

# *Essential Oils Companion*

SECOND EDITION

## **Dr. Mom's Essential Oils First Aid**

**COPING WITH NON-EMERGENCY  
MISHAPS IN A NATURAL WAY!**



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Judy Jehn and

## Dr Mom's Essential Oils First Aid: Coping With Non-Emergency Mishaps In A Natural Way!



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Moms frequently have several work descriptions -- chauffeur, chef, maid and even doctor. When your children need the care that only a mother can give, try treating them by natural means. This information will be helpful for the commonplace mishaps that are all-too-common in the lives of moms everywhere. This reserve is an excellent introduction to many uses of essential natural oils in treating nonemergency medical situations in the home, from colds and headaches to insect bites.



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Was highly recommended therefore i purchased it Was highly recommended so I purchased it, but sadly disappointed. For example for insect bites, it simply lists oils that would help instead of writing down a recipe and directions to use for the bites. If all I required was a list, I'd just Google it, not buy a book. It is a very easy to read Its an ok book. Quick read easy to use info Are you a newbie? Essential Oils For anyone thinking about Essential Oils, this book is an instant reference to look up what various oils can be used for. It'll get you started devoid of over whelming you. I have provided it to all or any of my expectant moms. It is a very readable. OILY BOOK I wish the book had pages We felt were more resistant to tearing. The publication seems cheaply made and the webpages are too slim for my liking. It can have GREAT information. Five Stars Great for folks engaging in essential oils!! I am hoping that it'll be a good mention of possess around. The booklet is certainly small however the information is large. It's worded for the layman and instructions are centered for the security of kids. Save your money, this is a waste materials. You can read this in one evening true quick and use as reference for later on. Five Stars fantastic book Five Stars its good advice Plenty of useful and easy to understand information This is a surprisingly complete report on common complaints and remedies. I haven't got the need to look back again at it yet. Not what I expected. I'd stick with the quick reference guide or the Gentle Babies book instead. That is your book. User friendly and inexpensive.



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