



# TOO LATE IN THE AFTERNOON

*One Man's Triumph Over Depression*

**PATRICK DAY**

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**TOO LATE IN THE AFTERNOON: One Man's Triumph Over  
Depression**



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A Story about hope found when lifestyle seemed so hopeless.. Existence seemed so good and the winds of adversity uncovered my weaknesses leaving me with a sense of hopelessness. Mitch Jasper, the primary character in the reserve, was a successful marketing executive who was not successful in his close associations and to find a purposeful life. a pal of someone with despair; He is caught off guard as an old friendship from his youth can be renewed. His once forgotten friend is definitely less successful in the eye of the lifestyle, but Mitch discovers he is a man filled with wisdom and hope. Through the proper friendships and a seek out truth, Mitch is definitely nurtured into a life of wish and purpose. This book is a good read with life changing significance! Dealing with Depression Author Day weaves a wonderful story in regards to a very effective business man who, following selling his "worldly" successful marketing business in Chicago techniques back again to his hometown of Minneapolis - alone. We enthusiastically suggest you select "ADD TO CHART" then read the book. Dave instructs Mitch through the 5 levels of depression by using others using the 3 legged stool concept. As I read, the people in the reserve became friends who seemed to understand my discomfort just like they do Mitch's. After finishing the book (and part of a box of Kleenex), I'd recommend it to anyone dealing with depression or someone you know that is. I smiled, chuckled and cried as the characters experienced powerful interactions with one another. or a professional care giver for people with Depressive disorder. Mary G. This story of wish and triumph offers a unique insight to the thoughts and feelings of the Major depression sufferer in their spiral downward and their journey to recovery. Day offers a multi-disciplinary road map to health insurance and happiness. I recommend this publication to anyone who is suffering from Depression;. He begins a search for significance and purpose by going back to his hometown.. I assure something in this book will make your life better. A existence of depression finds Wish and a future Too Late In The Afternoon brought hope to a hopeless sixty-eight yr old guy whose daily loaf of bread was surviving in the darkness of unhappiness. Have you ever noticed our Creator God can be a God of effectiveness? and they were over comers. I still left the shop with the beans and a reserve that changed my entire life. I found my struggles in life ran parallel to those of Mitch Jasper, the main character in the publication. One leg - physical, one leg - mental, and one leg - spiritual. Too Late In The Afternoon formed a foundation which helped me understand the quicksand of unhappiness. The author included a surprise by the end of the story which has become my very best reward for purchasing the book. Patrick and I have already been meeting for coffee almost weekly for the past two years. I acquired a "birds eye-close-up" look at of their real life challenges. Lately divorced, estranged from his kids, and recovering from a heart attack - 58 year aged Mitch Jasper connects with his childhood greatest friend, Dave Logan. Too Past due in the Afternoon

This is an excellent book about reconciliation, healing, and redemption.. His insight and coaching, which has been God inspired, provides provided a tool box full of recovery tools, that i have used to step out of depression's darkness and into the light of God's love for me. family of someone with melancholy; Pat Day time has written a true to life story which has most of the same ingredients within my life's trip. A couple of days before Xmas I entered a coffee shop to purchase some Guatemalan coffees, a gift for my son. A good story, helps to understand In Too Late in the Afternoon, Pat Day time shares a compelling tale of a guy in mid-life struggling with depression. While an extremely riveting story, in addition, it offers great insight into the physical, cultural and spiritual aspects of battling with and trying to cope with depression. I came across it very enlightening as several members of my family suffer with major depression! An extremely engaging and helpful read!Russ Bennett Too Later in the Afternoon: One Man's Triumph Over Depression Patrick Day has proven a masterful story-teller and educator in his fictional account of Mitch Jasper and his struggles with Depression.



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