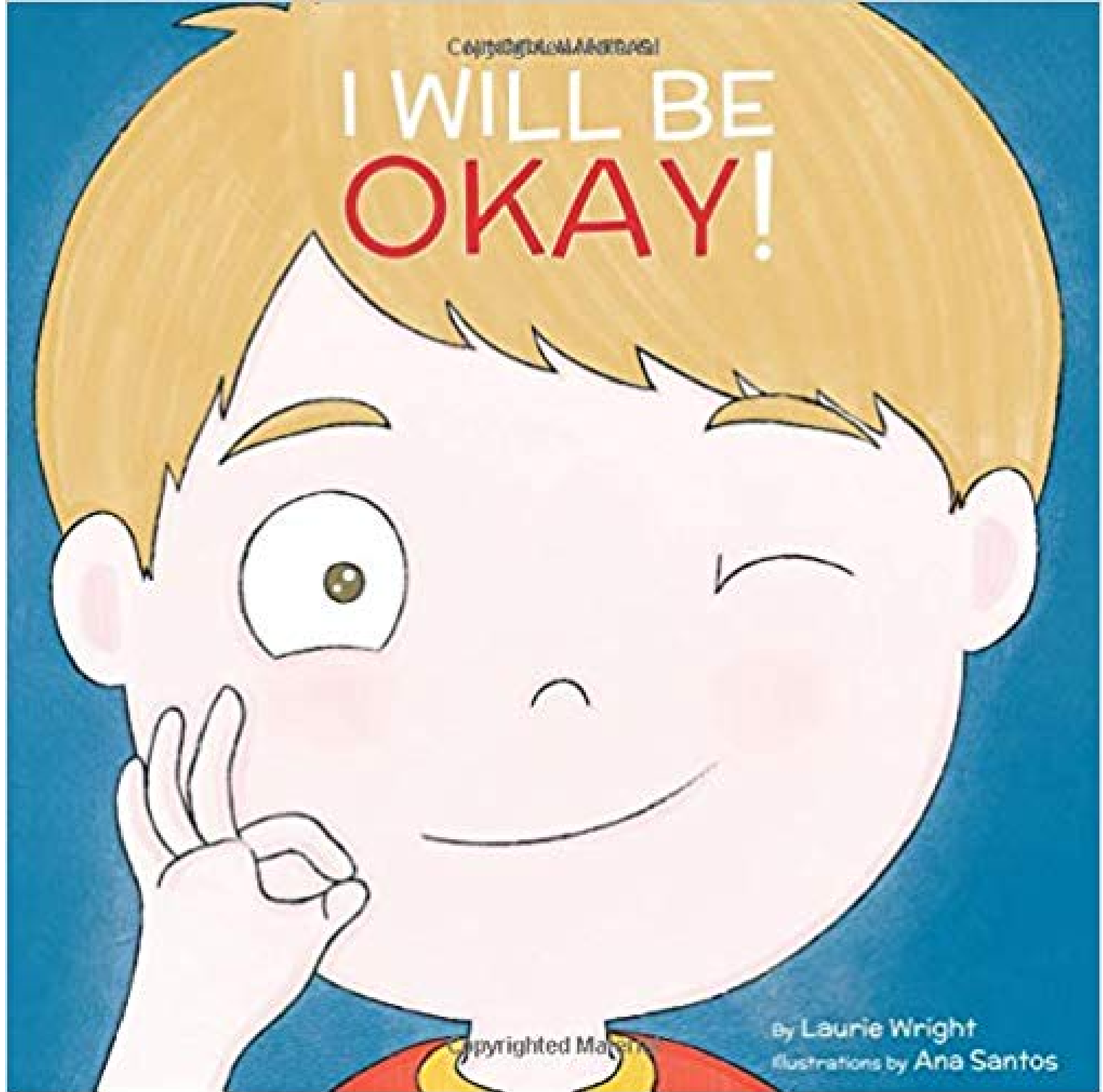


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I WILL BE OKAY!



Ms Laurie N Wright and
I Will Be Okay (Mindful Mantras) (Volume 4)



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Issues I wanted to such as this book, and some of it really is good. However, I have a big issue with the author suggesting the kid can "eat" to "experience ok" if they're scared. He by no means wanted me to keep when I dropped him off and cried When I did have to keep.. not really a great lesson for children. Also there exists a glaring typo at the end of our book where a phrase is wri then and printed twice unintentionally. After purchasing this book and reading it a few times with him I think he started to get it, I think he knew he would be OK. Ugh. (It broke my center) He never wished to join his course at circle time. She starting asking me before bed about if there would be a rocket tomorrow or a tornado, do scorpions live right here etc. It seems as though she hears somebody say something, views a commercial, etc and she just latches to this idea until she can't rest. She was excited to understand the "okay" sign and I hear her on offer the home saying "I'm alright" and doing the sign. Not really what I hoped it might be It gives kids alternative methods to respond to stuff but I was hoping more for a reserve that helped kids place items in perspective or helped them realize these little factors aren't the finish of the world. Whenever she is worried about something, I make sure that we browse this book before bed. She reads along out loud as I read the line, "I am okay. I definitely recommend this book This book and the rest in the series are SO amazing at helping him we sent them for show and ." I think she likes the idea of "reading" just as much as I like the thought of obtaining this idea through to her! There have been pages specific compared to that not only is it upset whenever a babysitter came and your parents leave.. My son has emotional up and downs. The teachers REALLY enjoyed them! This book and the others in the series are SO amazing at helping him we sent them for present and tell. Most of these (Mantras) book are wonderful to teach small children their feeling are OK Most of these (Mantras) book are wonderful to instruct small children their feeling are OK, everybody offers them too, and how one may handle a issue ! He started moving in to his course by himself and stopped crying, and now he's finally joining the course at circle or group moments. Short and sweet, great message I was looking for a reserve at would address my daughter's anxiety around meeting new kids and coming to preschool.. All very applicable and easy to speak to. I bought this publication in the hopes that she would indeed use this mantra. Wish she can apply it when she needs to. I ordered another book in the series too. Five Stars Appreciate the message in this book This book helped our Son My son had a rough start to his kindergarten year.. It is helping my 5 year old sleep better My 5 year old has been having some stress and anxiety and excessive worry lately over numerous things like worrying about thunderstorms, tornados, rockets increasing (we live on the Spacecoast so that it occurs several times a month) and also scorpions. He generally said it's "as well much". No proof read? Ideal for parents, grandparents and teachers! I really believed this book helped. ? Great books! The complete collection is fantastic! I bought the group to reinforce some of the principles I am trying to instill in my kids, and they enjoy reading them as much as I love the lesson. Great book, that's repetitive so kids may understand a mantra I'm a counselor and I believe that is a book that can help a child learn "self chat" in assisting themselves to be calm, so they can think of methods to manage their emotions. I am ok! Half way thru the book my grandson 4 and granddaughter 2 where reading along "I will be ok". We all enjoyed the book. Great for Pre-K I teach preschool. This publication has helped a few of my more reluctant and slow to warm kiddos who are anxious about being from mom Talks to children within their own language. I simply read this reserve and thought it will be excellent for a variety of children including students with ADD. I understand many children (in addition to adults) would appreciate this wisdom. I am pleased to record that it appears to be working!



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