

AIR, AND THEY WILL TELL YOU. OR SPEAK TO THE

AND THE BIRDS OF THE

EARTH, AND IT WILL TEACH YOU, AND THE FISH OF THE SEA WILL INFORM YOU.

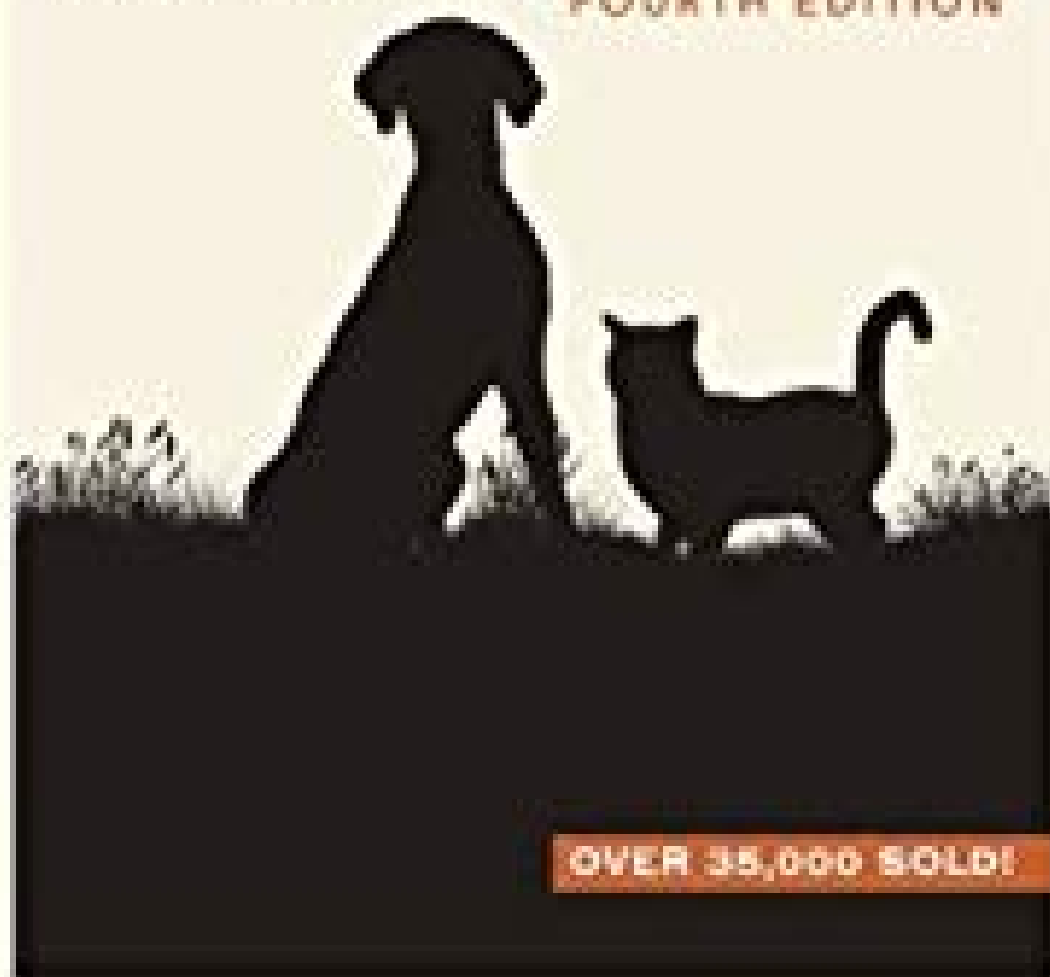
**DR. BECKER'S**

# **REAL FOOD**

**FOR HEALTHY  
DOGS & CATS**

**SIMPLE HOMEMADE FOOD**

FOURTH EDITION



**OVER 35,000 SOLD!**

**BETH TAYLOR & KAREN SHAW BECKER, DVM**

*Beth Taylor and Karen Shaw Becker DVM*

## **Dr. Becker's Real Food for Healthy Dogs and Cats**



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Based on the ancestral diet programs of cats and dogs, this book provides a rotation program and recipes for a meat-based diet which includes appropriate degrees of vegetables, fruits and supplements to complete the diet, analyzed to make sure that nutrition needs are met.



