

Discover the Key to Healthier Hair in 21 Days

# The **5** Hair Archetypes

Your Guide to Growing Long Hair

Includes the hair archetype quiz, breakage solution chart, photo style guide, and much more...

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## The 5 Hair Archetypes: Your Guide to Growing Long Hair



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The book has COLOR photos, flow charts, QR codes to video lessons, text boxes plus much more! In The 5 Hair Archetypes, Sharifa Barnett information the innovative model for understanding your hair based on your current routine. Sharifa dispels the most common hair myths and issues you to reconsider your explanations for devoid of the hair of your dreams. You may take The 5 Hair Archetypes Quiz to identify your current archetype. The locks archetypes, or locks personalities, categorize women predicated on their hair behaviors, and share anecdotal tales of real females and Sharifa's own encounter as that archetype. The 5 Hair Archetypes takes a comprehensive, systematic method of hair care which will teach you how to achieve your hair goals. This book also provides practical details for building a regimen that will yield results in 21 times, including: - Suggested routine for each archetype, - Conversation on common hair problems and simple solutions, - Helpful information on properly using extensions to retain length, and much more!



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