

YUMMY YUM for EVERYONE



Including quick
homemade, moist
and soft sandwich
bread, given the
thumbs up by children
with no food allergies



No dairy • No eggs
No wheat • No gluten • No soy
• No peanuts • No nuts
No seafood • No Xanthum Gum
AT ALL



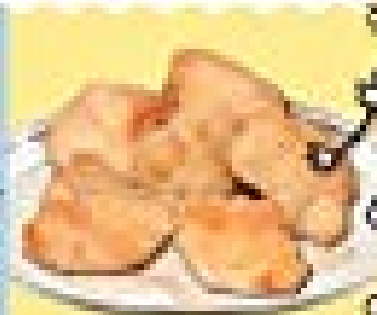
Nutritious Recipes for
babies, toddlers
and preschool children



by
Denise
McCabe



Tasty
treats and
fingerfoods
that are sure
to make a
picky eater
happy



Recipes can
be easily
customized
for individual
food allergies



Denise McCabe and

Yummy Yum for Everyone: A Childrens Allergy Cookbook (Completely Dairy-Free, Egg-Free, Wheat-Free, Gluten-Free, Soy-Free, Peanut-Free, Nut-Fre



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“A truly realistic children’s multiple meals allergy cookbook that was created by a Mother of a picky eater herself, with an enthusiastic eye for what kids will eat and what families can make. Thin crust pizza brownies that taste like the brownies you grew up on and a focus on well-planned nutritious toddler and kid friendly foods such as poultry carrot cakes.” All this with the safe knowledge that there surely is zero dairy, eggs, wheat, gluten, soy, peanuts, nuts, seafood or xanthum gum in any recipe in this reserve so everyone can enjoy. The writer even shows that making sandwich bread is often as basic as baking a cake and move the high bar of kids with and without meals allergies!



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Great place for ideas... I acquired this book after finding out that my youngest of 3 sons is allergic to eggs, milk, wheat, soy, peanuts, celery, and shrimp. Not visually interesting enough for kids Just because you utilize Comic Sans and stick figures doesn't produce it kid-friendly. I like to cook in mass and freeze items since, with 3 kids under 4 and all very busy boys, I don't have considerable time to cook smaller amounts everyday, This book doesn't give me that. I will be searching for another publication that will be more helpful. Cool factors in the book. The recipes were great but most were things the majority of us know to do. Good book for someone who is just beginning to learn to prepare but for most save your valuable money. dairy free. Seriously, one recipe for chicken bites was chicken, rice milk, rice flour, salt to flavor, and frying oil. Great things in the book remaining this in paper box in the torrential rain on the porch. Not all that great! No one could tell there have been any substitutions. They were delicious. I purchased this publication for my girl, and she produced the cupcakes in there for the granddaughter's party. Wish it wasn't soggy Love the recipes My granddaughter was identified as having an allergy to dairy and to peanuts/peanut oil. Many thanks so much. bleh Purchased this to obtain recipe suggestions for my boy who had food allergies. I'd have saved my money. I ended up simply substituting in my own regular recipes to create my meals soy & The dishes are child friendly but I'd like a cookbook that gives me different ideas. Five Stars Very good product Two Stars Thought I'd be getting ultimately more for my money. This has some concepts and is made for toddlers, but I cannot eat whatever contains these elements since he's still nursing and the tiny serving sizes just look like a whole lot of hassle. Needs pictures of actual food and white space. Too cluttered visually for children. The recipes seem ok (haven't tried any; it's a gift) but if all you have to are recipes, you can find those online. This (and all cookbooks, for example) should be lay-flat spiral bound. Three Stars Recipes use glucose and sugar is as harmful and the allergens. Five Stars Lots of different recipes Couple good quality recipes rest I don't know whose kids would eat I wish I would have observed this in a shop before buying & not so impressed with the grade of recipes in this book.



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