



BOUNDARIES
— & —
PROTECTION

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PIXIE LIGHTHORSE

Pixie Lighthouse

Boundaries & Protection



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This book is motivated by love and infused with magic—the magic that comes from understanding the profound laws of nature. It is derived from my personal and professional work with boundaries as a self-care and attention practice. Reading it, you may become aware of situations where you possess violated somebody's boundaries. My personal trip with boundaries practice offers been companioned by my faithful spirit helper and queen, Mountain Lion. The publication began as a three-time, best-selling e-program called Boundaries Boot Camp, which includes helped many people put their relationships back on track. My encounter with thousands of females, and professional consult have been robust teachers. It is intended to assist you to take responsibility for how your interactions are handled, also to enjoy the process of cultivating deep intimacy. My desire is that Boundaries & Security is a companion to those who make it and that it's medication will become integrated with application. It is inspired by powerful conversations, recovery shamanic journeys, and adventures in damaged relationships. Don't allow it stop you from carrying on. This book is my offering to you of golden protection through your own murky territories where clarity is desired. You may make amends for errors and utilize this book to create things right again. The empowerment that originates from a boundaries practice lies in allowing errors and trusting that people have everything we have to make repairs. Don't let it send you right into a spiral of shame. The contents of Boundaries & Safety are not the clinical opinions of a qualified expert about human being psychology and behavior, but of an experience-supported, intuitive healer and instructor who loves people, existence, and the presents of Spirit because they express themselves subtly in nature. Boundaries and Protection is for healers and smart folks of all traditions for great energetic boundaries and well balanced relationships.



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Just what I didn't know I needed! Such something special. Not as soul effecting as We was hoping. That is my first P.L. reserve & I am getting more. The book is perfect to read one page at a time & I am exercising my boundary function for the last few years, which book sort of found me (the best ones do, I think) I'm new to Pixie's work (found her through Ig) and also have just become spellbound by this publication which already has many dog-eared pages. this book really helps to give a voice and create connections . <In case you are uncertain if Pixie's work will resonate with you, seek her out on Instagram where her phrases and pictures beautifully illustrate her commitment to posting her magic and medication, along with her previous books, If you connect to other humans, this book will last well According to the author, "In healthy interactions, a boundaries practice and clear language skills feels like self-care and attention. They might feel just like good, sturdy fences. You can still discover over them. Energy can still go through from a safe distance, but trespassing is not permitted. Religiously, I grew up Catholic, though for me personally, straight Christianity under no circumstances felt quite correct.. Organized into one-page essays by theme, Boundaries & It hasn't only been an excellent resource by myself journey, but I find myself reading equipment of this publication to my six season old child, who has been coping with some bullying at school. I speak from experience Effective!3 -Katie R. Aho.and Prayers of Honoring Tone of voice. Love it! Her latest publication, Boundaries & Protection can be an easy and available mention of help us navigate, heal and strengthen our human relationships with friends, family, kids, significant others. Simply having someone put into terms the dynamics that people may not see without stopping to analyze them offers been very helpful for her. (I also believe it helps they are Pixie's words, rather than mine.xoLisa Tompkins Nasser Wow <Prayers of Honoring I love that it focuses on boundaries all together This is such a positive book. Unlike many energy protection books this one that Pixie has crafted shows you how to be a lot more well curved and mindful of not only yourself but of these you treatment for. I really like that it focuses on boundaries as a whole. I am carrying this publication with me when journaling & This book is such something special! I love how Pixie's work help us start to see the heart of the problem. A must! this book really helps to give a voice and create connections to struggles so most of us have.I am a yoga instructor with a concentrate in Mentorship, restorative yoga, prenatal yoga and circulation & restore yoga. Most of Pixie Lighthorse's books are included into my offerings.. Probably simply me.Her wisdom is definitely a true inspiration and Her phrases help to create clarity & Boundaries have become important &.. I really like how Pixie's work help us start to see the heart of .. Protection gives tidbits of wisdom to assist you put those fences set up, in a healthy, nonthreatening manner.. personal truth. something I maintain loving at again and again this last calendar year. This is truly spiritual nourishment that delivers, and precisely what I was requiring. let the wisdom seep into our daily lives. Just what i needed when i happened upon this book Needed this! Pixie is amazing. This is a perfect publication for professional healers, energy employees and also those interested in the subject and obtaining equipment to strengthen their boundaries and acknowledge the ones established by others. also in the automobile to study when I've a moment or two. It's assisting me arranged my intentions when it comes to boundaries & clarify what I really want in relationships. It was okay. So much gratitude because of this book and Pixie Lighthorse's work! wordy? Very.. Protection, is thoughtful and insightful. Some great concepts and info, but nothing life-altering.. This is one of the most insightful books I've read to date. A few pages in, I actually stopped to to recommend this publication to my 30yr old daughter plus some friends.It had been intense at times since it has brought up some things I needed to process. I love the term I'm in process. Because we are all, always processing, however, just the brave, will feel the fire

instead of walk around it. This book had given me some fire proof protection and technique to operate, speak and live with an increase of power and awareness. Dnr this book if you'd like to see things realistically Makes your wife feel just like she wants to keep you without attempting to communicate how she feels. Something special to the world, indeed! And I'll read this over and over as I apply this new method of being to all or any my relationships.) As always, many thanks for your insight. 3 This book was a lot more than I even expected. As soon as I noticed it, I knew I needed it. As I was reading, it gave me way more insight than I could have expected. It has not only been an excellent resource by myself journey Pixie has been an infinite way to obtain wisdom for me personally for years.!! Heartfelt A wonderfully written assortment of one-page meditation/manuals/inspirations. Loved this book! This book spoke to me from moment one. My children has been going right through absolute havoc over the past two years, and becoming the people pleaser that I am, I have often felt trapped in the crossfire of everybody else. knowing ourselves more than enough to be able to pause from intense discussions and regroup. I've taken many of her online classes, started to dabble in Shamanic trip and just like everything this spirit of hers brings to my table. I've just purchased Honoring Tone of voice and already personal Prayers of Honoring."Pixie Lighthouse's Boundaries & But irrespective of your own religion or spiritual route, Pixie's teachings provide us back to Nature, to Supply, to the Divine, by experiencing what our souls truly know already.. I only want I possibly could sit with her and have tea. Her books are warm, familiar and feel like house. B&P is crucial for anyone wanting to have deeply connected human relationships with personal and others. In it she gives us equipment to use, like imaging everyone offers golden light all around us to represent our boundaries & Because of Pixie, for your deep contribution to a higher way of existence upon this world. This thought-provoking gem can be a book I'll return to time and again when I feel the need to step back and reflect upon my dealings with others. You Owe Yourself This Treasure! Pixie Lighthouse gets right to the heart of every topic with very clear, concise language. I really like that the publication is organized in such a way as to be able to quickly discover the boundary subject you most need advice about. I recommend this book to anyone who's seeking healthy relationships and self care.



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