

MY ACTIVE IMAGINATION

A book about fitness, rhyme and family time!



In support of:



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My Active Imagination: A book about fitness, rhyme and family time!



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Jillian Michaels, Fitness Entrepreneur said "My Active Imagination is the perfect tool for parents and teachers who would like to introduce the concept of fitness to young children in an enjoyable and whimsical way. Certainly not that they are trying to get their heart rate up or bring their blood circulation pressure down!" Have you ever wondered what children must think if they see someone out running? No! They believe person must be in a hurry to catch a leprechaun along with his pot of gold, or maybe that they are getting chased by a huge pumpkin pie! This fun and silly rhyming adventure will need you on a magical fitness journey through the imagination of a kid and will start the discussion of why we all have to be more actually active! *There is also a fun "Where's Waldo" design feature where your baby gets to make an effort to place "Snickerdoodle" the caterpillar in each scene! SOME OF THE PROCEEDS GO TO KIDSPORT-a not-for-profit corporation that provides financial assistance to kids who just wish to play some sports! View how she transforms herself into a butterfly!



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This book is a "must have" for just about any age! This book is a "must have" for any age! This can be an awesome book! Funny and Fit A fabulous reserve about the fun and great things about becoming active. The artwork is normally amazing and produced me want to move outside and operate in the park and that's after I walked almost 8 kilometers today at work. I believe this book is good for parents too. It reminds us adults that people can play just like a child to the very best of our abilities. I actually've often been asked so why am I going for walks carrying all those grocery bags rather than drive? It's simple. Move it or eliminate it! This book offers a great exemplary case of how fitness not only helps our physical self but our mental self as well.. We move with switch and embrace it. Versatility is wonderful for our fitness on all amounts. Well in any case, that's my two cents. An excellent book for all kids!. My kids (13, 11, 9, 7, and 5) all believed it was super pretty and funny. My 3 year old likes the silliness and giggles at each web page. I can't say enough good things about his book. Initial the message, is superb. The younger ones love finding the caterpillar as it turns into a gorgeous butterfly. I love the illustrations, specifically the active mom-to-be operating. Highly recommended! Dr. I read it to my grandson and . This book combines exercising and imagination within an enjoyable kids story. I love books and exercising. It has been a great book to talk about with my kids as it discusses being active in a way kids relate. Seuss would be proud! And yes it makes my time when she says "There is Jillian!" Like that she recognizes Jillian Michaels ? Great publication about keeping active I bought this publication for my 1 year old so she'll have a book about being active. It's basic and fun to learn! What a great book. It even has a little caterpillar to search for to help have them involved in the story. Great reserve! ?I got my own personal copy today! ? Dr. As a mom I could relate to training so that I can play with my children. Love the Jillian, Kenta, and Jamie heroes! I say buy a duplicate for yourself along with the children in your life.!! A fun picture book with a positive message! My Active Creativity is filled up with rhyming terms, vivid illustrations, and a positive message on being dynamic. Looking for the caterpillar through the entire book is fun, too! Fun to read and try to find the caterpillar It had been such a cute book! It's a terrific way to begin teaching your kids about physical fitness. Makes you think about activity with a great spin! Great reserve to get kids thinking about exercise Great book to get kids thinking about exercise. Using the imagination to introduce the need for exercise. He loved getting Snickerdoodle the caterpillar hiding on every web page. She's picked this as one to read every evening since I introduced it to her. The rhyme and imagination mixed with a positive message remind me of "The Lorax". Love that the book encourages kids to get active Gorgeous illustration and fun to learn, great message, helps children realize why it's important to stay active. Five Stars Great book about creativity and staying fit! My almost 4 calendar year old

child enjoys it. Fun and creative publication for kids! Fun to learn and look for the caterpillar. What a great reserve. Seuss would be proud!.. I ordered my publication from a different online supply but felt I needed to come here and give it a 5 superstar review! We like reading it to her and she adores the pictures. I browse it to my grandson and he had me read it over and over, I think I understand it by heart! Every night she picks out her personal books to read out of probably 100 books. What an excellent book to instruct children about being energetic and how fun fitness is. I highly recommend buying this publication. Love it! I've examine it with my 2 and . This is a great book to help kids find out about being active and why they should stay active because they get older (ex.. Great book! I've examine it with my 2 and 6 year old daughters, we all love it! This is a great book to help kids find out about being active and . You'll experience spirited from looking a the pictures and also the lovely story rhyme! We discover ourselves thinking young which will keep us from locking ourselves in a box of set time.. having the ability to play with their own kids). I'm wishing that it will also help train her to be energetic as she ages. Even as an adult, I was having fun looking for the tiny guy.



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