



GOING GRAY
BEAUTY GUIDE

50 GRAY8 GOING GRAY STORIES

JAN ROGERS

Jan Westfall Rogers

Going Gray Beauty Guide: 50 Gray8 Going Gray Stories



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Going Gray Beauty Instruction CONSIDERING GOING GRAY? Then, at seven weeks I cut it into a short-shag. CURENTLY HAVE GRAY HAIR? • I cut off all my hair (as short as I possibly could), without having to execute a buzz slice, and just went from there. Well. New Age of Gray". But today vibrant ladies everywhere are changing just how we appear at gray locks. 50 Gray8 Heading Gray Tales • Need TO Move GRAY • The procedure took about nine weeks. Breakfast. is going on now!OR.. HAVE PREVIOUSLY GONE GRAYHaving gray hair is gray8, and may be the NOW color in hair!It do it. Previously, gray hair was often associated with the image of a "little older gray haired lady. Lisa: "Going Gray Beauty Guide is made for ladies who: • So hold on to your seats, because the ". This eliminated all the dye except a little bit Check-out Heading Gray Beauty Guide, 40 Gray8 Going Gray Tales (coming soon). Chris: "S THE BEST WAY 2 GO GRAY? I went cold turkey.I wanted to find out what color lurked beneath 27 years of dark hair dye. I proceeded to go chilly turkey an got regular trims, as I enjoyed the thought of the dark and light comparison. After twelve months, I cut off most of the dye by adding layers." We renovated a dilapidated 1890 Victorian house, and switched it into an award-earning Bed & I kept it brief and powered through the many shades that proved helpful their way to avoid it. I began developing out a layered bob and kept trimming. • Want more going gray tales?on my bangs.My mom found my first gray hair at nine, and by seventeen We had a gray streak best smack in front. you attended to the proper place! For me, it contributed to the demarcation line.I quit cool turkey.My complete changeover took eight months. Significantly considered a buzz lower at one point, but didn' Having gray locks has nothing in connection with age group or looking older, and we are determined to change your old thought process!GET READY - GET SET - Move GRAYLICIOUS!"WHATWe started coloring my hair in my own 20's, and continued until We was 60. No matter what color I used, it would switch a brassy orange within two weeks from the Florida sunlight. I decided two years ago to stop coloring.LOOKING FOR A Couple of GRAY8 TIPS? I simply did it and held my head up high!" At eight weeks, I snipped it off. I began dyeing my locks, and at 47 determined I was carried out!Alison: " I lower my long dark hair to a brief bob, and got a perm. Deb: " After I got about two ins of growth I acquired my first of three pixie cuts to eliminate the dye. "AUTHOR: Jan Rogers/Age group 62/Indie Author/ ESTA Advanced Licensed Managing Esthetician in two claims/Baby Boomer/PEACE! It took me about half a year to transition.FIVE THINGS ABOUT ME1. I am the second of the five Westfall sisters, and grew up in a musical family members. 2. I have been wedded forty years, have two daughters, three grandchildren, and, two Shih-Tzu's. 3. I began functioning behind the Estee Lauder counter in 1978, climbed the corporate ladder, bought cosmetics and sneakers, and managed 100's of amazing Beauty Advisors/Consultants throughout the years. 4. Laurel: "ARE GOING GRAY • I also wrote a cookbook for our B&B. 5. I visited Esthetics school at age 57, and became an authorized Controlling Esthetician. I'm sure they'll always remember the "woman with the gray locks."



