

# AGE Healthier *Live* HAPPIER



Avoiding  
Over-Medication  
through  
Natural Hormone  
Balance

And how pellets are  
changing life as we know it  
for patients and their doctors.

Foreword by  
Dr. Neal Rouzier  
Known as the  
"Father of Hormone  
Balancing"

From the C.E.O. and Founder of



**GARY DONOVITZ M.D.**

Gary Donovan

## Age Healthier Live Happier



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Sick and tired of being overmedicated by drugs that lessen your quality of life? Worried about medical ailments that you are at risk for as you age group? Ready to explore the life-saving great things about bio-identical hormone optimization? Lower your risk for Alzheimer's disease breast tumor, osteoporosis and prostate cancer. Reduce your use of antidepressants, weight loss supplements, statins, pain medications, and synthetic hormones. Age group Healthier, Live Happier demonstrate the road to the balanced life women and men are searching for! Reverse the span of heart disease, diabetes, obesity, fibromyalgia, arthritis, and raised cholesterol. Finally!



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An excellent book. Very eye opening to state the least A wonderful book. You will be astonished that your hormone imbalance - male and female - is the root of why you feel so unhealthy and perhaps actually why you are taking so many prescriptions for symptoms caused by your hormones - or absence thereof. I am having my implant performed tomorrow morning hours. Our hormones are the basis of our health and wellness, and we & most of our doctors totally ignore them - much to our detriment. This involves placing a highly compressed natural (not artificial) hormone pellet beneath the skin, where it releases a controlled dosage continually. Instead we can be found lotions or patches that include a major group of problems. Five Stars good reading . Donovanitz takes you through the annals of bioidentical pellet hormones that leaves you shaking your head wanting to know why we are becoming dupped and sold out by the FDA. I am so glad I purchased this book because it produced my decision to move forward with pellet therapy that stronger. I am gladly spending money on this because I'd like my life back again. I am sick and tired of being provided band aids in the proper execution of more prescription drugs because my hormones are depleted and my thyroid is certainly shot. My doctor got suggested the pellets and I needed to do some research on my own before consenting to do the implants. I am actually hoping these pellet treatments will help my osteoporosis as well, as I'll not take prescription medications for it, too many nasty side effects. This is an extremely informative book. Was able to lose 30 pounds therefore . Knowledge is power and this book definitely will offer you back again the power to help make the right decisions for your optimal health. The book is quite informative and thorough in my opinion, and helped me decide to move forward with the pellet implant.. Very informative I came across a Biote physician immediately after I read this.. Providers in your area should provide you with a free copy of the book... Unfortunately, therapies that avoid Big Pharma drugs have only a remote chance of being covered by Medicare. Recommend If Considering Hormone Implants I was taking into consideration the pellets for hormone replacement after a full hysterectomy. Providers near you should offer you a free copy of .. Being pelleted has transformed my entire life. I feel and appearance so much better. Browse this great, well-written, totally engaging reserve. Stinks that insurance doesn't cover it.. As an individual who doesn't accept the "report a symptom, write a prescription" approach of conventional medicine, I find his display very convincing. The author, Dr. Gary Donovanitz, practices a hormone replacement therapy that is not broadly accepted by conventional medication. Sadly insurance will not pay for the delivery because FDA will not approve it because there is no chance for a Pharmaceutical to patent it.. Donovanitz also heads a company that makes the pellets, so a mild skepticism may be appropriate, however the introduction claims that he provides over two decades of development and encounter in the therapy. Extremely readable. Which is written to advertise and sell BIOTE I feel and look so much better. It's been about fourteen days and I'm currently feeling better! Educate yourself and your doctor!! Am buying many for family members who could greatly reap the benefits of balancing their hormones! This is essential read for everybody over 40. I desire I could get all of the docs I understand to read it. It's very frustrating how many doctors are in the dark about bioidentical hormones. The individuals must educate their doctors. This is a highly informative book... It's an incredible book, and I finished it in about 8 hours! I am in my late 70's and lead a very active life-style.. Donovanitz to be courageous enough to create this book and outing the wrongs which have been performed to both women and men alike through the season's of our lives... as I examine it, I possibly could see myself explained to a "T" in this book!!! A MUST Go through!! me Dr Donowitz's book to learn saying I might like to try the pellet therapy My Doctor gave me personally Dr Donowitz's book to learn saying I might like to try the

pellet therapy. I was simply pelleted today and received this book from my doctor. as . What an education! I can't believe I by no means heard of BHRT - 20 years post-menopause! It is sad that people are left at night about alternatives for us because the big Pharm's offer 50% of the FDA's spending budget. Read this and find a BioTE provider. Very eye opening to state the least. I'm talking center, cholesterol, diabetes, obesity, emotional.. You can bet if hormone alternative we as vital that you men as it is to women, insurance would cover it. Was able to lose 30 pounds therefore many of my other symptoms possess disappeared. The subtitle - Avoiding Over-Medicine through Natural Hormone Balance - tells the story. Eye-opening!!!! This is a "must read" for everybody! Even if you don't use the information now, it'll be of vital importance in your own future. Not just for women Great information on what hormones can do for health at any age group! Dr.. Dr. You borrowed from it to your wellbeing and well-being to learn this book now! The more I got into the book the more I thought it would be worthwhile to give it a try.. I began to decelerate last year finding it more difficult to get down and weed my backyard and to climb in to the bed of my truck which really is a 4x4 and sits higher when compared to a regular pickup. I got to start utilizing a little folding ladder to climb in and out and then one day I noticed I was hopping in the back by putting my feet on a folding stage that is mounted on the tail gate and simply pulling myself up. I also realized I possibly could get down on the floor with my doggie and could get up easier. Many thanks Dr. I am seven days into my second group of pellets and should notice some positive changes soon. I read this reserve and took action. Great results I would recommend the suggestions in this reserve. I have altered my dietary supplement intake based on it recommendations, and balanced my hormones too. Personally i think better and work better and anticipate better days ahead.



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