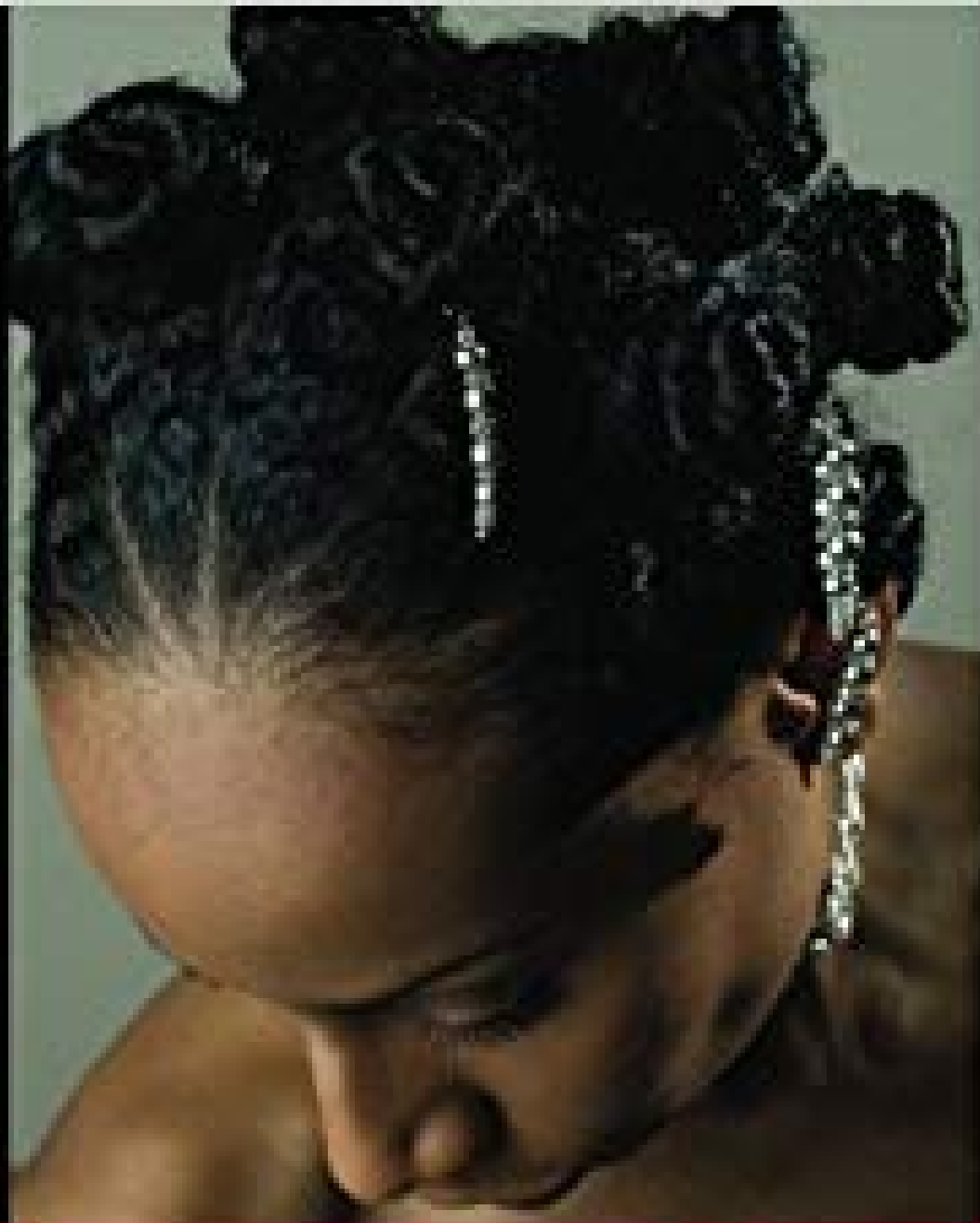




Beauty By Bit



Grow It!

How to Grow Afro-Textured Hair to
Maximum Lengths in the Shortest Time

CHICORO

chicoro

Grow It: How to Grow Afro-Textured Hair to Maximum Lengths in the Shortest Time



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Grow It walks you through a straightforward six step course of action to assist you understand which actions donate to gaining healthy size and which actions usually do not. The more you know the more you grow! Who says afro-textured hair can't grow long?



