

*How one mom dispensed equal doses of humor, humility,
and corporate smarts to help her family navigate
their health care crisis*

QUESTIONING PROTOCOL



by
RANDI REDMOND OSTER

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Questioning Protocol: How to navigate the healthcare system with confidence



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A true story that captures your heart and provides guidance on your own walk through healthcare issues. We have all been ill. And most of us have had a loved one with a serious ailment. It's so very much harder when it's someone you like and a straightforward fix isn't possible. I just don't think she goes far enough, and in doing so, she reveals the very best and worst of most that Corporate America is definitely. She challenged the status quo. This is an honest review. Randi Redmond Oster started with a problem and turned it right into a book to help others deal with the issues she had. (Oh, yes, because the family needed the insurance. So when we have to make a health care decision with life time impacts, we will have another perspective to add to the many strong suggestions we will receive. And, as the mother of a son - now 29 - I could guarantee you my child would've been completely uncomfortable with me sleeping on a sofa in his hospital space when he was between the age groups of 15 and 16. This is one of these. Her "YOU SKILL Now" lists at the end of each chapter were thoughtful, funny, and valuable guidelines for every day life. My vacation reading options are often not literary gems. One of my favorite things to do in this slice of heaven can be to sit in the sand with my feet in the ocean and a book in my hands. While this sounds so simple, Randi implies that it is not really. This year, I was motivated to add one worthwhile book in my vacation collection. I chose Questioning Protocol by Randi Redmond Oster after seeing the post in this group." Just what a remarkable reserve! The title of the book: "Questioning Protocol" is the main message Randi wants to give. Us, which numbered 38 this season, provides been vacationing there for 15 years. This brilliant successful woman used her human brain to insure that those closest to her heart received the best care. And going against typical, the crowd, the collective thinking of what seems like the best and brightest minds takes a strength and determination we hope we've when the time comes. She questioned healthcare providers who were not used to getting questioned. She celebrated the heroes and actually helped to create a few along the way. Everyone involved in patient treatment should read this publication to obtain an education on what their routines, their norms and actually their most brief interactions with patients and family members matter. Those summaries make the reserve very user-friendly. Randi tells the story as if it just happened just yesterday, and pulls us into her fight to do what was best on her behalf son. The publication reads just like a story - the writer takes on a wonderful journey of appreciate for family. I am pretty sure that God made the Outer Banking institutions with heaven as His model. It produced me think back to my own child's have a problem with mental illness, and how quickly everyone wanted to pump him with drugs until he could no more feel anything.) And why would someone with corporate balls the supposed size of Ms. A previous GE engineer with an MBA, Randi made a decision to apply some of her problem-solving talents together with her motivational abilities, with amazing results. It is a wonderful family story and a really must read for anybody trying to traverse the health care environment. That's what you need from a book, ideal? "Questioning Protocol" - Gutsy moves to become the best healthcare advocate. I possibly could not put this book down! We have all had health scares however when your child is ill, it turns into a lot more frightening. Randi's tale brings about the full spectrum of emotions. It's really is touching, heart-warming, heart-wrenching, scary and funny - all at the same time. It's extremely readable, with plenty of first hand tales, and also provides a step-by-step guideline as to how exactly to have this achievement if confronted with a large medical bureaucracy. So, grab it and read something that will help you should anyone ever result in the unfortunate scenario of having someone you care about face a ailment. Randi's personal tale about her family's trip through the healthcare program was well-written and eyes opening. The health care system is definitely a maze and challenging to navigate if you are scared and frightened. It will be a