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THIS book is the BEST book I've read yet on the subject I'm youthful (42) and due to hair dye allergy symptoms am trying to just let the silver/gray come in.. Additionally it is beneficial for those of you that have gone natural and want to know what other women use for his or her hair products. The author has shared her expertise with tips on skincare, style, jewelry, constitute, not to mention products that work to include shine, help style and maintain gray/silver/white hair in beautiful condition. When it arrived, I examine it through a few times. This trip has been emotional, frightening and sometimes downright depressing. It has both older women and younger females that have transitioned which I really appreciated!. Right now I have basically what looks like silver tinsel in my own dark hair. This publication is so positive and uplifting and teaches you that gray can be GREAT rather than to feel inferior to those who dye.. A genuine find!... It also has sections on locks care/hair products/pores and skin care/makeup/clothing etc for when you "go gray". Cherry on TOP of my Journey I came across this book in the GGG Facebook web page ([. Pick out it up utilized for a couple of cents, then burn it. This reserve "has my back" as far as responses you can state back to those people but also to learn you aren't alone in hearing it and can continue through with it- the end result will be worthwhile! I sure could have used this book in the past.!!! invaluable for the process!!! Any one who dyes their hair should read this reserve, not matter what age. This is the perfect book. What was I thinking! Practical here is how to care for gray hair and how to handle the dreaded changeover. I loved the tales of each woman's journey that are profiled in the reserve. Thanks JAN! I truly did not want it to end. It was like meeting new friends and sharing tales.After scanning this book I was thinking back again on how long it's been since I've colored my hair. As we age group, we typically tend to be very alert to taking proper care of our anatomies from the within out. Much of us become more aware of looking after the world all around us. While was on this journey in my life to consume cleaner foods, care for my house in a less chemical environment, why was I making my hair and body a toxic waste dump with coloring chemicals. Not to mention the price, time and waste/trash generated coloring every 3 weeks. Removing the dying process from my self treatment routine just made so much more feeling to me. No more wavering about what it could appear like, etc., it really is simply better for me and planet in the long run.I bought the digital copy. Loved it so much I will be ordering the paper duplicate. Can a reserve about gray locks be THAT good? This is actually the book for you personally if you are thinking of quitting the dye bottle.. Recommended! Deal with yourself with this reserve! Moreover the tales from other women have become inspiring. The photos are beautiful!which is really tough in the current society! In her book, she actually is happiest when preying on insecure females. Get the inside scoop on Going Gray I found out about this book after I had started my journey to gray hair and wish I would have found it sooner. I Was Cynical Yes, I was cynical after reading all the great reviews. Among the best "going gray" books out there. No revelations here The author also offers a Facebook page that you have to request to join.. I am in transition from dyed locks to my natural salt & pepper color. Whether you're interested in ditching the dye, have already done therefore, or are in transition, this is a significant guide with an abundance of information. I would highly recommend that you NOT purchase this book within an E-format. And a significant amount of money. I now Like my gray hair. I will now become buying this reserve in the paperback format. Very well written. My youngest child was born when I was 41 years aged and at that time I was very delicate to people considering I was his grandmother rather than his mother. gray locks doesn't have to cause you to look previous/washed out/drab- transformation your hairstyle, makeup or clothing just a little and put in a confident attitude and you'll look great-get this reserve! it has beautiful photographs in color you don't wish to miss. Despite the fact

that I stopped coloring a long time ago I still found this reserve extremely inspiring as I am hoping other women will as well. Not really the most articulate, or an excellent writer, and no discernible editing, this publication is mostly stories, not solid suggestions. Already a Silver Sister I really enjoyed this reserve and found the personal stories very interesting. Very useful reserve for women of any age going gray His publication deserves the five star ranking it has. It offers practical beauty and closet information that the common female can follow. Everyone has a story, a why, that i found interesting, along with their individual ideas as to what worked for them. I love reading fashion and beauty books, and this is one of the best (perhaps the best) I have ever read....]) and instantly wanted a duplicate. THIS book is the BEST book I've read yet on the subject. Great information, beautiful ladies and such POSITIVITY!!! These "easy as a click" orders are just too tempting. It really is filled with testimonies(and great images) that explain their entire transition from start to finish plus the products they prefer to use. To read the journey(s) of others that have gone through it's been the cherry along with my last 4 1/2 years.. I read the reserve in a weekend!! Going grey Not that helpful A perfect guide for the person considering going gray Fabulous book! A perfect guide for the person thinking about going gray. It gave me the confidence to accomplish it and as much said "I should did it sooner". I halted coloring my hair about 5 years ago in my own early 50's after 30 years of coloring, nonetheless it was a big transition for me to make it happen. I'm not sure why people wish to make responses such as "that will cause you to look outdated" "why would you want to do that"- how RUDE!...buy it! You won't be sorry. I am beautifully gray today and LOVE it. Five Stars Very helpful That is a silly book (at best). For almost .. I will keep reading, posting and ideally my journey can help another person taking that plunge. This is a silly book (at best). There is a good Facebook group you can join for further ideas and encouragement. Whether you are thinking about "ditching the dye" or have previously done so, this reserve is a must.! Many middle aged women like myself have spent decades crafting our image that included .. Well, yes it really is! Many middle aged women like myself have spent decades crafting our image that included a hair color that was not truly our own. Choosing to ditch the dye could be a difficult however transformative experience. Reading about various other women's journeys helped me feel just like I was on the right track and not as only in the experience as it could occasionally feel.! The slightest recommendation that angers this author or the administrators that oversee the website, will get you banned. No discouraging terms or important queries allowed. Shameless merchandising is certainly welcome--like plugging this publication. I read it once, reading once again and do refer to it before I go on the search for other items to try. I did buy this in the Kindle format, and as usual with non-fiction books, I'm sorry I did. Spend the excess money and buy the actual book; but it happens! Precisely what I needed! This book offers help and encouragement to those who are or are considering embracing their natural gray hair color. For nearly \$30!. like enjoying



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