbers as a result of the tale's message. Reading his book will make you conscious and react to each and every time you slip. The writer has provided several resources to assist you to. By doing this he drives home the point that you will be setting yourself or another person up for a thing that could be more catastrophic in the future. Footwear has been one of the major causes of slips. So once he affects your awareness, Disch explains about recognizing what can cause slips and falls and what you should do to reduce or get rid of the risk. You will examine helpful ideas to prevent falls. His ALERT™ provides a simple and effective system to supply actionable fall prevention actions. It's apparent that this book ought to be required reading for just about any facility manager, safety committee member, treatment giver, and business owner. A large number of studies have looked at the problem." First and perhaps foremost, he completely changes your perception of the risks of slips and fall and how often they happen. In addition, the breadth of areas covered, from footwear to weather, from falls in bathrooms to falls at work, was really impressive and comprehensive. The book contain very useful hints to greatly help everyone - young and old from falling. It was interesting to learn how frequently people fall. With just the helpful hints in the book lives can be changed. A good book for everyone. Great resource for all those The author offers a refreshing perspective to homeowners, business owners, designers, risk managers and ordinary people concerning a topic we think we already know about slips, trips and falls (that your author identifies as STFs). Nevertheless, reading Stop the Slip, will increase

your knowing of common hazardous STF circumstances. How devastating falls can be, and what we can do in order to avoid them. The writer also contains profiles of people who have suffered disabling injuries resulting from falls and comprehensive checklists of falling risk factors and solutions useful for our homes and businesses. The publication is well written and advantages from the inclusion of useful charts and other graphics concerning these topics.. I am recommending this reserve to everyone because slip and fall isn't an older person's issue. Thom Disch clarifies why falls happen and provides concrete advice on ways to prevent them. 2 yrs ago she fell simply three days when i got house from a rehab service where I have been recuperating from dual knee replacement. Economy over \$172 Billion in 2013. I'm never buying another pair of leather soled shoes! A "Must Read" for everyone! Thom Disch's remarkable work covers every aspect of this all too often overlooked subject. I found his publication both interesting and informative on several levels. I recommend reading it and getting a place for it on your own reference library shelf. Great book- very well researched with a great deal of great details and figures! I thought this book was incredibly well researched, but nonetheless easy and interesting to learn. Recommended. That can happen to be a little bit grandiose of a declaration but I must say i believe it. Helpful hints for each day life! Great book- I would recommend it to anyone attempting to improve safety at their home or work. Slide, Trip, & And a fresh purchase of a stage ladder with built in rails and 8 inches wide treads. Five Stars This is essential for seniors! The writer includes a overview of dropping hazards and avoidance strategies. Several years ago while walking to our school's office I stepped on the metallic encircling our outdoor mat and flipped my ankle breaking it. But this publication was so much more informative than I ever truly imagined. Scared me and I will have to watch what I'm doing. I am starting right now, making changes, to ensure mine, and my husband's safety. Great book--a actual eye-opener. Fall Prevention - Excellent Information Wow, great figures and details presented in a straightforward and enjoyable format. Thank you for this important book. This is a great reserve for anyone looking to improve basic safety around your home, office, or community. He does this with a deft use of statistics, charts, and real life stories. Very useful and well written. Studies show that there are more falls among the youthful because of the fact that the the elderly try to be more careful because of the high risk of injury. Common sense precautions. Packed with excellent ideas to prevent falls and the cost we incur by failing to do so. this is an excellent resource. I would suggest for individuals getting "up .. An Eye-Opening Book That is an eye-opening book! Not a riveting go through or anything, but if you're looking for a book about the hazards of slipping and falling to individuals and industry, that is an excellent resource. I would suggest for persons getting "up there" in age in addition to their caretakers, and nearly any kind of business, except probably something online only. It was really eye-opening. Almost 1 / 3 of all injuries are related to falls and falls kill more people every year than firearms do and seven times more folks than the flu. That the end of the iceberg of info that's in this worthwhile read. The author has sorted through the data and related it to everyday existence. The author and his words Extremely interesting book. While I don't think of myself as elderly, some may disagree. Statistics everywhere. Really good book. There is hardly ever enough info for me personally. Lol write even more books like these. Thank you for the reserve. I actually had a book in my own hand. A co-employee of mine fell two times ago, tripped up by her puppy. I really enjoyed the graphs and factoids through the entire book, many of that have been surprising. Learn the Cost of Slips, Trips and Falls The author has shared an incredible amount of research in the book, "End The Slip" You can tell by the stories and the research that he is very passionate about the subject. My favourite chapters were Chapter 2: Why Slips, Journeys, and Falls Aren't Taken Seriously Chapter 24: The

Alert System Chapter 25: House Audit Checklist I will go ahead right now and check my living spaces for opportunities to lessen slipping. Definitely a good read and people should buy and read this publication before they want it. Stop The Slip This is a helpful and well written book on the dangers of slip, trips and falls and methods to assist in preventing them. According to Center of Disease Control and Prevention slips, journeys and falls price US. It completely changed my outlook on slips and journeys. But it is really a must read for everyone. You'll never look at your flip-flops the same manner! This is not just a problem for the elderly either. He does so in a very engaging and easy-to-read design. A worth While read!



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