

Smooth Sailing into Retirement



How to navigate the
transition from work to
leisure

DAVE HUGHES

Dave Hughes

Smooth Sailing into Retirement: How to Navigate the Transition from Work to Leisure



[continue reading](#)

HANGING AROUND into Retirement will guide you from your last couple of months of sort out your 1st year of retirement. Information, Next Avenue, and lgbtSr. At each stage, you will receive strategies for dealing with these adjustments. This book will show you how to design your new day-to-day lifestyle in a manner that will reflect your passions and passions. You' ll be inspired to make a new identification for yourself that embodies the way you plan to live in retirement and frees you from the restrictions of your former work title. His previous reserve is *Design Your Dream Pension: How to Envision, Program For, and Enjoy the Best Retirement Possible.org*, amongst others. If you are one, this publication addresses the problems that are specific to retiring as an individual.S. Author Dave Hughes is normally a respected authority on retirement lifestyle preparing. He writes about the nonfinancial aspects of planning for and living a happy, healthy, and fulfilling retirement on his site *RetireFabulously.com*. Dave offers contributed articles to U. **HANGING AROUND into Retirement** can be an important companion for your changeover from function to leisure. It identifies the many ways your life changes and prepares you for the emotions you may experience along the way. If you are partnered, this reserve examines the methods your relationship with your spouse will change, whether you are both retired or among you continues to work. You will also identify and eliminate previous habits and actions that may no more last well in retirement.



[continue reading](#)

I've been reading Dave's retirement information for several years now .. Which emotions you have, in what order, and at what point once you retire will be unique to you. I am reading Dave's retirement guidance for several years now and find it invaluable. We have applied a whole lot of what we've discovered from reading Dave's advice, while among us has become retired with the additional (me!) and "What are you going to do with yourself for the others of your life? Understand this book! It helps you navigate the different realities of moving into the retirement period of your daily life, whether you're there yet or not. However, since I have already been reading the "websites", it was mostly do it again of what I acquired already read." Much like the blogs, but a whole lot of very helpful and thought-provoking information. Sections• Your Last Few Months of Function• Your First Few Months of Retirement• Curate Your Pension• Your Marriage• Retired and One• Searching AheadI particularly liked the chapters in "8 Surprising TECHNIQUES Retirement Can Stress You Out" and "Unexpected Emotions YOU MIGHT Experience After You Retire. Every chapter is brief and written in basic language. My mother constantly said, "Eat gradually and take small bites!" Most people strategy retirement with one of two outlooks: eager anticipation or dread. This easy-to-read paperback publication targets the emotional not financial areas of finding your way through that first year of retirement, including self-reinvention and designing your new day-to-day life to reflect your brand-new passions and interests, elimination of old habits and activities that may no more serve your preferences in retirement, strategies for goal-setting, time management, and fulfilling your "bucket lists," fostering good communications together with your spouse/partner/family members or handling retirement as an individual, and so much more." Hughes discusses in great fine detail the confusion and "ups and downs" of the passage through one of life's greatest life-style transitions." You will need to pick up HANGING AROUND into Retirement often and re-read several webpages at a time... Since so many aspects of your life changes when you retire, it's unsurprising that you will experience some emotional upheaval.."He touches on...• Lack of identity/lack of purpose• Uncertainty about whether you produced the right choice• Guilt over no more working• Disappointment• Disorientation• Fear and worry• LonelinessI have not really met a retiree which has not experienced at least of few of these, myself included! His final two chapters reflect on "Ten Methods to Stay Young After You Retire" and "12 Regrets You May Avoid in Retirement," a road-map for truly "living the wish" in retirement. That is "must-read" manual to answer the fundamental questions, "What are you going to be when you grow up?) staying "semi-retired" with a new job that fits our plans because of this phase of our lives. I just purchased and examine "cover-to-cover" HANGING AROUND into Retirement - How to Navigate the Changeover from Function to Leisure by Dave Hughes (Prickly Pear Publishing, 2017). Liked the book. Can recommend to others. The very best printed advice on retirement transitioning What a find!



[continue reading](#)

download Smooth Sailing into Retirement: How to Navigate the Transition from Work to Leisure fb2

download free Smooth Sailing into Retirement: How to Navigate the Transition from Work to Leisure txt

[download Nutrition for Brain Health: Fighting Dementia \(Alzheimer's Roadmap\) e-book](#)

[download Focused Forward: Navigating the Storms of Adult ADHD ebook](#)

[download free Design Your Dream Retirement: How to Envision, Plan For, and Enjoy the Best Retirement Possible fb2](#)