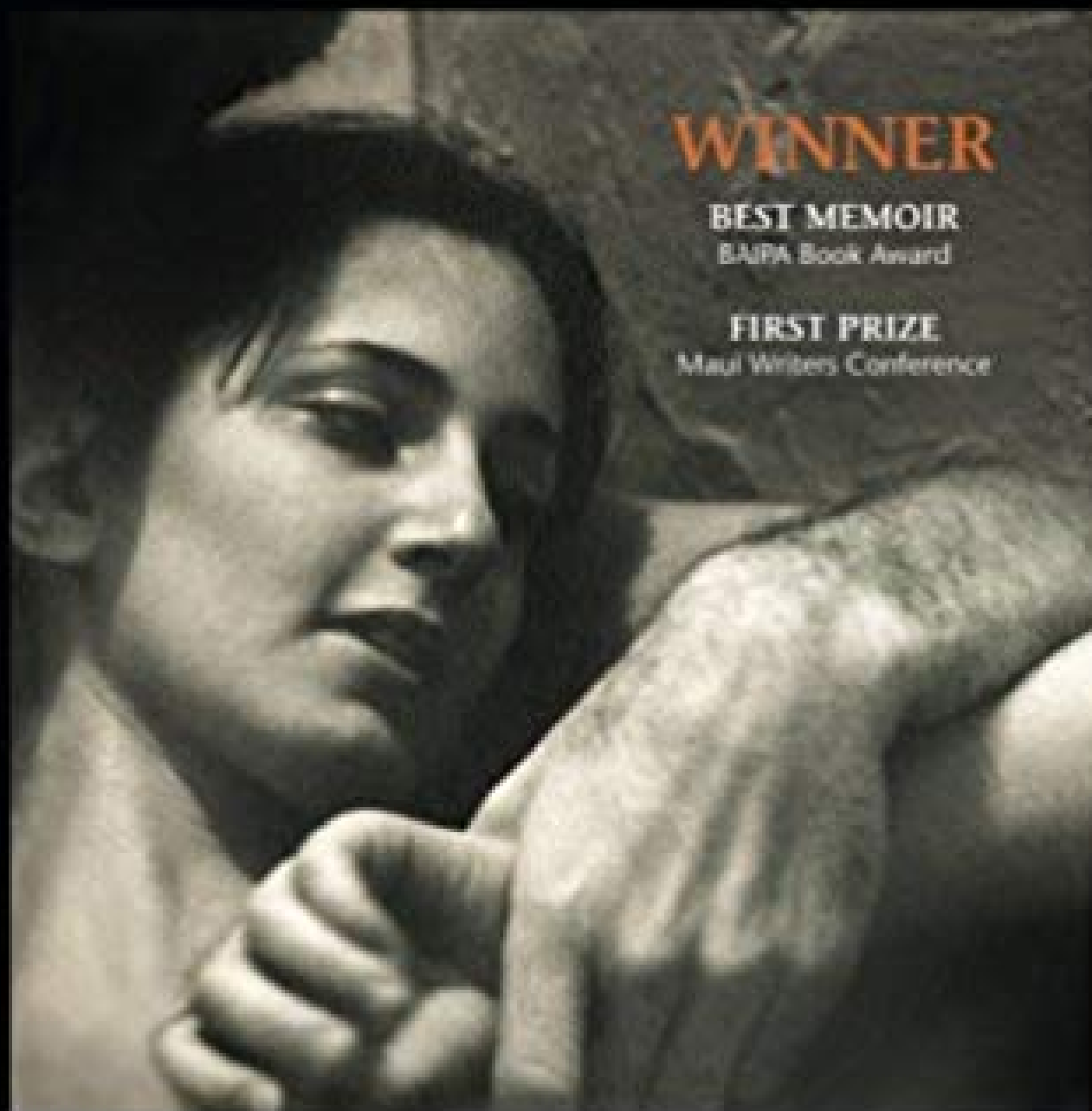


GRIP

A MEMOIR
OF FIERCE
ATTRACTIONS



WINNER

BEST MEMOIR

BAIPA Book Award

FIRST PRIZE

Maul Writers Conference

N I N A H A M B E R G

Nina Hamberg

Grip: A Memoir of Fierce Attractions



[continue reading](#)

