STILL **STANDING** AFTER ALL THE TEARS



PUTTING BACK THE PIECES AFTER ALL HELL BREAKS LOOSE

NINE ACTIONS TO BATTLE YOUR BEAST



Valerie Silveira

Still Standing After All the Tears: Putting Back the Pieces After All Hell Breaks Loose



Still Standing offers plenty of hope I recommend Still Standing for anyone and everyone! At first it is a center breaking, heart wrenching story about a perfectly happy girl gone to heroin and gang violence. Imagine, as a mother or father, doing the most effective for your kids, life seemingly very darn good and BAM! Cathartic, Heartbreaking and relatable This book was very relatable in the way that we have a member of family (current and past) which have been through the same situation. devastating story to greatly help others and provide insight in to the key steps in breaking from your 'beast' by using the experiences of life. Personally, i have 4 friends who've "lost" their children to the horrific drug who fight daily. I'm impressed that she's had the opportunity to categorize the knowledge in the way she do. Having spent period on an identical "roller coaster", I very much appreciate Valerie placing into words and then publishing this reserve. You don't need to be a mother or father of an addict to get something out of this book. I was drowning in fear and anxiety over a family members addiction but reading Valerie's books and following a steps helped me get past all of the drama and negativity. And not simply cope but pick ourselves up off the ground, out of the puddle we've been mired in, get out of shame, guilt & despair, and also live the beautiful life we are right here to have. The writer is certainly using this tragedy and sharing her story to greatly help others .. No matter where you are in your situation at this time, I highly recommend this read.thus courageous. This reserve gives excellent step by step suggestions. everything just goes all wrong!quick read, lots of takeaways for anyone Well crafted account of coping with an addict. I plan on reading it as soon as she is carried out. I finally purchased this reserve, and I'm so glad that I did so! When she was done she said the publication was very empowering in the manner that she experienced like she could have a better approach and understanding to our family members and she could relate in so many ways that it really struck home.. Five Stars Love it Still Standing After all of the Tears This book, combined with the workbook saved my life. This is a reserve that I'll pass along to several people in hopes that they as well, will find these measures useful in creating a more balanced and purposeful lifestyle without the pain & Hindsight is always 20/20. Like the Author. Our hearts break on her behalf and you want to thank her for having the courage to create this book regardless of the immense grief she must be going through. Past, present and long term. I also bought the workbook which accompanies the book and am thinking about completing it as well. I loved this publication and highly recommend it! This author is a survivor .. My addict daughter forwarded me a web link to the news content announcing Valerie's daughter's tragic murder, and a link to Valerie's Facebook group.. Sadly, they both made the decision to walk out the entranceway (again, and again). Both, very beautiful ladies! While she was reading it she was in tears several times throughout and I knew it was because she was relating to our very own personal situation.

This author is this inspiration! She has been to Hell and back, and this is a very intelligently written guidebook for others struggling with a number of situations like this. I love her advice, her positive attitude, and her encouragement. She really helps others to understand where you can place their focus and how to regain a beautiful, fulfilled life despite the apparently never-ending tragedies that people possess been dealt to handle.. It helped me to feel better immediately, and I will continue to use her methods for healing my entire life. I would recommend this book to anyone (especially moms) who are coping . I absolutely loved it!. I just finished reading Still Position After all the Tears. I would highly recommend this publication to anyone (especially moms) who are dealing with the devastation of their child's addiction. When I discovered the reserve, I was at a point where I couldn't seem sensible of my pain but Valerie Silveira provides her personal story to the table and offers not only love and encouragement but useful advice on how to get through the down sides involved with the pain of a chlld's addiction. There is nothing at all sadder in this world than a parent losing the youngster, and Especially when it might have been a different end result. You will do yourself a favor if you opt to purchase and read this specific source. Many thought provoking factors raised that are beneficial for anybody. The book moves into hope and real steps to try get your life back, even though the struggles may continue. It really is a wonderful, insightful direct to parenting which should give hope to any situation.Valerie offers and continues with an extremely bumpy road. They, like Valerie, try to help/repair/save their addict children, while still parenting their various other children all while attempting desperately to live a existence of some type of "normalcy" (like obtaining dressed, going to work, talking to people). I came across it helpful and reassuring.Most of us have our "beasts" to deal with. I'm certainly buying copies for my close friends who are suffering. Hard to place down. My daughter and Valerie's daughter were roommates in rehab for a short while.. I bought this book for my mom after she mentionedHow she have been following a authors story on cultural media and what not really. Recommended To All Parents I have never reviewed a reserve before, but believe it vital that you share a few thoughts. Valerie uses her own heart wrenching & Road drugs, heroin specifically, have become rampant in the united states. A lot of people are losing the battle to addiction and books like these would help family members in being able to help before it's as well late. darkness that follows addiction in virtually any family. I recommend this book to anyone WOW !!! I could not put this book down. I highly recommend this publication to anyone, but especially if you have a pal or love one battling addiction. I noticed myself in Valerie therefore many methods including with child battling addiction and health issues. This publication helped me so very much that I purchased 2 more and sent someone to my MIL and someone to my SIL. Amazing Absolutely amazing!

Five Stars THE BEST . She is very happy she read it and plans on buying more like it.. Five Stars Awesome read for mothers of addicts.. Wonderful resource.. Five Stars This purchase was wonderful. The purchase after this one was in nightmare.. Thanks Valerie to be such an inspiration. Still Standing This book is excellent.. I read it again and again. You aren't alone anymore. Can help you understand and relate to addiction. I anticipate reading it for the same factors and also for the reason of the addiction epidemic in my own area. We all have got struggles, Beasts as Valerie says, and this book has action techniques, not fluff but to the point steps that educate us how to approach it all. Thank you Valerie for all you do on the website and the books. I am forever grateful. Helpful for those coping with Addiction This book is a resource for all those dealing with any type of addiction. Honest and true suggestions. Would recommend.



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