

Dr. Scott A. Johnson

3rd Edition - Surviving When Modern Medicine Fails: A definitive Guide to Essential Oils That Could Save Your Life During a Crisis



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IN-DEPTH Review For Those Interested To Know If This Publication Is For You What I am about to offer you is an comprehensive review on the reserve Surviving When Modern Medicine Fails. I am performing this because I spent hours of analysis trying to find a book that could satisfy my requirements for a library NOT ONLINE for all those moments of power failure, or God forbid disaster when internet is NOT there that you can consult. It's an excellent addition to whatever may be on your bookshelf right now; This book is 6 inches by 9 inches and about 5/8 of an inch thick. That means it is easy to maintain alongside your essential oil stash or consider with you should you desire to take action. It isn't a coffee table reserve. This is not, however, a picture reserve. This is a simple black and white publication with a few diagrams or Simple illustrations. There are a great number of warnings, cautions, or explanations of situations that you need to find out about using essential natural oils with. This book is broken into sections. Which includes such topics as pregnancy, epilepsy, hypoglycemia, children, age range of people for make use of internally or simply topically, and much more. Topics such as building tolerance, implants, cancers, use around eyes, and other cautions are covered-quite a bit, but not too much.DRUG INTERACTIONS AND CAUTIONSThis section is well organized. Of course SOME information is definitely duplicated because we're discussing the same oils and the same conditions, but each book is worth having for its own particular concentrate.. APPLICATIONS AND CARRIER OILSThis section outlines not only what you can do with the oils, however the best way to apply them. Benefits of different carrier oils are outlined as well as dilutions. Finally, the last 90 roughly pages list different health conditions along with very clear protocols. SPECIFIC Wellness CONDITIONSTo be honest with you, this is actually the section I really wanted the publication for. I am extremely glad to have the earlier sections as they are amazing for reference. Nevertheless, this section may be the most helpful when you need help quickly. I have used the recommended blend (adding a few extras that I knew would help) and have had really good results with them. and this one is by far the very best yet. Don't simply use this publication as a reference instruction. I have had to cope with a wide variety of uses in our family. This publication is simple and dark and white, so if you are looking for pictures and a lot of colors, this publication won't fill that desire. Each health condition is listed with basic blends that you could make to convenience the condition. I have also had the chance to help my parents that was extremely successful using the discomfort blend for back discomfort.WHAT I WISH THIS BOOK INCLUDEDBecause that is about surviving and disasters, I'd like to see a bit more details added about using essential oils for pets- what is safe, what's not, etc. Johnson is certainly following a French school of essential oil usage, so reviewers who state his recommendations are "unsafe" are only partially correct you'll want unadulterated oils which have been correctly produced and stored for the French therapeutic use to end up being valid and secure, and you need to know what you do and err privately of caution. I have personally tried a number of blends in this reserve now and found them to work nicely not just for me personally, but other users of my children who were not believers in essential oils. THE BOTTOM LINEIf you want to have basic information regarding health issues, know about cautions and situations to avoid using necessary oils (or which ones NOT to use for pregnancy, in case you are epileptic, etc) and additional basic information regarding using essential natural oils in survival level circumstances, this book is a wonderful reference. Pink eyesight, Flu (severe), Fibromyalgia, indigestion, and migraine. -There are no "fillers" that continue and on of paragraph information that you'll never go through. If it had information about animals (and if essential oils could possibly be at all used for them) it could be about perfect!poor printing! Excellent Essential Oil Reference Book- A Must for Every Household Exceptional reference book to have readily available! Very complete how exactly to use essential

