

FROM THE AUTHOR OF RETIREMENT MILLIONAIRE



THE DOCTOR'S PROTOCOL FIELD MANUAL

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The Doctor's Protocol Field Manual



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In this discipline manual, you'll learn remarkably simple strategies and techniques for survival.. From psychoanalysis to self-defense, medical problems to personal finance, Dr. Eifrig moves the reader beyond hype and dread. Implement them and you'll be poised to endure - even prosper - in the midst of any crisis.to true, actionable steps for survival and prosperity..



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Good Advice Herein I am not really a prepper but I really do have confidence in being prepared for the type of disasters we encounter in Oklahoma, mostly tornados, some flooding, grass fires, and lately more and more earthquakes. I'd also recommend tea tree oil and colloidal silver to properly manage infections. We are under tornado threats for about four months yearly and we are accustomed to it and have a cellar. Step 2 2 covers knowing yourself and how to fulfill threats with a thinking mind rather than emotional overload. We have cracks in our wall space from some in the recent past and figure they'll be part of our lives to any extent further, most likely because of all the oil wells which have been drilled and fracked. THE BRAND NEW Madrid fault has fingertips down into Oklahoma from the MO and AR region so we could have a big one any time though it has been many centuries since the last major ones. So, I keep issues rounded up for emergency evacuation for the family. This publication, The Doctor's Process Field Manual contains great advice for the materials needs that might crop up but it additionally has a lot more important advice in reference to the state of mind and psychology of disaster victims. Great preparedness survival manual. If you are seriously interested in being prepared, you'll enjoy this book. Boy Scout Manual for Survival "The Doctor's Protocol Field Manual" is a thorough preparation survival guide for adults. It covers your preferences for food, clean drinking water and disease prevention for the uninformed town denizen. It offers a doctor's viewpoint that gives priority to disease avoidance and how to keep consuming when stores and trucking turn off. Two Stars Very basic. The doctor is in and providing good advice right here. Great information in this book. Step one I tells you how to protect yourself and others against disease by having a few useful products around also to have an idea for recovery. The thing that's becoming more worrisome is the regularity of earthquakes. He described that they had only 1 weapon and he previously four. Be advised, having a weapon will not prepare you to use it properly or securely. I saw an unarmed man take bayoneted rifles from soldiers repeatedly. By step 3 3 the doctor is usually advising you about convenient weapons to have readily available. So just brandishing a weapon will not convince a starving mob to disperse. Therefore, if you reside in the woods, or definately not help or just desire to be prepared for every possible future, then this is actually the book for you. Highly Recommend Superb book. Do your personal research. He talks about things I have never heard of or read about somewhere else. I even found something to use rather than a gun if somebody is trying to break in, etc, and it's really not a tazer. This is a serious manual for survival. I would caution a person to check on with medical authorities before obtaining the antibiotics to be certain that they are not harmful for you. I have liked reading it and have it on my laptop and Kindle to maintain with me. Knowing you are prepared gives more satisfaction. Although we live on the advantage of town on a bluff, there are various low places in town that flood and there are grasslands near which do burn off with some regularity. Get it. This book is a superb help to obtain all your bases protected. Pray we don't have any disasters. be prepared a must go through if you think that somethings is not quite right with our country. Truly Helpful I found some useful ideas on the subject of water that will save me considerable time, energy, and money. Depend on this author for apparent and helpful information. Good reference Good reference That is a must-have for preparedness. I've eliminated back to it several times. For such a little publication, there is an immense amount of wonderful information. Four Stars I KNOW MOST OF IT AND AN EXCELLENT RESOURCE Five Stars excellent book Five Stars thanks Pretty very much stuff you know Doc Eifrig could be helpful to some with this little book, but it is basically a rehash of common understanding, some of his personal preferences, and perhaps some recommendations of items from sponsors. It could also

be a decent manual for farm living whenever your car won't function. Appears to just trim and paste from additional books of a similar nature.



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