

UNBURDENING SOULS AT THE SPEED OF THOUGHT



Psychology, Christianity, and
the Transforming Power of EMDR

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Unburdening Souls at the Speed of Thought: Psychology, Christianity, and the Transforming Power of EMDR



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"Unburdening Souls at the Quickness of Thought" is about the transformative journey to wholeness that was modeled by Christ and is accelerated by a ground-breaking therapy known as EMDR (Eyesight Movement Desensitization and Reprocessing). You will notice an emotionally scarred surfer recover from the ultimate loss, the tragic loss of life of his child. The process defined in psychologist Dr. It shows how survivors of trauma can heal and overcome harmful beliefs about themselves. You will learn how dreams and images gave topics the courage to improve careers and enrich their lives. And it will fascinate any reader thinking about the power of the mind. Dobo's reserve occurs in six levels, which are mirrored by six occasions Christ modeled in his Enthusiasm. Psychology and religious beliefs collide in the publication's incredible tales, which move from despair to wish, hate to love, and dread to contentment. This is a book that will give hope to those suffering mental anguish as they are exposed to a new map of the soul modeled by Christ and shared by psychology. And you may discover how a female accessed a buried traumatic storage during a therapy program and gained an enduring feeling of peace. It's for those who want to raised understand the workings of the soul and for those who do not also imagine such a thing exists. Andrew J.



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I've read many books about EMDR and functioning through trauma . AMAZING BOOK &.! All have been helpful in some way. But this publication is the one that I continue back to, especially the chapter on desire work. Looking at this as a spiritual/psychological journey to wellness has actually helped me as I am going through EMDR. And Mr. Dobo gives guideposts that let you know what your location is in the journey. Includes some surprising if not shocking types of EMDR sessions. And the concentrate on the Christian religious beliefs in the book was not overbearing. I believe the book could be helpful for people of different belief systems. Helpful book for anybody thinking about EMDR including therapists and patients. I actually think that his 6 stages of transformation could be put on anyone's transformation process, not just those going through EMDR. It's an easy and intriguing browse and Dr. Dobo seems such as a compassionate therapist as well as an achieved scholar. There IS a reference to our past discomfort and who we are actually. The concepts in the book pose no threat to secularists or non Christians- it just gives a helpful contextual history to understand the healing up process and Dr. Dobo helps it be obvious he doesn't bring religious beliefs into his clinic. Overall I came across this publication interesting and inspiring. It is November 22, anniversary of JFK's death and I went to SENIOR HIGH SCHOOL with Pat Metheny. Thank you for posting your insights and perspectives and tales that really hit home with my soul. I cried a whole lot through this publication relating carefully to the stories and have renewed hope that the journey, although difficult, will probably be worth moving forward. Dobo's book about EMDR is highly recommended essential read. Thanks again! OR in the event that you started your treatment!! I believe I'm experiencing a moment. Andrew Dobo's work to become insightful and had a need to bridging the gap between client's spiritual experiences and their primary beliefs about themselves, God, and the world. Experience so lucky to possess found this book! Wonderful This book really helped me gain a much better knowledge of EMDR and the procedure that one moves through when faced with an extremely difficult emotional and soul searching journey. I'd like to make a scheduled appointment! I've read many books about EMDR and operating through trauma!.. Don't lose out on this book! Thought provoking, sometimes painfully thus, yet you come out lighter on the other side. Humorous when it requires to lighten the feeling. An excellent discussion and introduction to EMDR that everyone can understand and revel in. The evaluation of a patient's trip through the curing of past trauma to the phases of Christ makes sense and helpful! Great book! The acceptance, promotion also, of the part of spirituality inside our healing is essential to growth. Good information on EMDR Very informative and easy reading Great read. Couldn't put it down! Furthermore, this function demonstrates that religion/spirituality aren't at odds with modern day scientific approaches, like EMDR, but that they can work together simultaneously to greatly help our customers achieve their finest quality of life. I would suggest this publication to any EMDR clinician working with spiritually minded people, any minister or clergy professional that wants to learn about trauma interventions, also to any future client of EMDR. It has you in tears but simultaneously have you stating "Wow that's me!" Stories of courage and amazing transformation but also doesn't sugar coating the hard work we must surrender to. In love with this publication and all the wisdom it provides. This reserve explains it in a way that is definitely understandable and easy to read. Five Stars I liked it thus much, I booked an appointment! Best book ever! I highly recommend reading this book if you looking at the EMDR / Endurance Therapy. Amazing! Thank you once again Andrew Dobo for sharing your present with the globe. The descriptions of the stages and what sufferers can get - including types of dreams and frustrations, are spot on. Brilliantly written and a far more phenomenal teaching. Highly Recommend! And as mentioned, once the soul begins, one cannot go back. Mind blowing This is essential read. As an ordained Baptist minister and a tuned EMDR therapist, I found Dr. A must read for the EMDR community!. As the field of spiritually-integrated psychotherapy grows, clinicians need voices like Dr. Dobo's to greatly help us integrate both of these fields . After scanning this book I am sense more hopeful in my journey. This is definitely a recommended browse.. BEAUTIFULLY WRITTEN AMAZING Reserve & BEAUTIFULLY WRITTEN!



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