

I AM

Aspie Woman

The Unique Characteristics, Traits
and Gifts of Adult Females on the
Autism Spectrum



Tania A. Marshall, M.Sc.

Foreword by Shana Nichols, PhD

Tania Marshall

**I am AspienWoman: The Unique Characteristics, Traits,
and Gifts of Adult Females on the Autism Spectrum
(AspienGirl)**



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Desire I Had This Publication 30 Years Ago I've simply finished reading I Am AspieWoman by Tania Marshall. "Reading" isn't quite the right word. This book isn't your usual tome with a whole lot of tiny text, the kind that I have stacks and stacks of on my bookshelves that I've bought over the years racking your brains on what was "wrong" with me. Books on major depression, books on shame, books on how best to find like, books on being introverted, books on how best to make friends, books on your own "dark side"... Very helpful and easy to read. Here is the very first self reflection in the reserve: "As soon as I can remember, I have sensed different, from another world, time or period. I can remember feeling different, and in some way separate, from very in early stages. Everyone offers them to some extent. Being recently diagnosed at age 39, it had been great to see so many different perspectives and several accomplished women." That one simple line totally sums up how I've felt about myself from adolescence. That one simple line feels like home to me, like there is normally another human being in this world that gets it. It is the line I've been looking for in my hundreds of self help books and scholarly treatises with terms I've never heard before. It brings tears to my eyes. But that's simply the first web page. There are numerous, many webpages in this publication with statements I possibly could have written. Insufficient authentic autistic experiences, thoughts, and life experiences. But even easily wanted people's encounters, this wouldn't do it. I spent a lot of time reading about autism and taking online "exams".. I didn't realize that autism in women looks and feels very different from the normal male stereotype. I discovered it almost by accident, when I found the author's blog that had a summary of common features of ladies on the spectrum. This list is roofed in Appendix 1 of the book. None of the individual characteristics by itself can be all that interesting or exclusive..We ordered two more copies of your book yesterday in paperback format and I will be gifting a duplicate to my therapist about Monday and keeping a single for myself so that I can function in more depth with the helpful strengths portion of your book. When I browse the list I just knew. I received a formal diagnosis a couple of years ago. It clarifies EVERYTHING.. It clarifies why I have already been lonely and it clarifies the quirky things I really like about myself..Many thanks! If you understand a woman on the spectrum and need to understand her better, check it out. Not useful. I was looking forward to receiving an organized and informative book about females on the autism spectrum, but what I received was an artsy, picture publication. The font is normally sooo big you'd think this publication was written for 2nd graders or people with bad vision. But this book has become my way to obtain truths and power.. ummm, the collector of additional women's tales.. I find this book to be comforting, validating, and humming with an electric spark of potential yet to be uncovered. I also bought a weighted blanket and lap pad and am on the lookout now to find the best pair of headphones for me to support

my sensory processing of sound. However, there are too many writers upon this subject who never let those on the spectrum to speak for themselves. A lot of the web pages are filled with very specific experiences of different ladies on the spectrum and by those that know and appreciate them. I understand how this publication could be very useful and insightful for somebody who suspects they could be on the spectrum or who offers been recently diagnosed. Stunningly disappointing. I bought one for myself as a . This reserve is quite visual and filled up with images and images that illustrate snippets of the words of actual ladies who express encounters that seem very familiar to me. The book is not helpful if you are searching for some real answers about life as an autistic woman Great publication. There are many beautiful photos giving the book even more of a magazine design look. For actually giving Aspie women an opportunity to share their own encounters, Tania Marshall gets my respect. It gives a "snap shot " experience of the many varying experiences of females on the spectrum properly illustrating that it is a classic SPECTRUM... I related to NONE of it.. It is a collection of one-paragraph anecdotes with no useful insights or guidance Utterly unhelpful. I did too, with a couple, kind of. Living mainly because an Aspie myself, I resemble the male aspect of it even more than the feminine. I don't really require the understanding their are others out there that get it and the enjoyment that comes with that notion. I want detailed details on everything. It's a great book in the event that you seek the bond with others and their stories. If you want straight facts and comparisons through tales that have a building up to the idea of the actual fact being discussed after that this is not the book for it. It's made really sweet though. I'm already building my Sensory Administration kit and also have purchased essential natural oils that I find soothing plus a necklace to wear the scent. It deserves five stars in many aspects but for a mind like this of mine, it's alright. I AM an Autistic Woman Dear Tania, I'm going for a moment to write this review to express my deep appreciation for you for seeing me and so many other Autistic Women. No I do not belong, a square peg in societies round holes. Thank you! We purchased both copies of your book in Kindle format after reading about them on your facebook web page. I am an Autistic Females, diagnosed last year at age 53 after a lifetime of misdiagnosis. I've go through several books since getting my diagnosis this past year and I've found most of them helpful, however none connected as well to as an Autistic women. Others just briefly, if at all touched on what it is like to become an Autistic adult, and fewer still resolved being a women. Scanning this publication was a breath of oxygen and spoke to how I experienced as a little young lady growing up and not being comprehended, and my journey into adulthood. This publication helped me more i quickly can state. For me personally it was a complete constellation of the characteristics that spoke if you ask me. I love it's design and how it looks in general. didn't actually want