oils and basic safety data sections. Have I already mentioned how apparent and concise this book is? -I have discovered great mixes to create and to try. I also like his simple and direct protocols for a wide variety of physical problems and concerns. Well written, easy to check out and comprehensive information. Great resource.. GREAT WORK! give this five stars and can update as I've even more encounter with it in the future. This is a great book with very useful information. It is among the best assets that I've found. The only bad thing is that over 40 web pages on the left hand part have a printing issue and a column down the complete page is missing which makes it tough to learn: (, Make sure you look over your book before the return date if the copy has the same issue. I didn't see quick enough to meet the requirements to come back the book. I've had great luck buying on Amazon but sometimes returning can be an issue. Very overpriced! This 2nd edition from Dr. Scott Johnson is usually a winner! If you are looking for a clearly written, concise book which has suggested protocols to follow mixed with a ton of useful info, you (like me) have found it! The first area of the book information constituents of the oils and a little bit of history. There are references to scientific journal research should you have an interest and wish to dig deeper. The book continues on to describe guite a number of oils and their contraindications and feasible interactions. This is clearly presented and incredibly useful particularly for individuals who are either pregnant, currently taking prescribed medications, or planning to use oils on kids. The book continues with an excellent description/discussion on various carrier oils and their properties, as well as a discussion of methods of application. What I appreciate may be the detailed information Scott Johnson has provided, and that he's listed the study of the Evidence-Based information by the end of the book. There is a chart that outlines different simple oils and how better to administer them and what circumstances to avoid with them. Dilution ratios are provided in addition to application and dosing info. I've used essential natural oils for over 15 years and have not found a far more complete guide when it comes to how to use and how much to use for children.?? In case you are not interested in in depth testimonials, then my sections will be clearly labeled with different specifics so that you can find what you want, or skip to the finish for UNDERNEATH LINEWHAT IS THIS BOOK LIKE? if there is nothing there right now, this is the perfect first publication! Reviewers who stated it's exactly like Evidence-Based Essential Oil Therapy are incorrect. Not sure what Dr." -There certainly are a ton of ailments that are shown in this reserve. However for basic information to greatly help your loved ones through some hard circumstances, this book is excellent. -I have purchased one publication which has information and suggestions when using essential natural oils, and I bought this for a guick reference without the fluff, for a number of recipes. Every home that uses essential oils must have a copy of the book on hand. -Very easy to comprehend, and incredibly easy follow the "quality recipes." -I'm so glad I bought this book. I've used it a lot more than the internet and the initial book I bought when seeking a new blend to make to take care of or help with anything. HOW USEFUL HAS THIS Reserve BEEN FOR ME? The amazing fine detail with every individual essential. Appreciate love love! This allows for quick consultation with the information when you are looking into use of a blend that you would like to make merely to end up being sure you are not going to cause issues with yourself or family members. Again, presented in a manner that makes sense without needing to weed out all the extraneous, no-soessential info.I must say that this book has come in Really handy for what I've needed it for. The start chapters will educate you in the proper & safe usage of essential oils. I've his initial 2 editions, which one is by significantly the best however. The amazing detail with each individual essential oil and the suggestions for seeking medical advice when required before self diagnosing or self treating shows the integrity of the writer. I'm enjoying many of Scott

Johnson's publications, and appearance forward to fresh publications to come.. Easy-to-find Information on Essential Oils Informative reading for important oils fans. -This is a thin book, easy to read, it's more of an overview with "recipes. Johnson's credentials are, but he doesn't promote any natural oils company specifically which allows everyone to place their toe in the water (so to speak). logical layout and great information excellent information for using essential oils designed for our health issues and very well being. Both dealing with and prevention of health issues Book Great book Love this book! It's been my go to resource on all things Essential Oils. I say if you ever speak to anyone about oils please please get this book first. There's a fantastic section on gas safety and contraindications for specific oils and medical conditions, in addition to information on methods of usage, carrier oils, and a section on specific conditions. Great book! Each essential oil is listed independently in chart type and it outlines any cautions you might like to know about each oil individually. I've both. Dr. Because in occasions of hard living, that might be VERY helpful. He also emphasizes that you need to consult doctors for medical ailments if practitioners are available. These details is for use in disaster situations where medical help is not available.! I carry this publication with me at all times!. Five Stars Thanks If you speak to others or want to use oils for yourself please purchase this book!. I purchased this book because it is required reading for a course I want to take, but I am extremely glad to have it in my library.! Five Stars Perfect for anyone thinking about using Essential Oils in their every day life. It's a straightforward read and has great information. It has gas education in the early chapters not to mention the evidence centered protocols for a specific illness Very handy, useful information Well organized with lots of information. Overpriced!! 175 web pages of awesomeness!



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