When the Alarm Bells Go Off I found much that was thought-provoking in Nina Hamberg's well crafted, remarkably honest and candid memoir, Grip. The first thing this work brings to mind may be the initial paragraph of Leo Tolstoy's Anna Karenina: "All happy families are as well.) Again alarm bells go off, and once again Nina fails to heed them. Sorry but I really do not like abuse in any form specifically to an pet. Her mother is nearly completely personal absorbed and her usually mild mannered father proves with the capacity of frightening violence. In her later teens Nina is assaulted in her own bed by a stalker, an intensely traumatic experience for any girl. She is a remarkable author and uses the reader on a fascinating trip from the first crisis when she survives a potential rapist and asks him, "What would your mother say if she saw you now? Nobody in her family, her community, or among her close friends responds appropriately to this traumatic incident. There is absolutely no counseling, no closure, and the assailant is definitely never found. A poignant, lovely, honest memoir In a flowing, colorful style of writing, Nina Hamberg brings together her vulnerability and her strength. One of Nina's responses is to take up Kenpo, a style, and pursue a dark belt. This would seem a very rational way of dealing with emotions of vulnerability. The reserve is so well written that I read it from cover to cover without stopping. Some females, after such a frightening knowledge would turn from men completely. Nina seems identified to confront her demons at once! Her first romantic relationship, with Paul, seems benign enough, but it is not a significant committed relationship on the part of either. Lee comes from a family a lot more dysfunctional than Nina's personal, has serious control and anger issues and is barely literate (in contrast to Nina's obvious verbal acumen. It seems like the woman did not learn from the abuse. 1 day an acquaintance named Stephen breaks into her house while her roommate has gone out with a band, and essentially offers Nina his providers as a stud. The BUNNIES and I provide this book 2-Carrots. Alarm bells set off, of training course, but Nina's perceived desires and needs of as soon as over-trip them. Nina's next relationship, equally problematic, has been Lee, an instructor at her Kenpo dojo. It really is more of a romantic relationship of comfort. Every unhappy family is definitely miserable in it's own peculiar fashion. In her early thirties Nina finally gets the man-woman thing right. Is it blind luck or has she learned something? I believe every young girl should browse this memoir. Perhaps even more of us will heed the alarm bells when they go off. A female working through her baggage Hold is wonderfully scenic and compelling. It really is with her relations with guys, however, that something appears amiss. As such I possibly could have established it down and forgotten it. Her screams impel the intruder to keep but not before he offers gashed her thigh with a knife.", through her life while a top woman Karate fighter, to her fierce advocacy for women's privileges. There is usually humor, pathos, nail biting passages, and I came across myself rooting on her behalf throughout. The options she makes are not easy ones but they finally evolve into her locating her self and a fresh life. I would recommend this publication to all readers who are looking for an exciting true story told with great artistry. Nina is usually left to cope with this major trauma on her behalf own! Sometimes poignant, frequently touches universal psychological truths, a lovely, honest memoir. Memoir This is actually the true-life account of Nina Hamberg, a woman who experienced violence as a result of others, and though she struggled, did not allow it to ultimately define her. Beginning in her teenage years, Nina learns accurate fear and doubt whenever a stranger breaks into her house so that they can rape her. Nina Hamberg was raised tough, and was scarred. I can not go on. The book, written in a narrative style, had barely fleshed out characters who did not elicit any empathy. Though I don't usually browse memoirs all that often, I found Nina's story to be one which kept my attention, especially using its ups and downs. This is a triumphant tale of survival, and even though Nina experiences many hardships, her memoir is normally one which teaches readers a lot about what it is prefer to live a lifestyle haunted by a traumatic knowledge. (Please be aware: I use the rating program of Goodreads, which is different from Amazon. She continued the abuse others including animals.) Grip is Great! I read this memoir while We was on holiday, and wanted to say that not only was it an excellent read while laying on the seaside in Hawaii, nonetheless it is a very thoughtful and well-crafted tale.

