## GIFTS of ACCEPTANCE

Embracing People and Things as They Are

## Daniel A. Miller

Best-selling author of Iming Control. Finding Streets

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The Gifts of Acceptance: Embracing People And Things as They Are



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An invitation to freedom We'm halfway through the publication.. The true life tales of ACCEPTANCE that the author shares are gut wrenching and heart warning both. We carry out need to pause and grieve in lifestyle.. I love the reserve, and would provide it more than five stars easily could!but felt like I needed to advocate for anybody considering buying this reserve. The invitation to "accept what is" has already brought me items of relief, hope, peace, and good cheer. The publication reinforced the theory that, sometimes, I too need to keep my solid opinions in balance and must also accept decisions and outcomes with that i do not totally concur. (my journaling has become more mild, loving toward myself and others, healing, real.) Somehow this is taking place in an extremely gentle method. This is not a book that's likely to make you feel just like it's attacking you. It's an invitation to love, joy, peace, independence. The author's stories and others' keep it real. I simply downloaded his other book about control.have never paused to write a review. Occasionally for awhile as grief provides it's important way with us. Most books quickly fade in memory space and are changed by ever changing events, but Daniel's reserve on acceptance is frequently relevant to daily situations. I was ready, and have been blessed by this publication's helpful coaching currently. This book is terrific! I've already recommended this reserve to many friends and clients. It's terrific, and timely too, especially with all that's heading on in the globe... Miller's book issues us to forget about control, to move out of victimhood into triumph by mindfully accepting what's and what isn't. We all have been dealing with some events, people and situations over which we've no control.. Good read My appreciation of Daniel Miller's book just dawned on me months after I read it. The publication is full of 'hope and probability' and specific techniques and methods on how best to live a far more peaceful, meaningful and joy filled life. I could now know how "acceptance" can help me confront why We CANNOT accept, and then move toward healing my very own woundedness. But "acceptance" can help us LIVE into our lives whenever we are ready. I would have chosen the message of chapter three to end up being emphasized in chapter one. Good read Like the book Helpful book This was an excellent book and was helpful in identifying some area of my entire life that require work. We are not alone!



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