

SECOND EDITION -
REVISED AND EXPANDED

The **SURVIVAL MEDICINE** Handbook

A guide for when
medical help is
NOT on the way



Joseph Alton, M.D.
Amy Alton, A.R.N.P.

Joseph Alton and

The Survival Medicine Handbook: A Guide for When Help is Not on the Way



[continue reading](#)

The 2nd edition Survival Medication Handbook(tm) is helpful information for those who wish to be medically prepared for just about any disaster where help isn't along the way. Here's just some of the topics protected: · MEDICAL PREPAREDNESS BECOMING A MEDICAL RESOURCE · THE EFFECTIVE SURVIVAL MEDIC · THINGS TO CONSIDER WHILE PREPARING · LIKELY MEDICAL ISSUES YOU WILL Encounter · MEDICAL SKILLS YOU WILL WANT TO LEARN · MEDICAL Items NATURAL TREATMENTS · ESSENTIAL Natural oils · THE MEDICINAL GARDEN · THE PHYSICAL Test · THE MASS CASUALTY INCIDENT · PATIENT Transportation · HYGIENE-RELATED MEDICAL ISSUES · LICE, TICKS, AND WORMS · DENTAL ISSUES · RESPIRATORY INFECTIONS · FOOD AND WATER-BORNE ILLNESS · DIARRHEAL DISEASE/DEHYDRATION · DEALING WITH SEWAGE ISSUES · Meals POISONING · APPENDICITIS/ABDOMINAL Discomfort · URINARY TRACT INFECTIONS · HEPATITIS · PELVIC AND VAGINAL INFECTIONS · WOUND INFECTIONS · ABSCESSSES · TETANUS · MOSQUITO BORNE ILLNESS · FUNGAL Attacks · HYPERTHERMIA (Temperature STROKE) · HYPOTHERMIA · ALTITUDE SICKNESS · WILDFIRE PREPAREDNESS · TORNADO PREPAREDNESS · HURRICANE PREPAREDNESS · EARTHQUAKE PREPAREDNESS · ALLERGIC REACTIONS ASTHMA · POISON IVY, OAK, AND SUMAC · RADIATION SICKNESS · BIOLOGICAL WARFARE · MINOR WOUNDS · Main AND HEMORRHAGIC WOUNDS · SOFT TISSUE WOUND Treatment · WOUND CLOSURE/Open up WOUNDS · Community ANESTHESIA AND NERVE BLOCKS · HOW EXACTLY TO SUTURE/STAPLE SKIN · BLISTERS, SPLINTERS, AND FISHHOOKS · NAIL BED INJURIES · BURN INJURIES · Pet BITES · SNAKE BITES · INSECT BITES AND STINGS · Mind Accidents · SPRAINS AND STRAINS · DISLOCATIONS · FRACTURES · AMPUTATION · THYROID DISEASE · DIABETES · HIGH BLOOD CIRCULATION PRESSURE · CARDIOVASCULAR DISEASE AND CHEST Discomfort · ULCER AND ACID REFLUX DISEASE · SEIZURE DISORDERS · OSTEO-ARTHRITIS · KIDNEY AND GALL BLADDER STONES · SKIN Circumstances · VARICOSE VEINS · CPR · Headaches · EYE Complications · NOSEBLEED · EARACHE · HEMORRHOIDS · CONTRACEPTIVE, PREGNANCY, AND DELIVERY · Stress AND DEPRESSION · Rest DEPRIVATION · ESSENTIAL OVER THE COUNTER Medications · A PRIMER ON PAIN MEDICATIONS · NATURAL TREATMENT · STOCKPILING MEDICATIONS HOW TO USE ANTIBIOTICS, · EXPIRATION DATESD. The Survival Medication Handbook (tm) isn't your standard first aid reserve.R.N. The extended second edition of the 3 category Amazon bestseller (Survival Skills, Disaster Alleviation, Safety/First Aid) is geared to enable the non-medical professional to deal with all the likely issues they'll encounter in catastrophic scenarios., the premiere Medical Preparedness Experts from the very best ten survival site doomandbloom dot net. It assumes that no hospital or doctor comes in the aftermath of a catastrophic event.99 (normal retail \$24.99).P. and Amy Alton, A. This book comes in printing and kindle, and print book buyers can take advantage of Kindle's matchbook program to also buy the digital version for just \$2. This reserve will give you the tools to take care of injuries and illness for when YOU might be the finish of the line in relation to your family's medical well-being. In circumstances where medical personnel are overwhelmed and access to modern technology is bound or non-existent, The Survival Medication Handbook(tm) may be the essential reference publication for each and every library. Written in simple English, you will discover step-by-step instructions on how best to identify and treat over 100 different medical problems. The next edition also covers alternative remedies for almost every possible condition in situations where modern health care is

inaccessible. This publication is written by Joe Alton, M.



[continue reading](#)

