



I LOVE YOU.... WHO ARE YOU?

Loving and Caring
for a Parent
with
Alzheimer's

Patti Kerr

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I Love You Who Are You? Loving and Caring for a Parent with Alzheimer's



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An essential book if you are - or may one day - care for a loved one with Alzheimer's disease. The writer, whose mom and grandmother got Alzheimer's, interviewed over 100 caregivers (sons, child, grandchildren and professionals) in order that she could create " The book includes practical and compassionate advice to steer any caregiver from diagnosis to the finish of their journey. The reserve includes: the first techniques every caregiver should take;.the book I wish I experienced while I was caring for my mom" how to address specific/difficult behaviors; talking with kids, grandchildren and teens about Alzheimer's; Caregivers also shared what they did right, what they would have done differently, what they want someone had told them about Alzheimer's, and what they want others to learn about loving and looking after a mother or father with Alzheimer's. finding joy in your trip. how to care for your parent, the caregiver and yourself;



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Fabulous book with terrific insights! The message is very clear and appropriate - ensure that you look after yourself so that you can care for your ill cherished one. An extremely helpful book for anyone taking care of someone else who needs constant care, especially those with Alzheimer's. We are not alone The book is full of stories of people exactly like me, who got to look after an elderly parent looked after has helpful tips regarding the legal facet of having a parent who provides Alzheimer's. I examine this before I needed to, and I'm truly glad I did so. I could notice things that may not seem abnormal in the beginning, however when several odd things were put together, it was apparent my Dad has dementia.. There are many guidelines and insights in this reserve, in addition to stories from people caring for loved ones..not just due to my involvement or due to how much I've come to love and respect Patti Kerr. Actually made me experience better because my mom is in much better shape than the people described in these stories. Also made me feel guilty because most of these people kept their parents with them until it became difficult. Wonderful stories and information I purchased several of these books for myself and co-workers. I really do not care if you examine 12 books on the subject or none at all, Patti's book is crucial read. We find this to be a thing that family members who have a loved one with a memory space related issue should read. It helps to raised understand their challenges. Absolutely a wonderful book. Interesting read! Very great read in understanding this health. It helped me see where I have been and what my children had come through. Wonderful person - Great book Had the pleasure of meeting the author, Wonderful person - Great book!. My mom passed on in 2008 and scanning this book was similar to coming full circle..My take on this disease is definitely that you can not be over educated. Reading the information for current caregivers was heartwarming and I know this book can help a lot of people. Everyone, as well as myself, loved the publication and the information. She went into every part to tell the reader what areas to go for help, how to proceed for the future, everything a care giver must study and know.Inside our encounter caregiving for the first 10 years was tiring but acceptable then the last 3 years was pure 24/7 misery.We was determined to keep my husband house but forced to change that when I actually broke an ankle. Nursing homes was never an option in my reserve but there it had been. I was incorrect, one lawyer had not filed our requests and a new set of laws had entered. I thought we had completed all our paper work early on when my hubby was still comprehending some items. I beg of you to learn what Patti recommend to do and do it now. Do not wait till he/she is quite ill.Read:" I really like you who are you?" again and again, in fact keep it by your bed, or on the kitchen counter are you will require guidance and insight over and over again. Thanks a lot Patti for an excellent job. She was doing what I wished I acquired enough time, energy or travel to do.We thank God for the day I met Patti and for my involvement in this book. The writer interviewed over 100 caregivers, describing their stories and useful solutions for the many day-to-day issues that we encounter.. The publication is a treasure chest of smart and simple suggestions to make the Alzheimer's trip more peaceful and much less stressful, for Alzheimer's sufferers and their caring family members. There are lots of ideas from actual caregivers to control the ever-changing issues, from the first techniques that a family members should take if they suspect a problem, through helping with Activities of Daily living like bathing, to guidance that caregivers wish THEY knew when starting out. I will definitely become recommending it to greatly help friends and/or family that find themselves thrown into this type of caregiver position. The format of the book is quite readable - so I know I'll be picking it up often as my mother and our family continues our journey with Alzheimer's. An honest and real account of the everyday lifestyle of Alzheimer's I had the honor and privilege of sharing my trip with Alzheimer's with Patti Kerr because of this reserve and am thus excited to see it in print. My mother battled this dreaded illness for quite some time and I only wish this book have been around when we were looking after her. This is the biggest reason I wanted to donate to Patti's book. We found out the hard method when legal papers we "thought" were sufficient turned out to be lacking. This book is advice from everyday people like Patti, myself and all the other people who shared their tales. I REALLY LIKE You Who Are You is honest and true..!there are parts that will make you laugh