The echoes and aftershocks of the author's initial attack were fascinating to me, how again and again she was haunted by the storage, or acquired to relive it in a single form or another. I enjoyed how the author tied her childhood and parenting into later human relationships, and how all the tales were informed with fierce honesty. As a article writer, I specifically appreciated the Afterword, the way the tale emerged from the draft of the writing. I experienced a similar process. That is the stuff of the memoir. Well done!

not Gripped As a novel Grip would have been a mildly interesting tale about mental, emotional and physical abuse at the hands of parents, siblings, culture, and lovers. I wanted to find out how Nina Hamberg uses her wits and imagination to get through every experience that would no doubt fell someone else. But it is definitely a memoir meant to elicit an emotional response. Unfortunately the author writes dispassionately about her experiences, so the picture of her knife attack, and subsequent abuses by enthusiasts did not resonate. Abusive relationship following abusive relationship, Nina struggles to remain in charge, and watching her spiral downward, only to finally come out on top, was harrowing but satisfying. Although she suffered a physical attack, that could have left her dead, literally no one gave a damn. And to make things even worse she wrote this section therefore dispassionately she left this reader not especially offering a damn either. Because of being raised by immature, emotionally deficient parents and neglected by her only sibling, the author-protagonist emerged unformed into her adult years. As in lots of similar histories, this left a shell of a person, somebody harboring deeply repressed anger, who expressed this in aggressive and sexually promiscuous behavior leading to repeated destructive life choices. The physical publication felt good to hold, nice quality paper, and not an individual mistake that I could detect. Not Worth Reading This book was a Library Thing contest win. I will admit to not have been abused by my parents but I was abused by my 1st husband. After she leaves Paul she moves into a house with a female friend. My overall ranking is that I liked it. Everyone's got them, however they are hard to portray, and Hamberg does therefore without rancor. I can not know how she became to work with at-risk youth. Or why she allowed her self to be treated in such a way. While this reserve is about the memoir's of an abused woman. I did not really consider it out of my kid, my pets nothing. I took my anger out on paper. I am stopping about writing this review. From the authorities who didn't take her contact seriously to her individual mother, who tried to brush it all beneath the rug, Nina found herself only and ashamed, and through this memoir, she bares her soul as a way to finally lay her demons to rest. I will just get angry and this book is not worth it. How many other benefits could a relationship with this unemployed ex-convict possibly offer?" Nina makes clear from the start that her family was extremely unhappy and dysfunctional. Among the best Memoirs I have Read We was amazed at every change of the page the way the writer, a petite five feet woman survives one heartache after another, including bad options in men. In the way of Tobias Wolff's great memoirs, Grip's meaning is certainly embedded in its tale. Though she defends herself, both a physical and internal scar stay an outward reminder of her trials and tribulations of this night time, and an inward reminder of most those around her who did nothing to help. An excellent achievement. I don't think I have go through a memoir that so well captures not-quite-right relationships. This author didn't realize that abuse in any form irrespective of where it came from or who it originated from is wrong. A narrative of her subsequent fraught romantic relationships with guys who are afflicted with their own baggage, Hold is frank sexually without having to be overly graphic.



[continue reading](#)

download free Grip: A Memoir of Fierce Attractions fb2

download Grip: A Memoir of Fierce Attractions ebook

[download free Don't Stop Now: Making the Most of the Rest of Your Life e-book](#)

[download Dropping Acid: The Reflux Diet Cookbook & Cure djvu](#)

[download Organic Beauty With Essential Oil: Over 400+ Homemade Recipes For Natural Skin Care, Hair Care and Bath & Body Products djvu](#)