

THIRD EDITION -  
REVISED AND EXPANDED

# The **SURVIVAL MEDICINE** Handbook

*THE essential guide  
for when medical help  
is **NOT** on the way*



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The Survival Medicine Handbook: THE essential guide for when medical help is NOT on the way



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If you had to cope with an injury or illness in a disaster, would you know how to proceed? The Survival Medication Handbook is a 670 page detailed information for those who want to be medically ready for just about any disaster where help isn't on the way. This book is compiled by Joe Alton, M.doomandbloom., the premiere medical preparedness specialists from the very best ten survival website [www.R](http://www.R Listed below are are just some of the over 150 topics (175 illustrations) covered:). Listed below are are just some of the over 150 topics (175 illustrations) covered: PRINCIPLES OF MEDICAL PREPAREDNESS-Background OF PREPAREDNESS-USING ALL THE TOOLS IN THE WOODSHED-SPIRITUALITY AND SURVIVAL-MODERN Medication VS.net. and Amy Alton, A.D.P. The extended third edition of the 3 category Amazon bestseller (Survival Skills, Disaster Relief, Protection/First Aid) is targeted at enable the non-medical professional to deal with all the likely issues they'll encounter in catastrophic brief or long-term scenarios. The third (2016) edition of The Survival Medicine Handbook is not your standard first aid book: Unlike other so-known as "survival" medical books, it assumes a disaster, natural or man-made, has eliminated all usage of hospitals or doctors for the near future; you, the average individual, are now the highest medical source left to your family. The Survival Medicine Handbook will give you the tools, in basic English, to competently deal with injuries and disease for just about any circumstance that leaves you as the finish of the line in relation to your family's medical well-getting.N. SURVIVAL MEDICINE-THE IMPORTANCE OF COMMUNITY-HOW TO BECOME A HIGHLY EFFECTIVE MEDIC-LIKELY MEDICAL Problems YOU'LL FACE-MEDICAL Abilities YOU'LL Desire TO LEARN-MEDICAL BAGS, Packages, AND SUPPLIES-HOW TO STERILIZE MEDICAL SUPPLIES-NATURAL REMEDIES, LIKE Natural oils, TEAS, TINCTURES, AND SALVES-THE HEALTH BACKGROUND AND PHYSICAL EXAM-THE MASS CASUALTY INCIDENT-THE Energetic SHOOTER EVENT-PATIENT TRANSPORT-HYGIENE-RELATED MEDICAL ISSUES-LICE, TICKS, AND WORMS-DENTAL ISSUES AND PROCEDURES-RESPIRATORY INFECTIONS-Guidebook TO PROTECTIVE MASKS-Meals AND WATER-BORNE ILLNESS-Drinking water STERILIZATION-DIARRHEAL DISEASE AND DEHYDRATION-Working WITH SEWAGE ISSUES-RODENTS AS DISEASE VECTORS-Meals POISONING-PATHOGENS (DISEASE-CAUSING ORGANISMS)-HOW INFECTIONS SPREAD-APPENDICITIS AND OTHER ABDOMINAL INFECTIONS AND CONDITIONS-HEPATITIS-URINARY TRACT INFECTIONS-INFECTIONS CAUSED BY YEAST-CELLULITIS-ABSCESSSES-TETANUS-MOSQUITO-BORNE ILLNESSES-PANDEMICS-THE SURVIVAL III ROOM -HYPERTHERMIA (Temperature STROKE)-HYPOTHERMIA-FROSTBITE/IMMERSION (TRENCH) FOOT-COLD WATER SAFETY-Dropping THROUGH THE ICE-AVALANCHE PREPAREDNESS-ALTITUDE SICKNESS-WILDFIRE PREPAREDNESS-SMOKE INHALATION-TORNADO PREPAREDNESS-HURRICANE PREPAREDNESS-EARTHQUAKE PREPAREDNESS-FLOOD PREPAREDNESS-MARITIME SURVIVAL-NEAR-DROWNING-VOLCANO PREPAREDNESS-ALLERGIC REACTIONS-ASTHMA-ANAPHYLACTIC SHOCK-POISON IVY, OAK, AND SUMAC-RADIATION SICKNESS-BIOLOGICAL WARFARE-Accidental injuries TO SOFT TISSUES- MINOR WOUNDS-HEMORRHAGIC WOUNDS-PHYSICAL EFFECTS OF BLOOD LOSS-HEMORRHAGE CONTROL-TOURNIQUETS-Industrial BLOOD-CLOTTING AGENTS-KNIFE AND BULLET WOUNDS-BODY ARMOR-THE MEDIC UNDER FIRE-SOFT Cells CHRONIC WOUND CARE-HOW TO SUTURE SKIN-HOW TO STAPLE SKIN-LOCAL NERVE BLOCKS-BLISTERS, SPLINTERS, AND FISHHOOKS-NAIL BED INJURIES-BURN INJURIES-ANIMAL BITES-SNAKE BITES-INSECT BITES AND STINGS-HEAD INJURIES-SPRAINS AND STRAINS-DISLOCATIONS-FRACTURES-PNEUMOTHORAX-

AMPUTATION-THYROID DISEASE-DIABETES-HIGH Bloodstream PRESSURE-HEART DISEASE-ULCER AND ACID REFLUX DISORDER DISEASE-SEIZURE DISORDERS-JOINT DISEASE-KIDNEY AND GALL BLADDER STONES-SKIN RASHES-VARICOSE VEINS-HEMORRHOIDS-AIRWAY OBSTRUCTION-TRACHEOTOMY-CPR IN THE UNCONSCIOUS PATIENT-HEADACHE-Vision TRAUMA AND INFECTIONS-NASAL TRAUMA-EAR INFECTIONS-PREGNANCY AND DELIVERY-ANXIETY AND DEPRESSION-SLEEP DEPRIVATION-More than THE COUNTER DRUGS-PAIN RELIEF-ANTIBIOTICS-EXPIRATION DATES When medical employees are overwhelmed and modern tools is nonexistent, The Survival Medication Handbook is THE essential publication for your library.



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