and others that may cause you to cry. It felt good in order to relate to others journeys and understand that my emotions and reactions towards my mom and Alzheimer's were regular. The tips given is by true people for genuine people. When I shared my journey I shared everything...it came just with time to help me cope with the grief of losing her. A lot of people will survive Alzheimer's and if reading my tale and all the others in this reserve help them a good tiny bit than this book will have made a huge impact on Alzheimer's. This book is a wonderful resource for the countless families (like mine) who are now trying to cope with the challenges and heartbreak of a parent with Alzheimer's disease. Despite the fact that the book came to late to greatly help me care for my mom.. many thanks Patti!even the things I never wanted to admit or live through again. Without this book I don't know where I would be. A must read: My children and so are were part of the interviewing process of this marvelous book. Would highly recommend it to those seeking answers. I still deal with a whole lot of anger and grief for what we went through and reading the various other stories and seeing what Patti went through with her beloved mother has helped me understand I wasn't alone. Every one afflicted with dementia/Alzheimer will react with some similarity and yet throw you for a loop with some behavior you didn't know about.I highly reccommend I REALLY LIKE You Who Are You... Power of Attorney, how to deal with selling their house, etc. There is even a section where grandchildren describe in their own terms how they experienced and coped with a grandparent's disease - and advice for parents in how to talk to their kids about their feelings.Patti has all the basis covered.but because I UNDERSTAND this book can help you on your journey. Really enjoyed this book Wonderful insight! Enjoyed scanning this book and obtaining insiders perspective. You should buy this book. Patti has done an incredible job of sharing her personal trip with Alzheimer's Disease through the eyes of a caregiver. Having cared for family members and getting together with caregivers and advocacy agencies through speaking opportunities makes her the go-to source for information on how to treatment for someone you care about with Alzheimer's Disease. "Chris" Most Important Resource I took this reserve with me on vacation the other day and all I can tell you is WOW! When my husband and I first began to take care of my mother in law, there wasn't very much around to get suggestions or pointers on how best to make the work a little much easier. This book is more than medical mumbo jumbo and tips from doctors etc. We'd many sleepless nights because we'd to "keep view" on mother to maintain her from wandering. Nobody ready us for what we had taken on.Every day we are learning more and more about Alzheimer's and for Patti to put together a book like this is something special from God. Excellent Instruction ! My participation was extremely cathartic for me, as my caregiving time had ended at that time. I thank God Patti has this out there for others to use as a resource. It's been a blessing to me getting to know Patti through this technique, and I pray this publication will help other people within their journey with Alzheimers. Among the participants We also had the chance to contribute a few of my tale to Patti's reserve. Reading it had been a bittersweet experience because I had lost my mom in February 2010 and it was like I was reliving my encounter - the highs and the lows. Just what a valuable reference that I wished I acquired as I began my caregiver journey into the globe of Alzheimer's back 2001. Thank you for creating this reserve for all people unsuspecting people that don't know yet they will need it. There is a good section on learning where to find occasions of joy with your parent, regardless of the stress and difficulties we all face battling this disease. Wishing you much success with the reserve and the very best of fortune with whatever the near future holds for all those.



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