

# INFLAMMATION MASTERY

## 4TH EDITION

CLINICAL NUTRITION, FUNCTIONAL MEDICINE, MITOCHONDRIAL DYSFUNCTION, MICROBIOME & DYSBIOSIS, FUNCTIONAL INFLAMMOLOGY, PAIN MANAGEMENT, INTEGRATIVE RHEUMATOLOGY, NUTRITIONAL IMMUNOMODULATION, IMMUNONUTRITION & ANTIVIRAL STRATEGIES

The Colorful and Definitive Guide Toward Health and Vitality  
*and away from the Boredom, Risks, Costs, and Inefficacy of  
Endless Analgesia, Immunosuppression, and Polypharmacy*

3-Part Learning System of Text, Illustrations, and Video



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Alex Vasquez

Inflammation Mastery 4th Edition: The Colorful and Definitive Guide Toward Health and Vitality and away from the Boredom, Risks, Costs, and Inefficacy ... Immunosuppression, and Polypharmacy



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Swelling Mastery 4th Edition combines the recently updated Functional Inflammology and Dr Vasquez's published articles--an exemplary case of which is his recent paradigm-shifting editorial published in the journal Alternate Therapies in Health and Medicine (2014 January). This function may be the culmination of several thousand research publications combined with Dr Vasquez's com. With radiographs, photos, acronyms, illustrations, flowcharts, and detailed-yet-simplifying explanations, Dr Vasquez helps it be easier than ever for clinicians to understand important principles in integrative care and functional medicine and to translate the essential science analysis and molecular biology into treatment plans that can be described and found in "the real world" of clinical practice with patients. The associated video tutorials and recorded live conference presentations further help students and clinicians "patterns of metabolic disturbance and inflammatory dysfunction" via Dr Vasquez's existing in three sequential and overlapping types: 1) metabolic inflammation, 2) allergic irritation, 3) autoimmune irritation. The Inflammation Mastery & Functional Inflammology series of books and movies translates important concepts and nutritional/biomedical technology into easy and practical medical applications for the prevention and treatment of disorders of sustained irritation, which Dr Vasquez describes as "get it"s effective teaching style which embraces complexity while always emphasizing clinical applicability and psychosocial context. This reserve includes access to video presentations which bring in the origin and the different parts of the Useful Inflammology Protocol and FINDSEX® acronym. This textbook also provides access, via reprints or hyperlinks, to Dr Vasquez's a long time of clinical encounter and teaching graduate-level college students and doctorate-level clinicians worldwide. Post-publication updates to this information and important public and clinical contextualization are made available in videos and on the web repositories (gain access to provided in the publication), and the e-newsletter obtainable from InflammationMastery and FunctionallInflammology.s previous Integrative Rheumatology into a new colorized updated textbook of almost 1,200 webpages. The updated section on pain management allows college students and clinicians to comprehend and apply manual, pharmacologic, nutritional and botanical medication treatments for musculoskeletal pain, thereby providing better comfort for patients and avoiding the hazards of NSAIDs, coxibs, steroids, opioids, immunosuppressants/immunoparalytcs and biologics.



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AN ABSOLUTE MUST HAVE REFERENCE I really like Dr Vasquez's materials. This is a must have reference book that needs to be in everyones digital library that methods Functional Medicine. He just tells you the way it really is. I love his work. I am an Herbalist and I find clients and instruct workshops, professionally. Dr. I likewise have several other of his and have been learning from his function for years now. Vasquez website a couple of years back. Hugh Wegwerh Amazing The best book I purchased in my own life Viva Alex I really like his work I bought this on Dr. Thanks a lot for all you perform. All truth! He provides videos aswell and most of his content is excellent. I tend to be highly critical of content these days because anyone can publish anything, but I really like his function and its value having in your library, IMO.



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