"EXTREMELY USEFUL, INFORMATIVE, AND CONCISE!" Within the last 30 years, after working in the health field as a medical professional and obtaining a copy of the first edition of this very helpful guide, this review is outstanding in every aspect as a valuable mention of emergency situations, where no other help is available." The Achilles back heel of the the U. This handbook outlines several conditions for you to identify with since it offers step-by-step instructions, with solutions for unpredicted health problems. This informative guide also prepares for just about any disaster, where help isn't on the method. It really is jam packed with extremely useful information--both for the emergency and for preparing ourselves in the event of one. A few of the topics covered are fractures, nosebleed, chest pain, plus much more. Dr. Four stars rather than five because I thought the book would have a bit more detailed details. I was expecting things such as how exactly to tell someone includes a disease or condition if there's no access to labs/imaging/etc. That is a very important, essential reference book for every home. Highly recommended! I cannot recommend this publication more highly We live on a farm. Our purpose in doing so was to keep all of the trappings of the corporate America lifestyle. With nothing but optimism, we gladly gave up the old lifestyle in favor of the brand new one. We didn't child ourselves; we knew it wouldn't be considered a piece of cake, but we were prepared to put in the task. What was the one thing we hadn't regarded as living deep in the backwoods? What if. Our farm is at the top of a mountain and we fall on a regular basis. great way to experience better prepared. Twice, nevertheless, my falls have needed stitches. Emergency medication... We frequently ask ourselves what if questions. What if my husband hadn't been there and I couldn't travel myself to the er? What if he were house and the roads were blocked, which happens in the boonies all of the time--especially after a major thunderstorm or a tropical storm/hurricane? We bought The Survival Medication Handbook both on Kindle (for tips about what to stock up on and to educate ourselves) and the imprinted version for emergencies. I cannot recommend this book even more highly. It really is specifically designed for the nonmedical professional to help offer and cope with unexpected issues during emergencies. Every family members should have one. You will need a much more comprehensive book for that. It's a classic must have! Good Primer I actually was surprised by how much of this I already knew, but then We am not the normal customer I think. Everything is certainly from the perspective that there surely is no medical help arriving and you may be the only person there to greatly help. This a helpful information for all you to possess a set of all the things you have to be ready for."You will not be sorry you purchased it in any case. Easy to comprehend with diagrams and clear references. These are useful in winning over a Doctors confidence in allowing you to stockpile critical meds, like diabetic sugars control, blood circulation pressure control, etc. is over reliance on computers to do everything.Overall, it was great to read the phrases of a Doctor and Nurse group that get it. They don't really think anybody is a kook for preparing for a societal meltdown. They recognize that within 48 hours, disease would be the most significant killer of people and build the book knowing that.One more "neat" thing is the Doctor maintains a internet site where he demonstrates most of the techniques which will be useful in survival medication. Joseph Alton highlights several medical conditions, covering over 100 medical issues. However now I realize I should have browse the title more clearly. Disappointing Hardly any information, very disappointed become familiar with more simply by saving your money watching YouTube." My bad.This IS the place to start should you have no real knowledge of medicine. Purchasing this book is preferred just for its assets on purchasing much needed supplies from "unusual sources. The book is still useful, due to the suggestions the nurse provides about gardens and medical natural herbs.Jeff A great guidebook The love this book -

(and as the author admits) this is a huge book of everything you need to consider and plan; IF YOU'RE GOING TO BE A CAMP OR COMMUNITY MEDIC. It is a great planning guide with plenty of considerations. This is not a how exactly to practice or administer survival medicine. Whether your home is in the city, the suburbs or in the backwoods, you don't know when usage of a medical center will be hindered. If you already know basic first aid, you are pretty far later on. This is a very readable book full of useful and insightful information. Great guidebook! finds a way to shut down the electrical energy from the Mississippi River to the East Coast or worse, and does it. There is a lot to wade through in this book. The author, a physician, clearly says that many in his book ought to be done when there is no disaster and hospitals with medical personnel are NOT available. You can easily read and worth the purchase price. When disaster of some sort strikes - earthquake, violent riots and lots of firearms used, maybe an EMP strike with a missile from a freighter, whatever the severe situation - then this reserve will end up being invaluable. He also gives lists of materials to possess in a survival medic package also to start patiently putting together and acquiring. Today and get more medical training when possible. He also emphasizes developing a positive attitude about disasters now, a "gloom and bloom" mindset, not a adverse "gloom and doom. Although I've collected hundreds of books that cover this topic, I felt this one is extremely useful for my girl to possess in her home. Talks just a little about mass casualty protocol. This book is hot garbage. Lastly there exists a section on recommended books and research which will be really ideal for advancing your knowledge. discovers a way to turn off the electrical energy from the Mississippi River to the East Coast or worse, and will it, using this publication to be prepared for it will pay off well. S. Once some malevolent hacker or country that hates the U. Amazing recourse for the prepper or medical personel. Amazing! Five Stars Exactly what I wanted. It is easy to read and worth the price. While this doesn't take the place of an EMT and also Basic MEDICAL and CPR program, it does give information that other manuals usually do not. I can't tension how thorough this reserve is certainly. Further the Doc give you some pre-made letters for your physician to see. Most falls result in bruises and nothing even more. I must redo a whole lot of what I had and have to add a couple of things I hadn't considered before. It does say, "Survival Medication Handbook," not "Doctorate Level in Surgery. interesting to read wow. This book is hot garbage. S. Talks just a little about mass casualty protocol, which is great, after that will go EXTENSIVELY into how to use essential oils and herbs (along with fish antibiotics) to treat illnesses. This advice is worthless in an actual no-backup situation. In addition, he provides information on how to take care of different situations, what to appearance for, and how to treat. Great book. Most books train u how to treat something until u get can to a doctor. I finally found a book that teaches you how to proceed when there is no doctor and no hospitals open. This is an extremely comprehensive guide for preppers or medical personnel in emergency situations. If you need to develop a fundamental understanding of first aid and survival medicine, especially some techniques on what things to stock and what things to grow, this can be a good book for you personally! Doing otherwise many medical procedures in his reserve is actually practicing medicine without a license.



[continue reading](#)

download free The Survival Medicine Handbook: A Guide for When Help is Not on the Way epub

download The Survival Medicine Handbook: A Guide for When Help is Not on the Way txt

[download The Elegant Self, A Radical Approach to Personal Evolution for Greater Influence in Life epub](#)

[download Trim Healthy Mama mobi](#)

[download free Surviving a Stalker: Stay Safe. Avoid Conflict. Regain Your Life. ebook](#)