wonderful issue if everyone facing a medical emergency had these words of wisdom as their help. Rather, they are easy romance reads or suspense novels. She had to fight hard and consider some drastic and gutsy measures to be noticed and respected by the doctors herself. Randi's explanation of her own fear for Gary, how she and her spouse, Steve try hard to keep up the daily routines for his or her younger son, Matt and her ailing mom are honest and natural pictures of how life really is when you have a unwell loved one. It is against this backdrop of emotional and practical struggles that Randi's achievements stand out. Randi's ability to become cool-headed and assess Gary's treatment in light of her corporate knowledge gives the rest of us a tremendous gift. Randi gives us equipment to use if we ever need to face something similar. I can only hope that scanning this publication will inspire everyone to begin with "questioning protocol." Randi Oster's book accounts her first person encounter with the healthcare/hospital system she encountered during her many visits with her young child. She shares her open wounds with the reader - doubts, fears, resilience and triumph. Oster talks about? Through her eye, we are offered a home window onto the ugly underbelly of our current hospital protocol. Will one publication fix our system? In addition, the writer teaches us valuable info from her background and knowledge as a business executive. I found the "tools" by the end of each chapter to be lessons not merely for a hospital check out but also for lifestyle. Randi guides you through the system, teaches you to question protocols and that it's okay to say no to checks or surgeries until you have enough information of the benefits and risks involved. I can only hope that reading this reserve will inspire everyone to begin with "questioning protocol." What if you are not a team player? Two and a half stars, really, because as the mother of four, I understand what Ms. Oster does here. Hospitals are frightening and doctors could be intimidating. I found her method of mothering terrifying - do other women really try to micromanage the feelings of others to the degree that Ms. We listen to touching stories of family members she meets in the hospital, heated questions with healthcare employees and humorous accounts of family members life. Essential read for healthcare providers, patients and patient advocates I just returned home from my very favorite vacation spot, the Outer Banking institutions of North Carolina. Why wasn't the daddy there - at least a few of the period? I applaud her strength but also applaud her gift to all of us - this book. Never brain that the FMLA gives you take leave to look after immediate family members without penalty. Corporate executive types tend to forget things such as that. The issue was that her teenage child was repeatedly hospitalized for a misdiagnosed disease, and Randi had no idea how to challenge the medical profession to be able the get the best care for her boy. Oster's forebear to tell off a group of residents due to what she's wearing and how her hair looks? Significantly? (I'm from Jersey, and suddenly I have much less respect for the Bronx. A "MUST Browse" BOOK FOR YOU AND YOUR FAMILY This is an important book, as we all will be in the hospital, and have a loved one in the hopsital, at onetime or another. This book helps you to understand the prevailing medical protocol, using its many flaws, and what could be done to begin to change the machine and empower the individual from the perspective a loving and concerned mom. What is particularly useful may be the "What You Can Do Now" section by the end of each chapter, which summarizes, in easy to understand language, the important action factors that preceded it for the reason that chapter. Excellent book for anyone coping with medical bureaucracy Full disclosure: I took a writing class with Randi - we were both students at the time. In addition to the lessons to become learned, the book comes alive with wealthy, real-life chartacters, memorable occasions and an excellent dosage of humor. Healthcare providers in all levels should read An eye starting perspective for all healthcare personnel to read. Do yourself a favor

and purchase and browse the book right now before you're thrown into the placement that Randi Oster discovered herself in working with doctor after doctor, many unknown specialists, cryptic and frequently confusing information, and facing many essential decisions to be made on the fly, to greatly help her son, Gary, recover from his chronic medical issues. Beyond being a heart warming and believed provoking story, it also provides education and advocacy for households... Once I started scanning this book, I possibly could not put it down. I give 5 celebrities to book I consider best within their course/genre. She makes the sometimes very sad content very readable, and in some way uplifting. The reader feels there with her - in the automobile in the rain, sitting in the waiting area, the hospital cafeteria, etc. We finally discovered but this might have leap started the process and possibly spared a complication that required months to resolve. No, nonetheless it will leave you with the various tools to navigate your personal way or just how for someone you care about. I would recommend this reserve. It's no wonder that every review so far is a five-star ranking, which is deserved and needed. The book reads just like a story - the author takes on a wonderful . Well crafted and tough to place down. Highly recommend. A remarkable book... This is the tough, tender, painful, exhilarating personal journey of a mother/wife/daughter going through crisis. it's also a guide on how to deal with a sometimes inflexible, coercive, and shortsighted medical system. The story reads such as a novel, the writer as unafraid to tackle her personal ragged emotions as to confront "protocol. Just what a wonderful choice! Great staory and great advice I read this book after seeing Randi speak. This is the publication she wrote about her experiences. Having gone through a similar experience with mother I want I had read this beforehand. What we learn, though, is how exactly to navigate the medical system and advocate for ourselves/family. I would also state that having "grown up" in a GE family myself this advice applies to a lot more than just health care facilities. Be a participant in decisions that impact you! HIGHLY RECOMMENDED A MUST READ WHAT AN ABSOLUTELY BRILLIANT BOOK THIS ONE IS, WHEN HER SON IS IDENTIFIED AS HAVING CROHN'S DISEASE SHE'S TO NAVIGATE HER Method THROUGH A MAZE OF DIFFERENT ALTERNATIVES, TAKE CONTROL OF THE REINS WHILST HER SON UNDERGOES MEDICAL PROCESSES TO EASE HIS PAIN, KEEP STRONG FOR BOTH HIM AND ALL OF THOSE OTHER FAMILY AND JUGGLE HER Function LOAD. ITS A LOVELY STORY, POIGNANT, HEART WRENCHING .



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