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real food for pets After watching Dr. Becker's video about true food for my household pets, I bought the reserve. There is far more to the than I was expecting, given the impression I was left with after watching the video. That is more included than I believed it could be and I do not contain the money to buy a few of the equipment needed to produce the meals. I am on a restricted income therefore i thought this would be the method for me to go to care for my pets more healthfully. It is a well written publication and it did give me a lot of insight to the way I was feeding my pets. I would recommend this publication to people since it does give helpful information. Dr Karen Becker makes it easy to understand and formulate quality recipes to assist you feed your cats and dogs a balanced species appropriate diet plan. I'd need a veterinary nutrition Certificate to comprehend this book. I did so not purchase this book from Amazon, but from the Mercola website two years ago. It truly is important to read the publication from Chapter 1, and not bounce around an excessive amount of, which was how I started. But mainly because I read the second half of the reserve it clicked. Actually when I raised the dark spots that right now progressed into complete blown fungal contamination, the vet or veterinarian tech (I cannot remember) told me they were freckles. I have taken him to the vet regularly for examinations and my vet hardly ever mentioned these exact things either. I do like her idea of rotating proteins through the week. Making your own supplements is kind of nifty, as well.. I also pointed out that they don't really drink as much water as they did when they were on dried out kibble. I want there was one enjoy it for human beings, haha! Initially, it is a little overwhelming with the charts, and the theory that there are several components to each food you need to combine together each time, but 15 mins involved with it, I realized that it is something I can really do and so is it possible to! Obviously I've tailored it to be as convenient as easy for me, but honestly, I love the theory that my dog gets all the nutrition he needs and non-e of the junk that regular dogs in the wild don't eat. There is no excuse for such horrible, horrible organization! Nevertheless, my dog developed a fungal condition of the skin and after googling it (google!), I ran across Dr. Becker's content on dog fungal attacks and how diet is actually the main factor to change. And began my homemade dog food journey. 14 days later I have seen some improvements, but it's not completely gone. While their hearts are in the right place, I can only think they must have a commercial food scale and a huge Vitamix or two, with multiple spiggots for portion size. The main one amazing factor I did so notice the FOLLOWING DAY after getting him from processed dog meals (and he was on Blue Grain Totally free! When I read the first half of the publication, I thought, wow that is complicated. I didn't really they weren't bright and clear until then. He used to possess pretty regular attention gunk (gross - sorry), however in 2 weeks I have just seen it once right now. Also, his fur is a lot softer AND his epidermis is actually normal complexion now. Again I didn't understand he was pink around and that was unusual until I noticed the normal skin tone after he got off of the processed food. Of training course, I read Dr. Becker's article about pet dog fungal attacks and she stated some dog's are reacting so badly to their food that they're pink from the end of the nasal area to the tip of the tail, and I was like, hm, glad my dog does not have that. Lo and behold, he did, but I didn't recognize it until after it was gone. Although it may appear to be I am the most unobservant pet owner ever, honestly they are very subtle adjustments and you would hardly ever know it till after. the only reason that would be necessary is if you only need details from your dog section OR the cat section, but not both. She basically says the same things in your dog section that she says in the cat section; Helpful. Also, please don't end up being overwhelmed by the supplement powder you have to make. Initially I tried to discover one I could buy, but since all of the products that I came across didn't give levels of the vitamins, I just bit the bullet and managed to get myself because if I would go this far, may as well go all the way and make sure he is actually getting vitamins. You can find all the vitamins on Amazon, and while Dr. They seem to have so very much energy right now and their coats are the greatest I have seen.) and simply opened up the capsules and dumped out the powder. There aren't really that lots of capsules to break open - I think it took me less than 15 minutes. Buy a cute small mason jar and a calculating spoon and you're good to go! Honestly, this is THE best book on pet nutrition, the end. Horrible