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so good I've bought several I bought a number of these for family members and friends...Not just influenced me to move natural, provided clear understanding of history wrongs, myths and what I actually needed to change and watch out for. The just negative about this book is also a positive concerning this publication, she doesn't tell give any information regarding products...which I'm pleased cause I would've believed she was attempting to just sell me stuff but once I proceeded to go natural I acquired no idea where to begin. This reserve along with[. Who understood?.] gave me 14 inches of hair in 24 months Paradigm shift.. She lately visited us and had her locks blown out. I would recommend two books re: growing afro-textured hair. I didn't consider developing my hair longer than past my shoulders (my previous breaking stage). Refreshingly, this book doesn't focus on product selection, but on process and purpose with a simple scientific explanation for each step. I've already modified my method of my hair treatment. It is amazing just how many small changes I had a need to make. Thankful that I manufactured the effort to learn this book recently.... It's healthy and strong and I REALLY LIKE IT!. I was skeptical. I've been on my natural locks journey for 6years today. I sensed like nothing she could say could possibly prove me incorrect.It took me six months to sit straight down and actually write this review.!Not only did I complete the reading in 24hrs (awesome read btw) but I also started implementing the procedure the first evening!Anyone who is hesitating on purchasing this publication, don't. I learned about cleansing my locks and scalp into sections, using smoothing techniques both before and after detangling.. Why, because I'd like YOU to know that the information in here's golden. Thanks Five Stars great information concerning my hair texture Good start Quick read..well Miss Chicoro sure did! My organic hair took a Total turn around! I threw aside my shampoo and began co-washing. That is some solid, precious information that I desire I had learned 6 years prior to my hair trip! This book is filled with tremendously enlightening details on textured hair;Happy natural journey,Cinammon/NasdaqDiva The author takes a whole chapter to tell you what ...My girl is biracial and has "shirley temple" type curls.. I'll trade this publication in at my regional used bookstore along with others I no longer want. Great ideas My sister lives in Denmark and they have no idea how exactly to relax black locks. how exactly to understand hair, how to look after hair and other things about locks you need to know.. I felt therefore empowered after reading this publication that my approach to my hair treatment has turned into a pleasurable practice for me personally. She told me concerning this book. I've relaxed hair which one is usually geared for natural hair. The writer has great ideas you may use for both types. I no longer tie my hair in ponytails. I try to either use it out or in two French braids in order to avoid the pulling that usually breaks my locks. I let my locks dry naturally rather than using a blow drier. I am more conscious of the oils and conditioners

that I use good reference.. The author takes an entire chapter to tell you what could be written in only a few paragraphs. I utilized the author's guidance on pulling tangles aside while hair is dried out and with your fingers rather than a comb. Also using her technique of detangling, I could grab a mat and knot that usually would have resulted in obtaining some scissors. My child usually cries when I comb her hair, but she produced no noise! The very next day I used the comb, and she said, no do this other technique. This reserve is excellent. Where was it when I was a kid. The information wasn't clear either.. Lol. I'll see how my locks do in 6 months. Good information but... This book has great info and is in a very positive tone. My only real complaint may be the sub-par composing and lack of using an editor before publishing. Key take aways: the 'B' in obvious is NOT silent; and that we should all have faith our locks grow just fine. Thanks for the effort and care placed into this great book. This author knows her stuff!? In the author's understanding the reader becomes knowledgeable. Chicoro is a beautiful girl inside and out, and I am therefore thankful that she was ready to share her understanding with all of us! She has experienced to grow her locks natural. Her locks were thick and to the center of her back. Thanks for your time and effort and care put into this great book. Five Stars This book was VERY helpful! At your wits end with your natural?! READ THIS BOOK The hair bible.. But, to be reasonable, the author did state that the information in this book isn't new neither is it based on science, just her opinion and encounter. I purchased this book back Jan/Feb 2009. That's it . Plenty of insight. All of this info are available in drips and drabs all over the internet, but here it is in a comprehensive presentation with just a little research to let you know the whys and hows. Also she isn't pushing products (soooo tired of that) Thankful that I built the effort to read this book . In fact, you can get all this details from YouTube and reading organic Hair sites like curl centric. clarified what would have to be adjusted in my own hair routine. Not much new Not much new in this book. Grow It!. Its contents are to the point and practical. That one, and The Science of Black Hair. Chicoro! Thank you, Ms. However, now i am confident that I can develop it beyond that time (because of what I've discovered in this publication). Interesting and phenomenal read This inspiring book help me to understand the hair I was born with looked after help me figure out how to care for my unique texture. My hair provides retained at least 4 inches since I've began w/ Chicoro's methods! Pretty good though, I appreciated reading it..fundamental info..! I also make certain my purse straps aren't grabbing my hair. Head to Greenbeauty or Curly Proverbs on YouTube for great tips and detailed info.



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