

AUTISM



# **Behind The Locked Door**

*Understanding My Life  
as an Autistic*

**By Paul Louden**

Paul Louden

AUTISM - Behind The Locked Door: Understanding My Life as an Autistic



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Have you got any idea what it's prefer to be considered a person with autism in 2018 and reside in their globe? Paul Loudon, an adult on the spectrum, provides astonishing and exclusive insights into how the world appears to him in comparison to those wired neuro-typically. He bravely shares personal and occasionally painful encounters to bridge understanding between those with autism and the ones without. Paul Loudon has spent his life time preparing to allow public inside the mind of a person with autism. He functions tirelessly to greatly help educators, companies and parents better the lives of people with autism. Paul is normally a presenter, radio show host, autism advocate and a 34-year-old guy with autism. - Insight into difficulties in lifestyle for folks on the spectrum, including hygiene, social situations, speaking, motivation, trouble at school and function, and more. - Actionable guidelines for enjoying more successful relationships with people who have autism. - Behavioral techniques utilized by parents to greatly help their children on the spectrum live a better existence. Behind The Locked Door is definitely a guide to understanding autism. Written for parents, educators, employers and for people eager to learn more about autism and disabilities, this book gives readers: - Useful insights into handling complicated communications barriers with people on the spectrum. And it will help readers more effectively talk to people on the spectrum.



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Among the best works on Adult ASD since Temple Grandin The writer is both a grown-up on the autism spectrum and a high functioning thinker, allowing him to give an intensive analysis of ASD from a first person account. The addition of Rick's and Debbie's (Paul's parents) feedback provides some insight in to the difficulties and confusion experienced by parents and various other family members. His own family members provide valuable counter factors from their own factors of view. It painted an extremely textured picture of autism, with chapters on Flexibility, Appearance, Episodic Memory, Family members and Romance. What I'd give to get a frank conversation with my very own son on theses same issues! I'd like them to be the best they can be He is very good at relating details and his opinions It was refreshing to read a publication about autism that's written By a young man who's autistic. This is an invaluable reference for anyone who would like to get a better knowledge of autism from the inside. Insight into the Mind Of High Working Autism My husband is an undiagnosed Aspie. I actually appreciate the author's ability to put in writing what so many other people struggle with about the autistic Spectrum. He goes into great depth on topics such as for example friendships, faith, sarcasm, sensory issues, and even more. This publication is a much needed addition to the body of literature concerning Autism.Lyn Hassenboehler, LCSW This book qualified prospects to understanding and compassion. It helped me understand autism on a personal level. Many thanks so much, Paul, for your insights!My own son is a adult about the spectrum and cannot articulate for himself how he perceives the world. Five Stars wonderful This book has the answers I've been searching for as a teacher of students with ASD.Brian Jeffreys Unique and superb addition to your body of literature concerning Autism True understanding, which is normally more than only awareness, is crucial. This narrative from somebody on the spectrum has given me some needed insight and understanding concerning thoughts and behaviours which can be confusing and oftentimes mind-boggling to a NT partner. Thank you Mr Louden! Great read! Wow, really eyeopening book. Well written and taught me a lot even though I'm a mother or father of a grown-up aspie. Great book essential read. Paul writes in a way that explains his encounters and thoughts without the blame, excuses, or attempts to elicit sympathy. Ideally people can learn from what's written to break down those barriers and produce greater understanding for people who are challenged with these types of disabilities. Like reading about Autism from a person who lives it Appreciate reading about Autism from someone who lives it. It helps me think differently about the kids I coach with autism. I've literally highlighted more text in this book than there is whitespace as I observe how much of what the author relates also seems to match what I see in my own son. This book offers prompted me to revamp and restructure my whole social skills curriculum! I liked the book very much and hope A lot more people will browse the book. Good read Good book. ?? Four Stars A good book describing how Autistic people start to see the world. I received a very good picture of what it really is like to live on the autism spectrum. This book is exactly what I am looking for in the way of insight and information into my students' behaviors and needs, therefore i can better plan and prepare social and life skills lessons and also give them, their peers, and staff tools to lessen communication and interaction difficulties and mishaps. I've often felt like my students will be the most misunderstood kiddos, and finally, this notion provides been articulated in a manner that makes us all realize it isn't always the average person with autism that needs to be flexible! I truly hope this publication inspires other people and professionals to understand how exactly to utilize "flexibility tools" and simply simply ask "Is this what you designed to do or say or possess I misunderstood what you're saying?" to breakdown language barriers people with autism so often encounter. He's very proficient at relating details and his opinions. Personally i think like I finally have a definitive grasp on my method of teaching pragmatics and interaction skills to my college students!A Big MANY THANKS for Sharing this book with us! Learned a great deal on how to start

moving forward from here. I liked the book was readable Paul makes stuff relatable and helpful This book is on now in my rotation of books to learn regularly! Paul does an excellent job of relating the experiences and thought patterns of an autistic person to understandable terms. I have a child with high working autism (like Paul) and his undertake the why's of autistic behavior have helped me on numerous events in understanding my kid. My only wish is normally that the book was longer, therefore watching Paul's YouTube video clips and reading his Twitter feed now is on my weekly to do list. I understand the actions of people on the spectrum better and how exactly to improve conversation with them. Great introduction to autism This was an easy read. Five Stars Superb book for understanding the complexities of each day life on the spectrum. The writer explains autistic thought procedures well. It really is insightful for understanding just how autism affects a person's life.



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