



Brain Damage *in* Contact Sports

*What Parents Should Know
Before Letting Their Children Play*

Dr. Bennet I. Omalu

His life is portrayed by Will Smith in the movie *Concussion*

Bennet I. Omalu

Brain Damage in Contact Sports: What Parents Should Know Before Letting Their Children Play



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Dr. Omalu provides answers to parents who fear that contact sports may cause injuries that have long-term effects. When your child play soccer, ice hockey, mixed fighting techniques, boxing, wrestling, rugby, gymnastics, soccer, lacrosse, BMX bicycle riding, trampoline jumping and gymnastics or other sports? This book can help you answer this question, for just you, the mother or father can answer this question. Dr. The simpleness of the truth could even be more fantastic and more beautiful than football or any various other sport. But once you have read the last page of the book, it'll be an extremely easy question so that you can answer." "My son by no means suffered any brain damage while he played but did ice hockey cause his depression, diminishing cleverness and drug abuse?" "I do not wish my girl to play soccer but she loves it so much, what must i do?" "Are concussions long lasting brain damage?" "Was my child's suicide due to football? Omalu has received phone calls, e-mails, text and social media text messages from a large number of parents reaching out to him from across the world for help—asking the same questions: "Should my son continue steadily to play rugby after his last concussion half a year ago?" "Is it true that helmets could cause brain harm?" "If my child shouldn't play football or ice hockey, can I permit him play lacrosse or soccer?"



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100% Risk Exposure...! If you are a parent, get ready to be jolted. When I read the following declaration, it sent a chill down my spine. Dr. Don't just think "soccer" and think your child is safe because he or she will not play that sport. He's also a professor at UC Davis Section of Medical Pathology and Laboratory Medication. He knows what he's talking about when he stated in his publication *Brain Damage in Contact Sports, What Parents Should Know Before Letting Their Children Play*, "If your child plays any high-impact and high-get in touch with sport your child has a 100% risk contact with suffering mind damage. Does his quote stagger you? But brain damage is not only about sports. There is no doctor who can completely reverse the damage." Dr. Omalu writes, "once a human brain is damaged all one can do is try to prevent more harm." He writes, "A good single concussion could cause brain harm and make a child less intelligent. It is pure research. We think, 'my kid is fine.' Omalu explains: "What can cause brain damage following a strike to your kid's head may be the transfer of energy to your kid's mind. Helmets prevent external cuts and abrasions. They might maintain a skull from becoming fractured, but helmets do not protect the brain. Here is his list: "If your child plays soccer, ice hockey, rugby, combined fighting techniques, boxing, wrestling and additional unhealthy sports like BMX bike riding and bull riding, your child suffers repeated sub-concussions and concussions of the brain, which cause brain damage. READ THIS! Brain cells and fibers float in a ocean of water; A good helmet does nothing to protect the brain. What I cherished most about it is Dr. I have purchased several copies of the book and give it to anyone and everyone who will read it. If you raise the size of your kid's head by putting a helmet on his head you increase the energy that gets to his mind, particularly when the size of the mind remains unchanged, while the size of the head with the helmet increases. No sport will probably be worth harming the pristine, intelligent, beautiful human brain of your son or daughter. The lack of pain can make him more likely to lead and strike with his helmeted mind and weaponize his mind, increasing the number of blows to the head and the levels of energy that reach the mind. I would do not have allowed him to play football.. Dr. Dr. Once injured, the brain does not have any reasonable capability to regenerate itself and get rid of itself completely. Will Dr. There is absolutely no evidence of brain damage. Not totally. His warning is primarily for contact sports where there can be repeated blows to the top (although he says in the book, even one blow can cause damage). Actually, a helmet could even increase the threat of your child suffering brain damage. Bennet Omalu is usually a forensic pathologist and neuropathologist. Dr. These include BMX cycling sports, bull riding and any sport that involves bouncing and jumping, such as trampoline-centered gymnastics. In these type of activities, there are repeated shearing accidental injuries of the mind which over period, can result in brain damage. My assistance to parents is that children should avoid these sports activities. There are other sports and activities where parents should consider extreme caution and question whether their child should participate: "Additionally, there are other potentially dangerous non-contact sports that may cause brain damage although there might not really be repeated blows to the head. Omalu devotes on chapter, "I Understand, But It Won't EVENTUALLY My Kid". That is a common feeling we all have. There is absolutely no safe blow to the individual head. Omalu say children should not participate in sports? He writes, "The absence of Symptoms will not mean brain damage has not occurred. Omalu writes with compassion and clearness making the research of brain damage in contact sports simple to understand. He goes on to state, "Once your child's brain is damaged, that's it. This is an excellent book that everyone should read especially coaches of children's sports and parents. Your daily life is yours to safeguard no romantic love is worth your lifestyle, they are not even close. While you can generally find like, you cannot discover another life. Is allowing your son or daughter to

participate in contact sports, knowing he or she is at 100% risk of brain damage, child abuse. Dr. Sports Parents, This Writer Cares About YOUR CHILDREN All sports parents should read this publication."How come he thus bent on childrens sports activities? He states even adults can and do experience brain damage, nevertheless the child's brain continues to be in the development stage and for that reason should be protected at all costs. In the event that you place a helmet with a facemask on your child's head, your child will not feel any pain when he hits with his mind.Does this book shock you? It did me. I encourage parents to buy this reserve, read it, and take action to be a parent and protector of your precious gift from God. Read this and pay attention to his warnings... Why?Actually small hits, shoves and blows to your head inflicted by a spouse, domestic partner or friend can cause long lasting brain damage as time passes, which can resemble the kind of brain damage we see connected sport athletes. Dr." He explains in detail why that is therefore. He has come under much criticism by the proponents of football. My boy played junior high school, high school football and NCAA soccer for a total of 11 years and now suffers from brain damage. I want I had know the truth of contact sports 20 years ago.. It can be an extremely smooth organ with the regularity of jello or thick custard.In the book, he explains the way the brain is fragile and vulnerable to quick, jolting movements:The brain is made up of about 60-80% water, and contains over 200 billion cells. therefore sudden and forceful movements, ahead or backward, or about the center of the brain can cause fragmenting injuries and disruptions of the brain cells and fibers. Omalu does a great support to all of us for exposing these dangers. He gets the courage to be honest even though the simple truth is not what people need to hear. It really is full of great information that folks who love kids need to know. It is unfortunate that the market of football is thinking about glory and money rather than the health of the participants. Soccer has been a tradition in my family for so long as I can remember and I utilized to love the overall game. Due to what I now understand through personal experience which book I have trained with up and do not plan to ever watch another football game. If you increase the pounds of your child's mind by putting a helmet on his head, you raise the energy that gets to his brain. The Truth Contact Sport is dangerous and I actually never desired to play that kind of games in my childhood or my adult lifestyle. If you would like to increase the chance of brain damage, so be it....you have that choice.But.....You have already been informed when you read this reserve. Honesty is the best medicine!Brain Damage Brace yourself. I like the honesty of the writer and am proud of him for sticking to his findings and not changing them for money. Two Stars Repetitive, preachy, inadequate solid evidence provided, self-promotional. Omalu says, "yes. Basic physics tells us that the higher the force of impact, the higher the energy transferred to the brain. Omalu's solid, sincere, passionate and caring voice. Sports parents, the author cares deeply about your kids. WHEN YOU CAN HANDLE THE TRUTH. Excellent Excellent. Everyone should go through before signing the youngster up for contact sports activities.



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