Organization HELPS IT BE a Disaster I know of Dr. Becker's reputation, therefore i assume this publication contains valuable information. This is why I gave it two superstars, not one. This book is incredibly tough to use!! Not suggested at all. It really is ridiculously complicated!! There's no excuse for the book to be so badly organized. For example, one area of the book lists five the different parts of dog food: meat mix, vegetable and fruit mix, bone meal or bone, mineral and vitamin supplement, and fatty acid health supplement. Little section on cats. I don't see many people spending hours with a notepad flipping between multiple parts of the book simply to figure out what to feed their pet.. Uncovering proportions/dosage is certainly another horrid ordeal! My wife and I switched our 2 golden retrievers to the diet.) In a totally different section of the reserve, hidden away in the middle of a chapter, the authors put eggs and sardines/salmon. A newish dog owner, I never really do understand why there have been grains and potatoes in doggie food since I couldn't imagine a dog eating potatoes and grains in the wild, but since it is literally almost the only choice out there for dog good, I would purchase it.. My BA in Education is useless here. Becker's movies on Youtube but this book .) is that his eyes were immediately brighter and clearer. The author repeats herself, often. be sure to read the whole reserve to insure total health insurance and nutrients for your pet. I am confident this information is valuable, but also for 99% (literally, once again) of individuals, this book is as well poorly organized to be helpful. They are both in regards to a year outdated, and after a week or two on the diet they appear to glow. Becker says just toss them in a blender in the capsule type, I prefer to minimize the steps (why blend and then sift out the capsules? Five Stars Informative and useful book. I wish there was one like it for humans This book is incredible. The raw diet plan is 70 percent drinking water, in comparison to 12 percent drinking water in dry dog food. I also enjoyed the recipe for the mineral dietary supplement to ensure the dogs are getting the minerals they need. I recommend this reserve to anyone wishing to get away from the corrupt pet meals sector and feed their dogs a healthy, balanced raw food diet. I like Dr.!.. I like Dr. Becker's video clips on Youtube but this book was written very poor, complicated. Challenging to read You can't really find info or recipee fast, I like her videos but this book is a lemon for me. I have actually spent hours dissecting the chapters and appendices, acquiring notes and earmarking webpages, to try to decipher what I should feed my pet.. Alot of info in this publication. The chart that you fill out is usually a big help. . Organic food for our pets Educational Five Stars Very helpful real food Yes you'll be able to make do-it-yourself dog meals.! to be really involved in home cooking to create best use way too much details for a novice - have to be really involved with home cooking to create best use EXCELLENT knowledge for your dog's strength and lifestyle longevity Just read it. Original book purchased direct from the Mercola website, and unusable. There is no index in this publication, so if you need to find something, quickly, you can't. I have no idea concerning this updated version, but the original was worthless; no index, page figures were not throughout, and extremely complicated recipes without very much distinction between pet sizes, age range or breeds. (All have their separate quality recipes. I think it'll be a slowish procedure, and hopefully the probiotic I added in will change lives. not great like I was hoping It's ok, not great like We was hoping. Great Book! My husband and I adopt only older, undesirable canines, and we foster feral, abandoned, and often pregnant cats (working with a rescue that will pay medical expenses); we have nine at the moment, with seven of them kittens from newborns to five weeks. We really need a thorough, age and breed suitable, well indexed cook book. (I've had golden retrievers for the last 25 years). Dr Karen Becker makes it simple to comprehend and formulate quality recipes to assist you feed .I have taken a few her tips that I might implement into my dogs' diets, but total I didn't really need this book. The recipe for each of the parts is God-only-knows where in the reserve. Even though you don't make meals for your house animals this publication explains what you should look for whenever choosing food, so that you can feed your domestic pets better.



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