to do any writing herself. I'd love to see a version of this book come out in a spiral bound format as a workbook. This book has brought me wish, wisdom and insight and I highly recommend it to parents, medical professionals and adults with Autism - Aspergers - ASD. In case you are a woman on the spectrum, or think you might be, have a look at this book. Kind of disappointed I was surprised that was a best vendor. It wasn't what I hoped for. This publication is covered with like 80% or more with pictures and incredibly small paragraphs discussing people's view of how they deal with Asperger's. I was hoping to have significantly more content material discussing the real syndrome and more details instead of reading about people's experiences. It had been suggested if you ask me by a doctor years ago that I might be autistic. It's as if the writer. So, pictures taking up most of the web page and font becoming super big, i came across the publication rather disappointing. Specifically for that cost. It would've been easier to add more content, reduce font size and take it easy on how big is the photos. Oh and not to say the book is filled with grammatical and spelling mistakes which is indeed annoying to browse. I believe the author just wanted to fill up as much pages to make the reserve look big. I'd turn a full page and there will be a new key trait of mine as the topic. Finally ME! At 70 I have searched all my entire life to get where my goofy traits belong. While you have not met myself, the stories and types of the women you have worked with could be me. I suffer from black n blue spots all over from defeating myself up for what others see as crazy. I'm pretty good! I do not get "them". I bought one for myself as a mom of a 25 yr old woman who finally received an unofficial medical diagnosis. There is indeed much in this publication to benefit us. I'd still recommend it but it wouldn't be along with my reading list about ASD. Either this gal offers been documenting me for 70 yrs or I Am Aspien Girl. As I've tried to talk to friends, church, and counselors no one wants to discuss it. They possess said terrible things plus some ended friendships. That has been very hard and more isolating and depressive.. I came across only lately, in my own 50's, that I am a female with Asperger's. Before I go into why I like this book so much I need to forewarn that it's NOT an academic or diagnostic book. For me, the most informative section of the reserve resides in pages 208-292... Great book. I acquired 3 books and required the exams before I proceeded to go for formal diagnosis. Very uninformative Teaches small about Autism in women as opposed to men. She also go through it and it gave her confirmation and support. I better know how my daughter's mind works and am better in a position to communicate and understand her methods. Makes all ladies with Asperger's appear to be models and they all belong to a counterculture. I wish I possibly could get my cash back! It's an excellent book in the event that you know in advance that it is . I am sure it's great as a lot of women can see themselves in . Everything from why I have encounter blindness to why I want solitude to why I

cannot stand small speak to why I can't stand getting touched to why I have to own two cats at all times. It's an excellent book if you know in advance that it is a light read and filled with pictures mostly. I am certain it's great as all women can easily see themselves in the ladies featured. It really is a collection of one-paragraph anecdotes with no useful insights or assistance. There are websites and essays online, every one of them free of charge, which are far more useful. Discovering there are certainly others who share a few of your same struggles and/or experiences could be such a comfort. Just read her blog This book is just quotes from her blog with stock photos. No actual data or information. Nearly what I had at heart This book isn't what I was expecting.



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